

# L'ECG nell'adulto

## Interpretazione dell'ECG

### Obiettivi del corso

Fare acquisire conoscenze teoriche e pratiche in tema di elettrocardiografia:

- **come si esegue** (quali sono gli errori più frequenti nell'esecuzione; corretto posizionamento degli elettrodi);
- **a cosa serve** (quali sono le patologie cardiache dove l'elettrocardiografia può fornire un supporto);
- **come si interpreta** (quali sono gli aspetti dell'elettrocardiogramma - ECG - cui l'infermiere deve prestare attenzione durante e dopo averlo eseguito per formulare una prima ipotesi diagnostica nell'attesa che arrivi il medico).

Illustrazione e analisi delle eventuali urgenze che possono manifestarsi durante l'esecuzione dell'ECG e che si possono risolvere proprio grazie alla conoscenza di base di elettrocardiografia e di ritmo logia.

Lo scopo del corso è quindi fare acquisire i principi base su cui si fonda l'elettrocardiografia, ed apprendere le tecniche per effettuare correttamente un elettrocardiogramma.

**Finalità** Approfondire le conoscenze sugli elementi di base di *elettrocardiografia clinica* e di *ritmo logia*.

**Metodologia** Lezione frontale con uso di diapositive e addestramento pratico nell'uso dell'elettrocardiografo.

Organizzazione e Sede del corso: **Collegio IPASVI di Siracusa**

Responsabile del corso: **Antonio Mammone**  
tel. 392.0965985

**Durata:** 1 giorno, per un totale di 9 ore

**Destinatari:** Infermiere Coordinatori Infermieri

**Numero dei partecipanti:** 30

**Crediti ECM 9**

**La frequenza è obbligatoria al 100%**

**Quota di partecipazione:** -€ 20,00 per gli iscritti al Collegio di Siracusa e di€ 30,00 per gli altri Collegi; **compende:** Kit congressuale e CD dei lezioni

L'iscrizione al corso è solo online, consultare il Sito Web [www.ipasvi.it](http://www.ipasvi.it) e seguire procedura descritta.

- iscrizione al corso, versamento del c/c postale.

- completamento della registrazione entro 72 ore

- dall'iscrizione inviando gli ulteriori dati richiesti

**Collegio Provinciale IPASVI di Siracusa**

Via Torino, 125 - 96100 Siracusa

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Tel.: 0931 21126 - Fax: 0931 446109

E-mail: [collegio.siracusa@pec.ipasvi.it](mailto:collegio.siracusa@pec.ipasvi.it)

Sito internet: <http://www.ipasvi.it>



Collegio IPASVI di **IPASVI**  
Siracusa



## Interpretazione dell'ECG

Es Casella di testo **30 Aprile 2010**  
210079003



Collegio Provinciale IPASVI di Siracusa

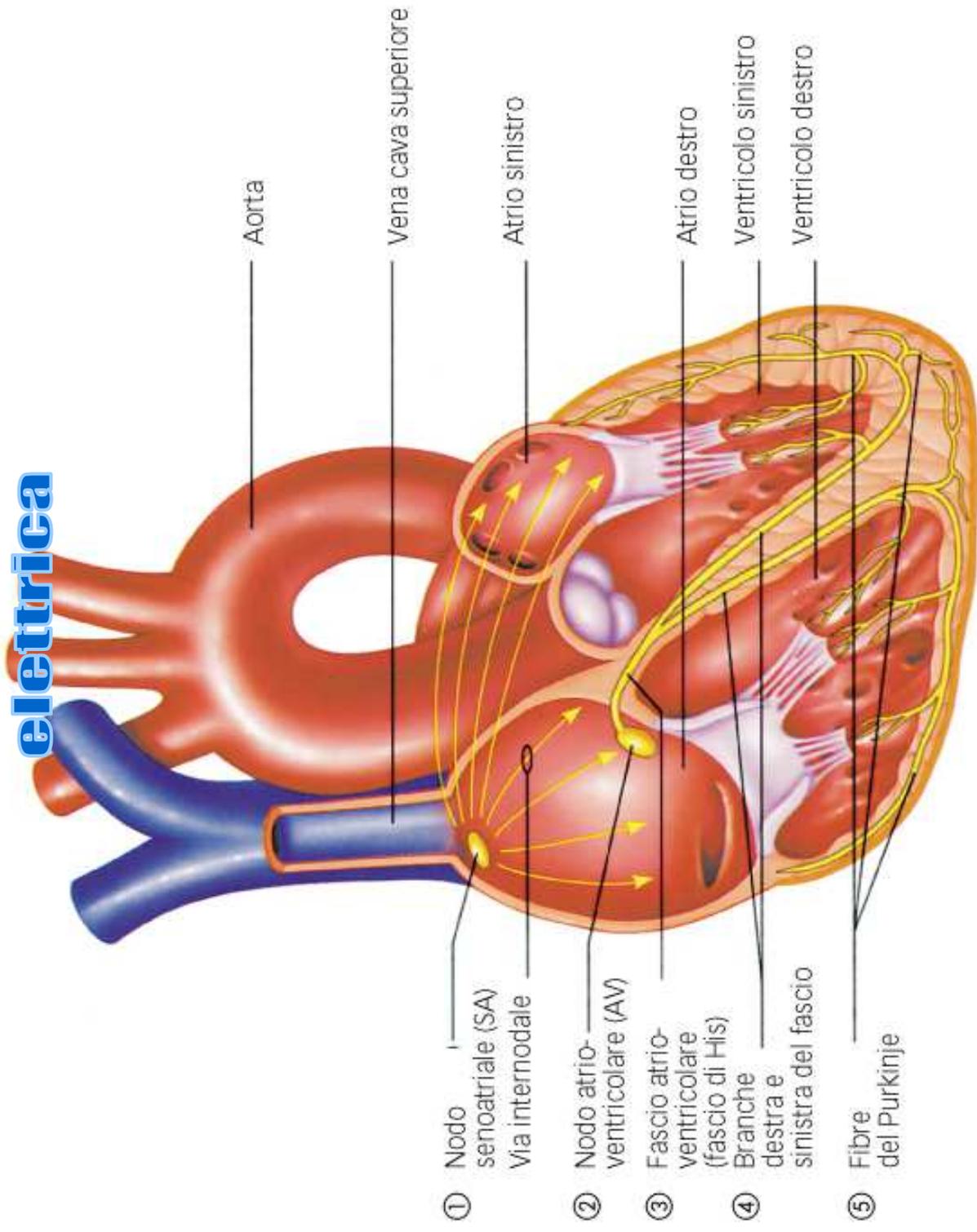
Infoline: Tel. 0931 21126 - [www.ipasvi.it](http://www.ipasvi.it)  
E-Mail: [collegio.siracusa@pec.ipasvi.it](mailto:collegio.siracusa@pec.ipasvi.it)

**Dr. Giovanni De Velli**

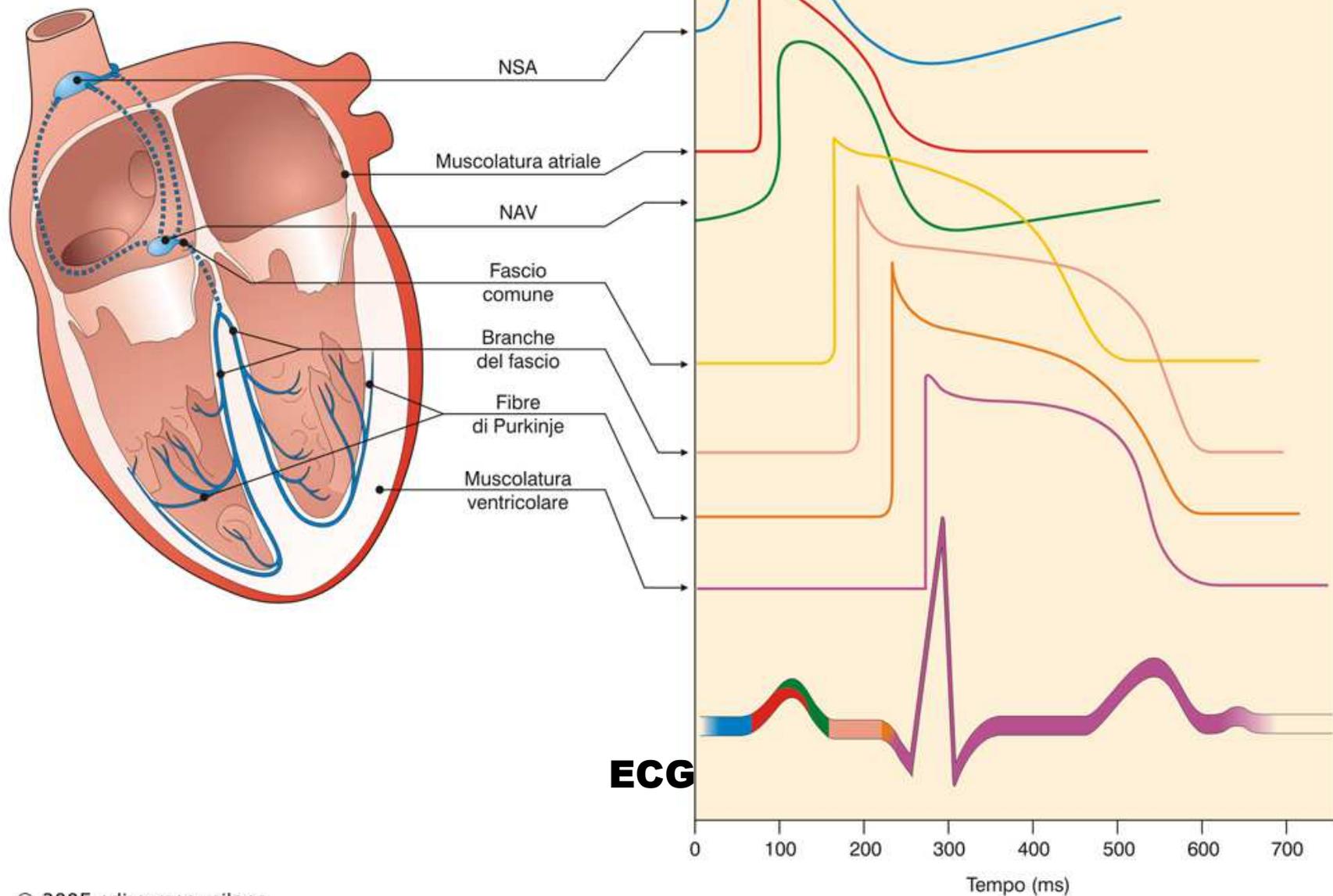
**Unità Operativa Complessa di Cardiologia e  
Interventistica Cardiovascolare ASP 8 Siracusa**

**Enna 30/11/2013**

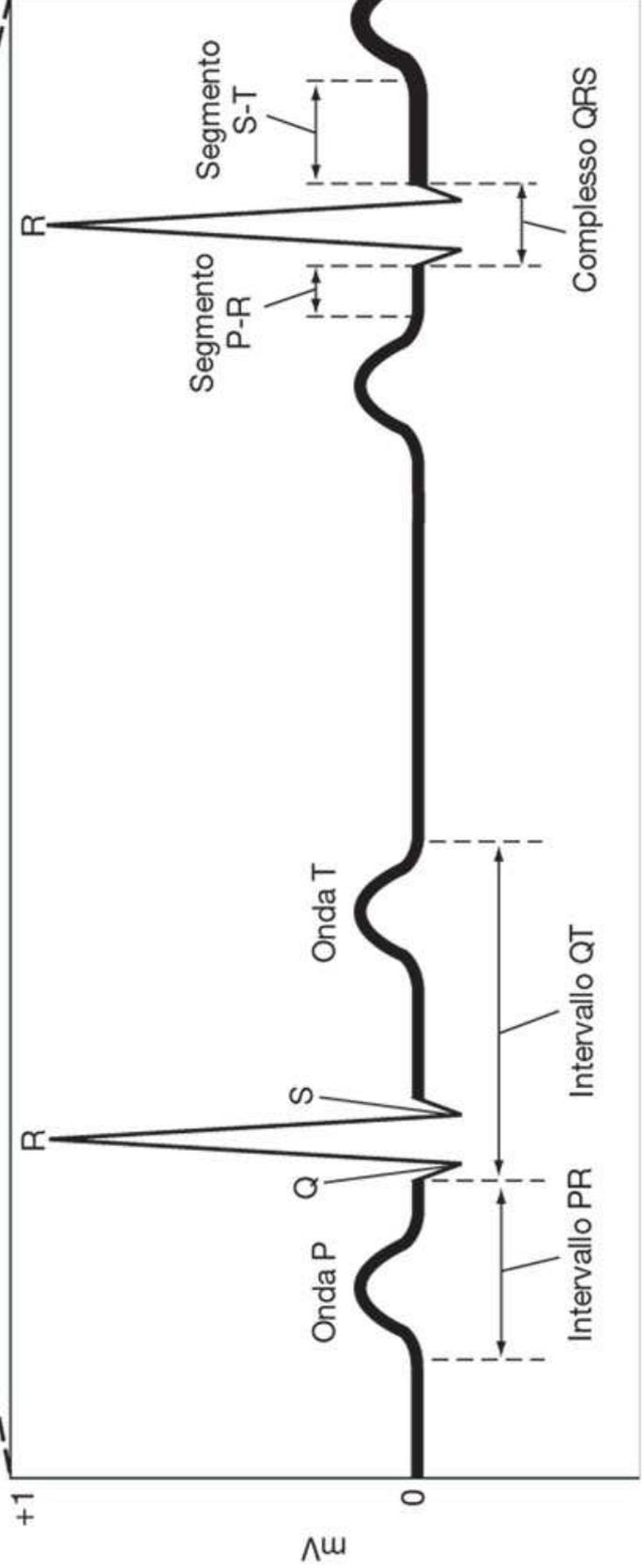
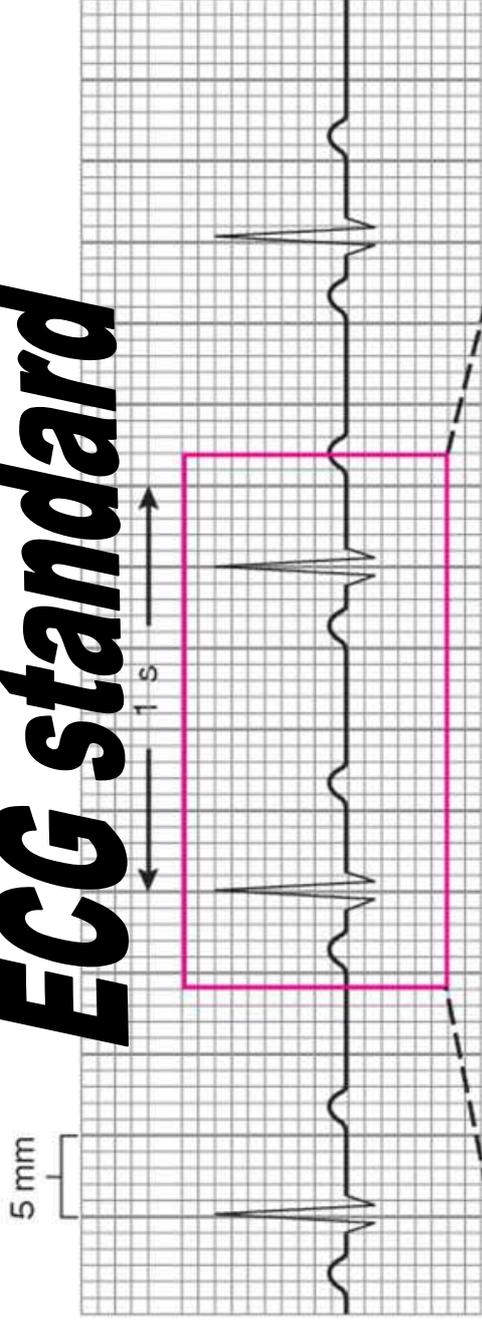
# valutazione proprietà elettrica



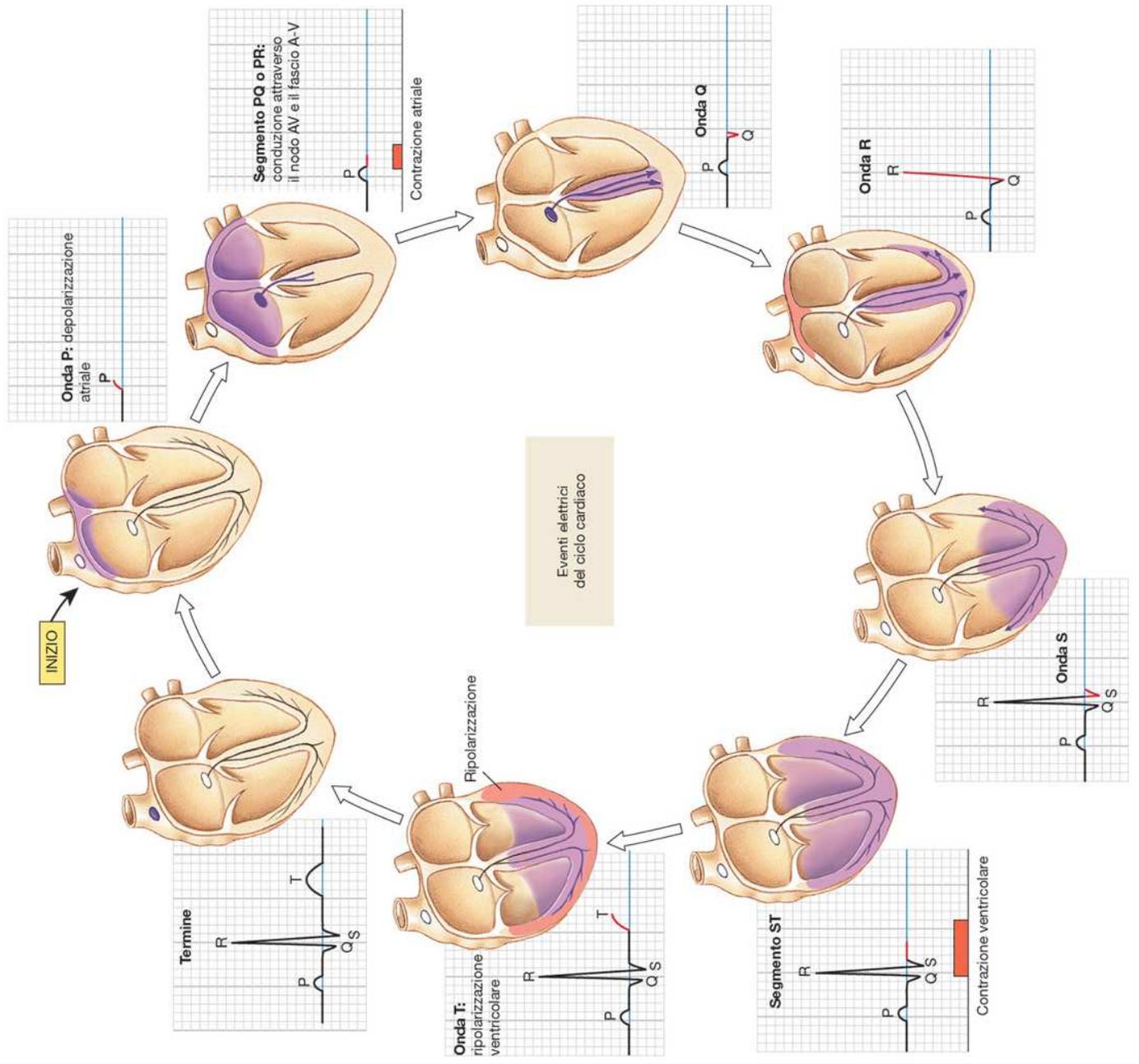
# potenziale di azione miocardio ed ECG



# ECG standard

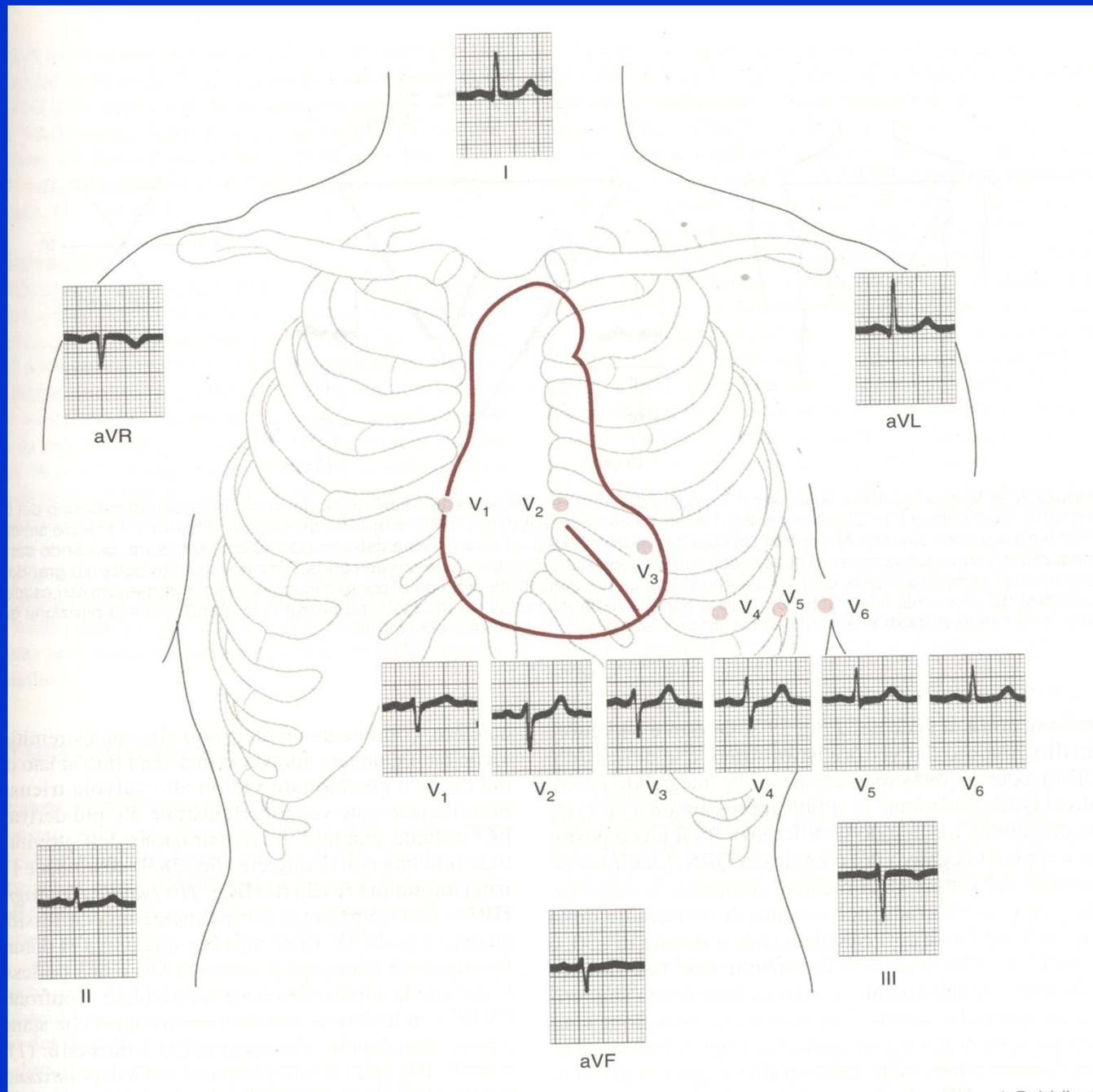


# ECG

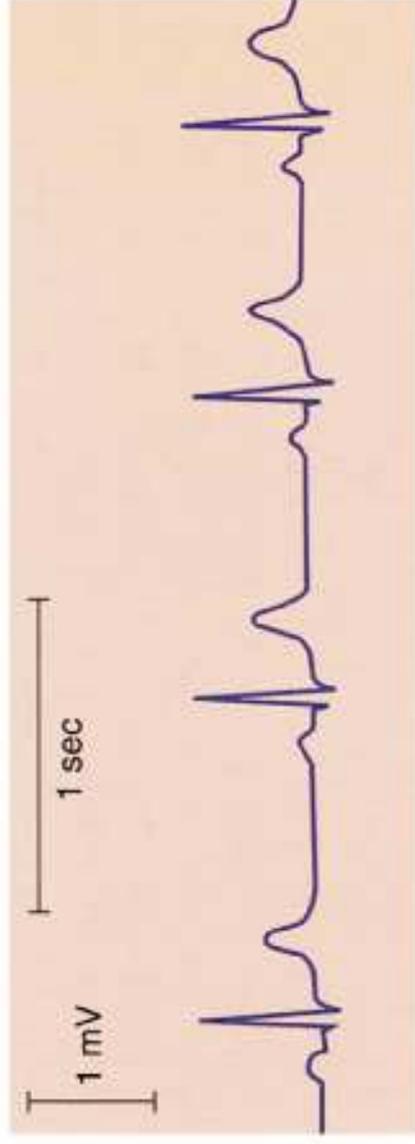


# ECG

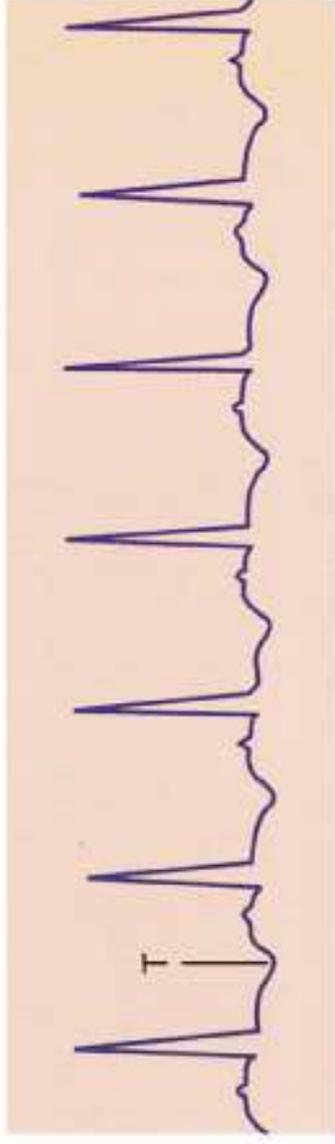
12  
derivazioni



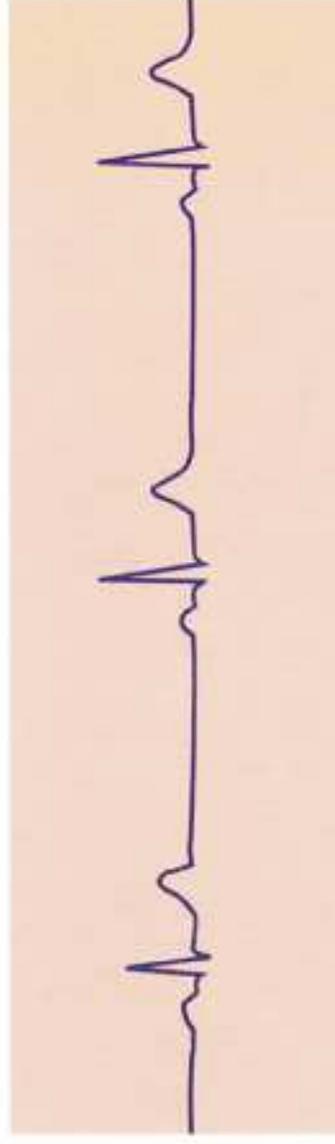
Normale



Tachicardia sinusale (con inversione dell'onda T)



Bradicardia sinusale

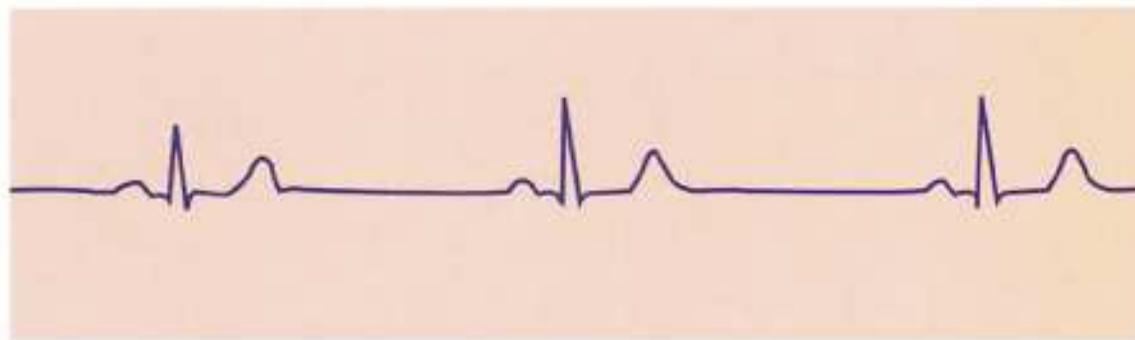


# Lettura ECG

Normale

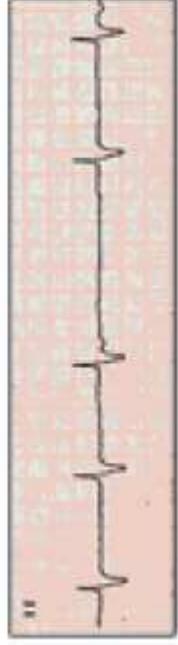


Bradycardia sinusale

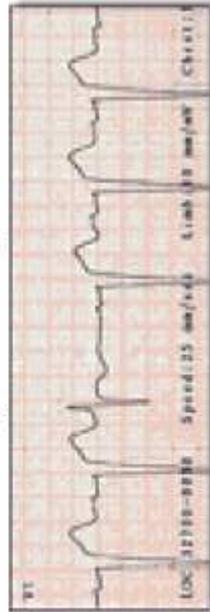




Regular



Regularly irregular

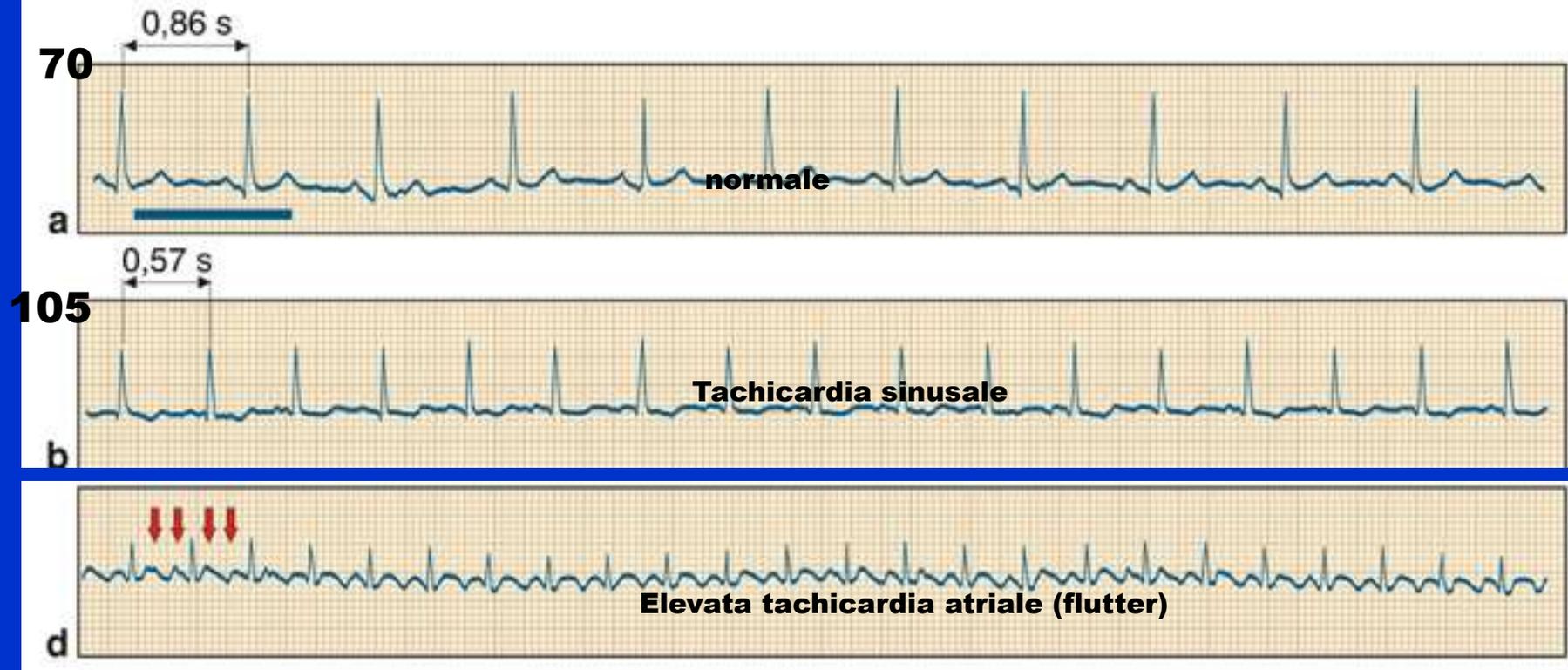


Regular early beat

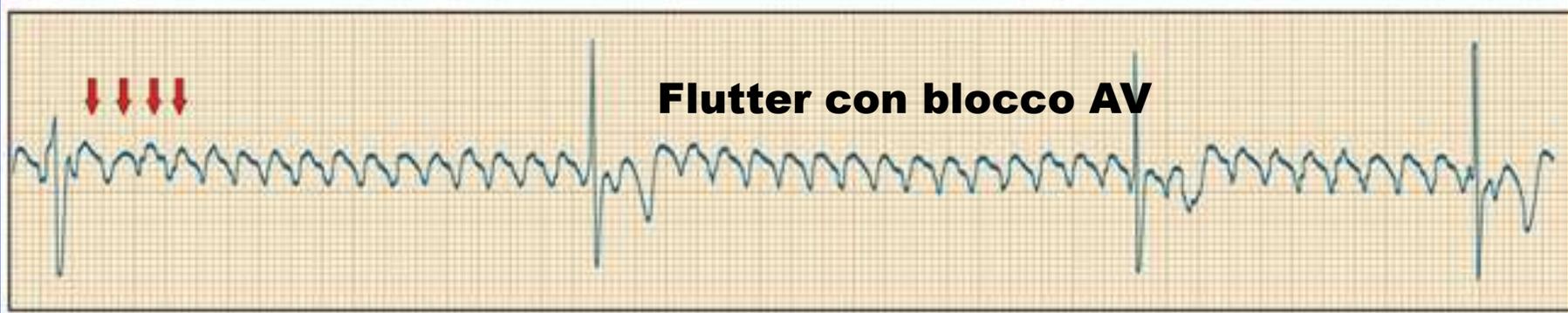
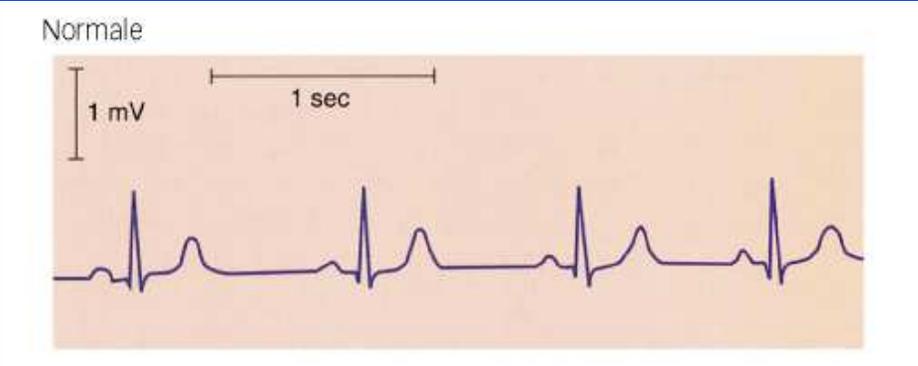
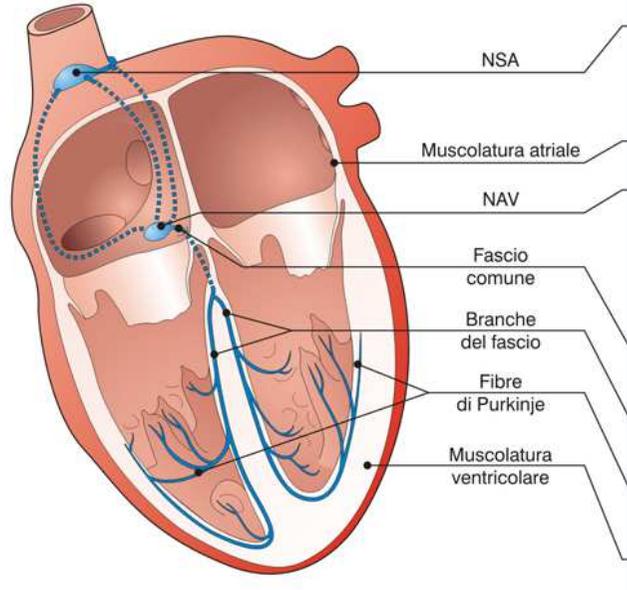


Irregularly irregular

# Lettura ECG

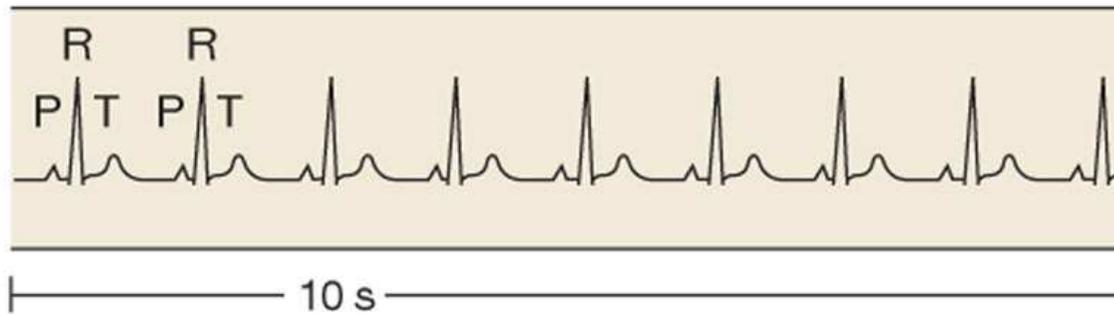


# Lettura ECG

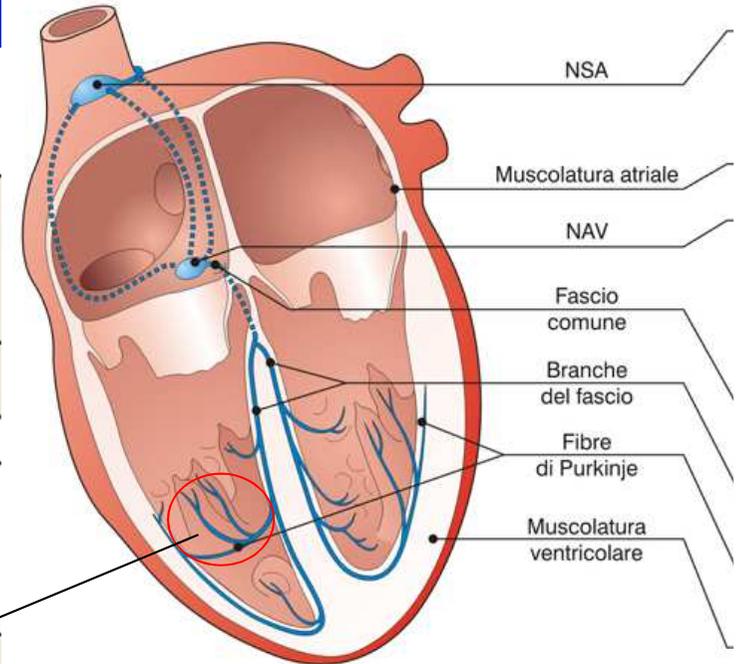
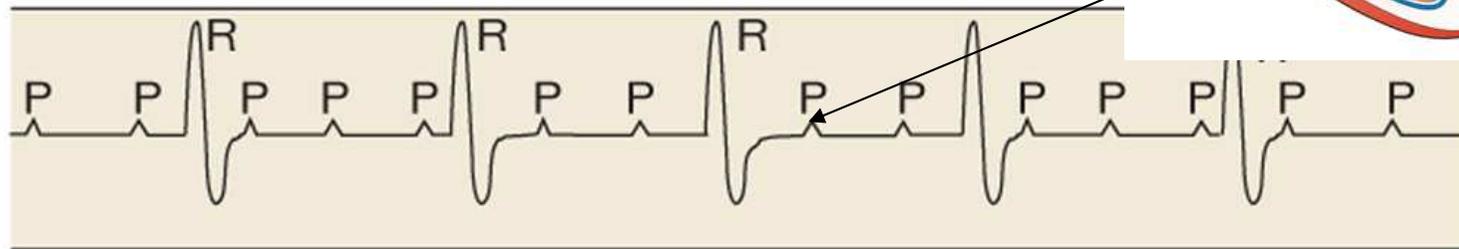


# ECG cardiopatie **blocco atrio-ventricolare**

(a) ECG normale



(b) Blocco atrio-ventricolare di terzo grado

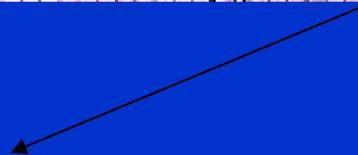
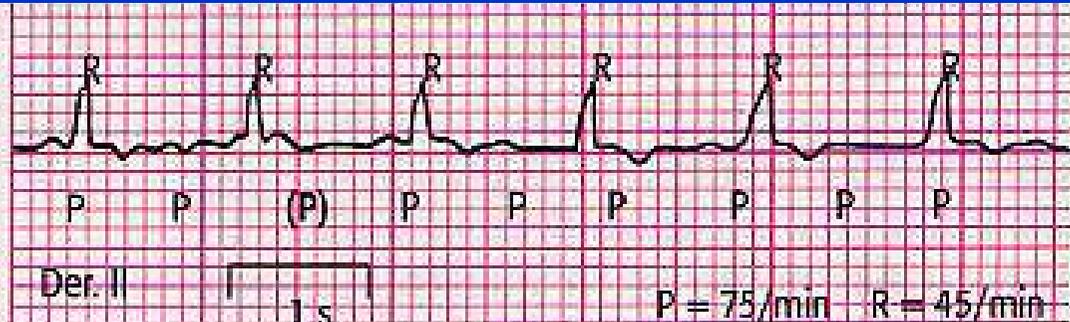


ECG  
cardiopatie

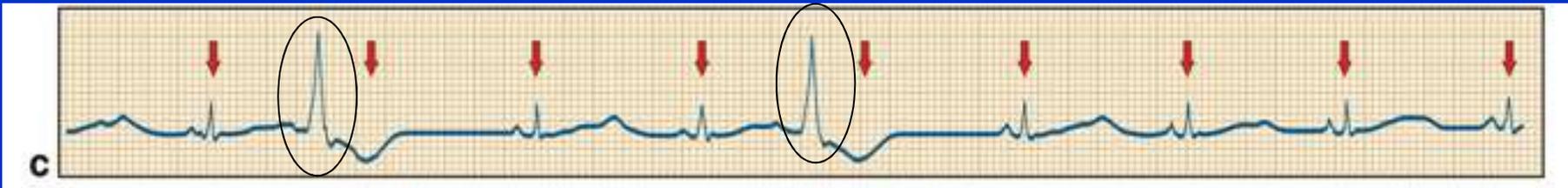
blocco atrio-ventricolare

5 Blocco AV totale  
con ritmo ventricolare

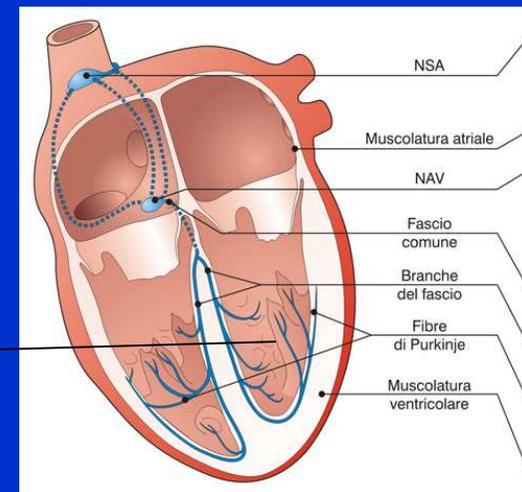
III grado



# Lettura ECG



**Extrasistole ventricolare**



# Lettura ECG

## 3 Tachicardia ventricolare dopo extrasistole



## COMPLICANZE dell'IMA di tipo ARITMICO



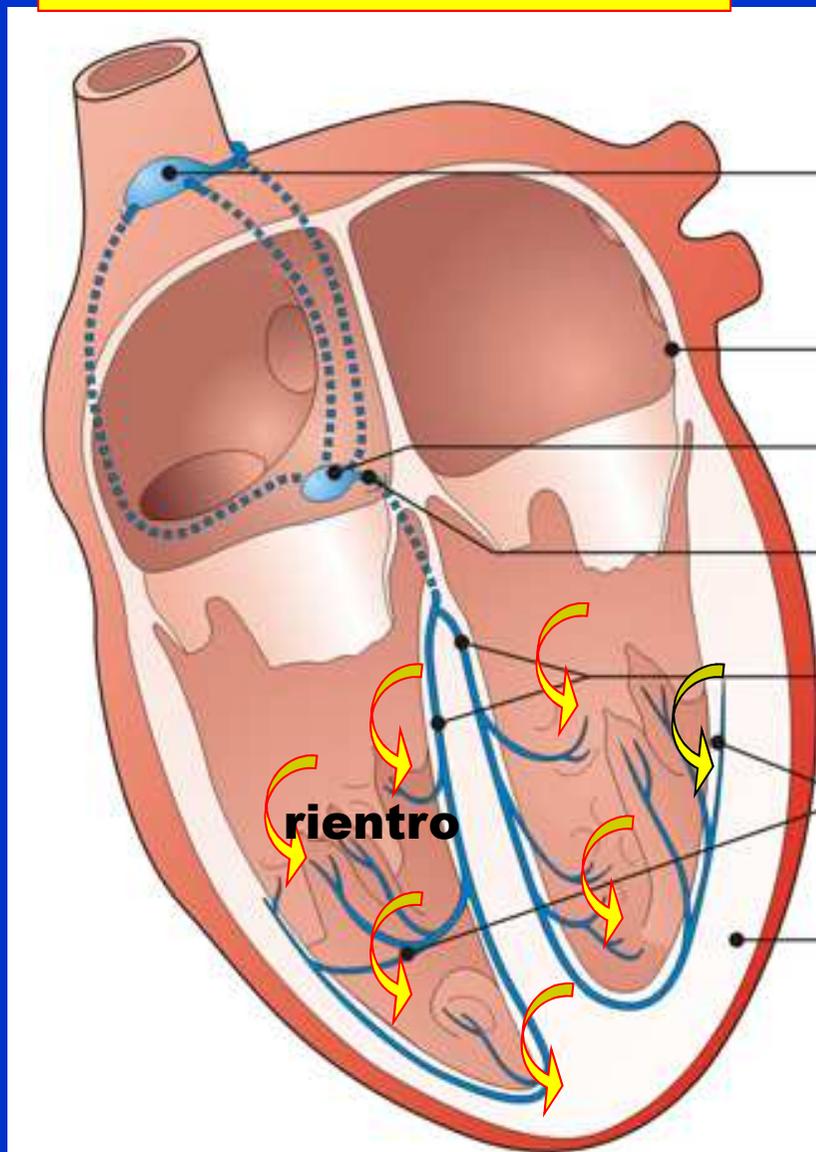
**fibrillazione ventricolare innescata da "R suT"**



**Blocco AV completo in IMA**

FASI

## Fibrillazione ventricolare

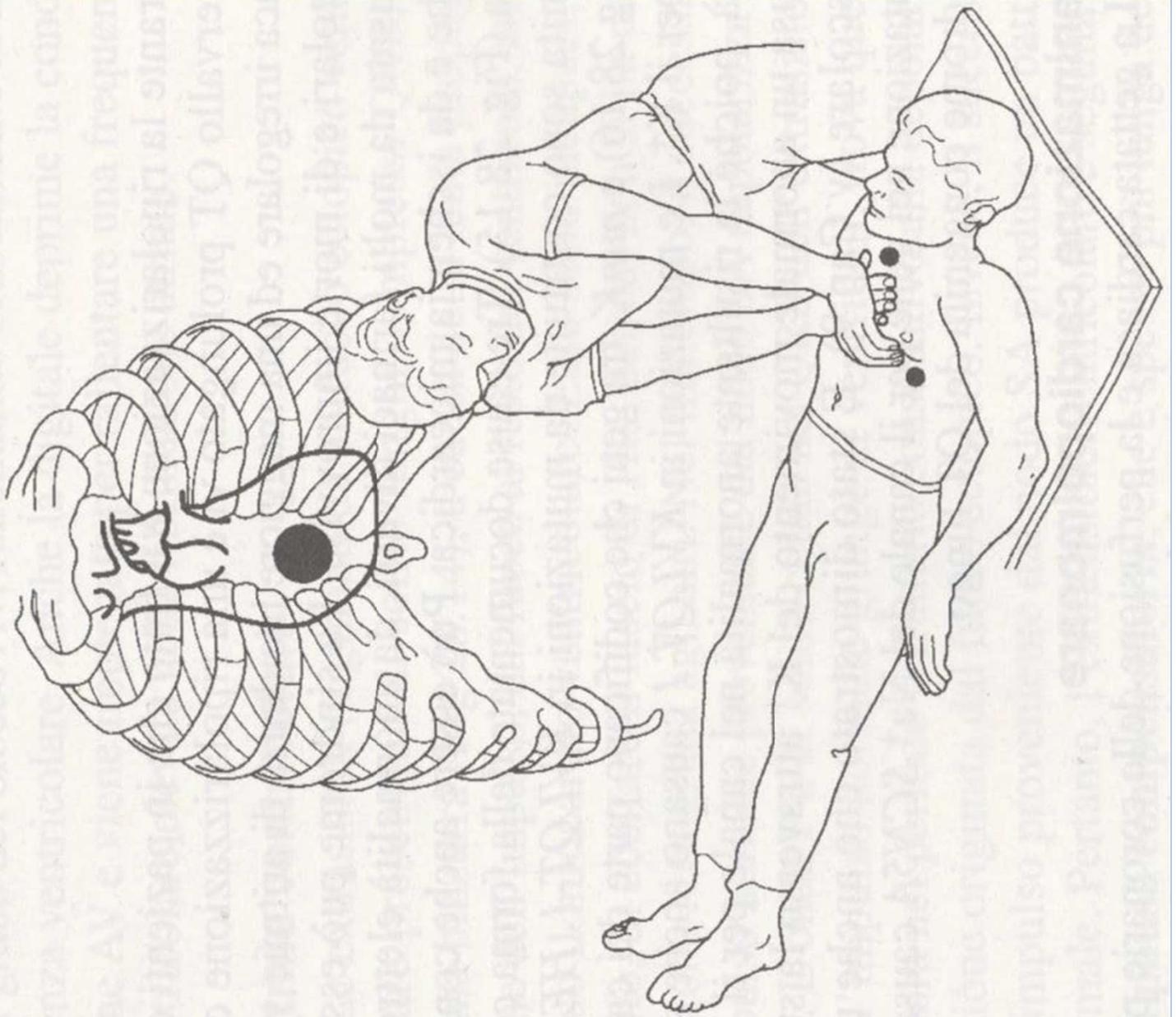


*trattamento con  
defibrillatore*

**ECG**

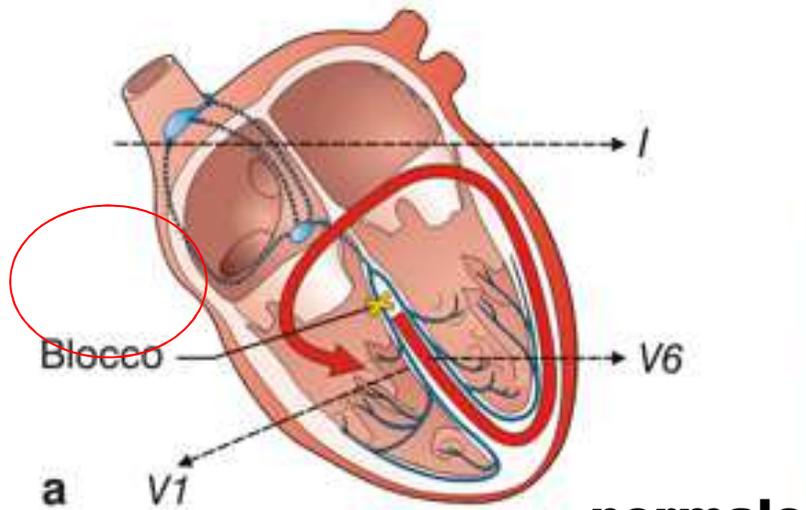


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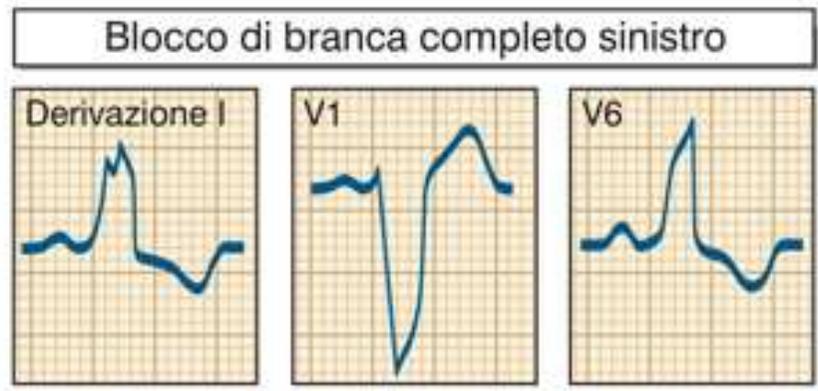
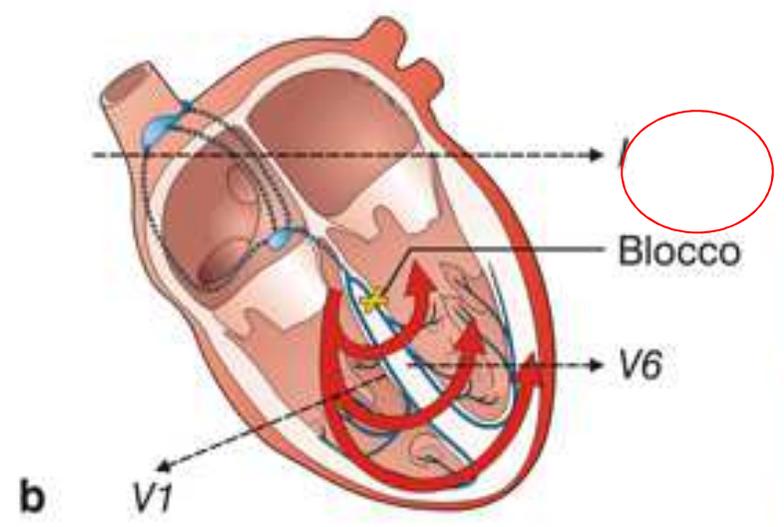
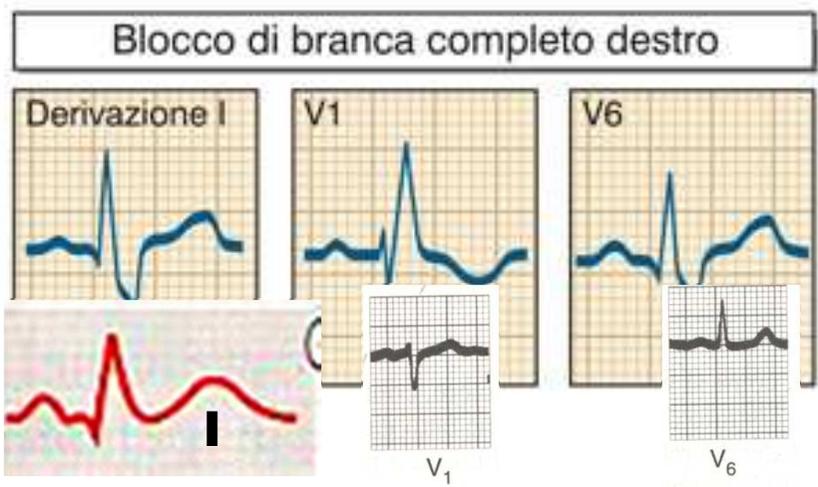


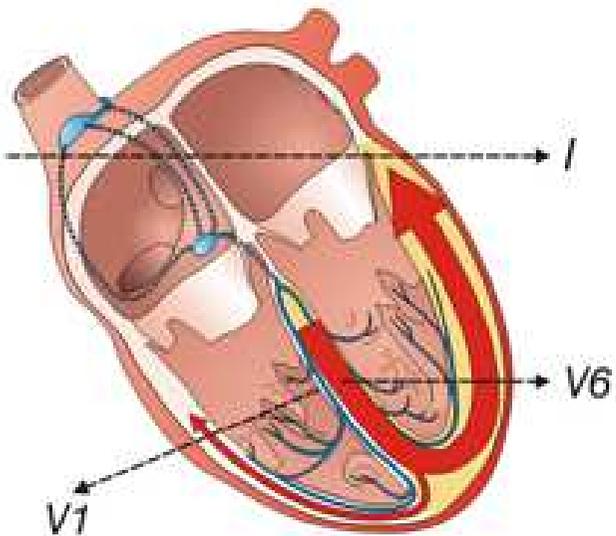
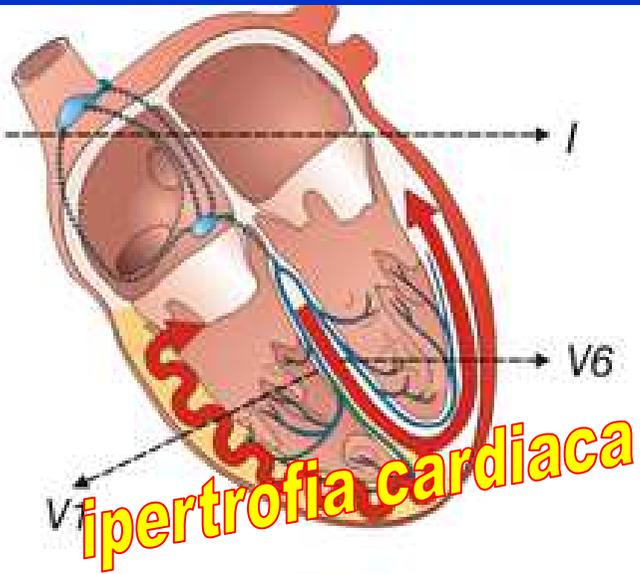
# modificazioni temporali e di forme

EKG

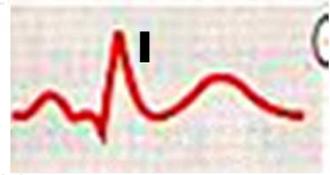
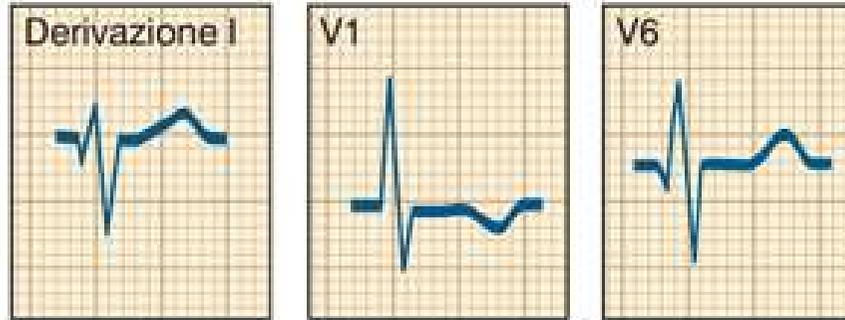


normale

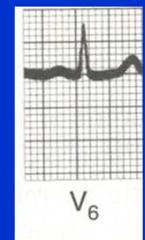
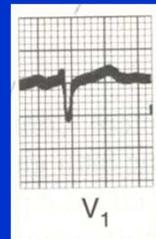
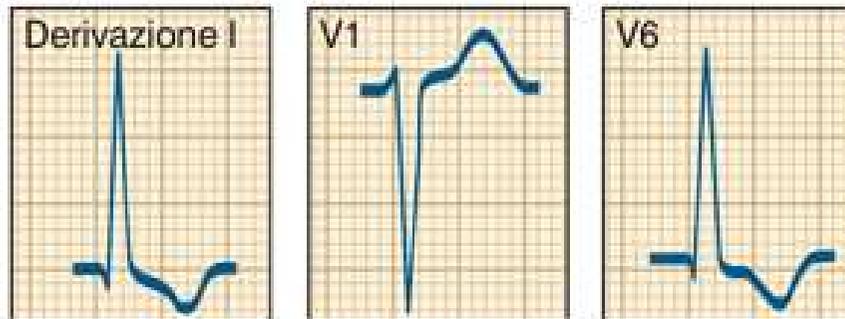




**Ipertrofia destra**



**Ipertrofia sinistra**

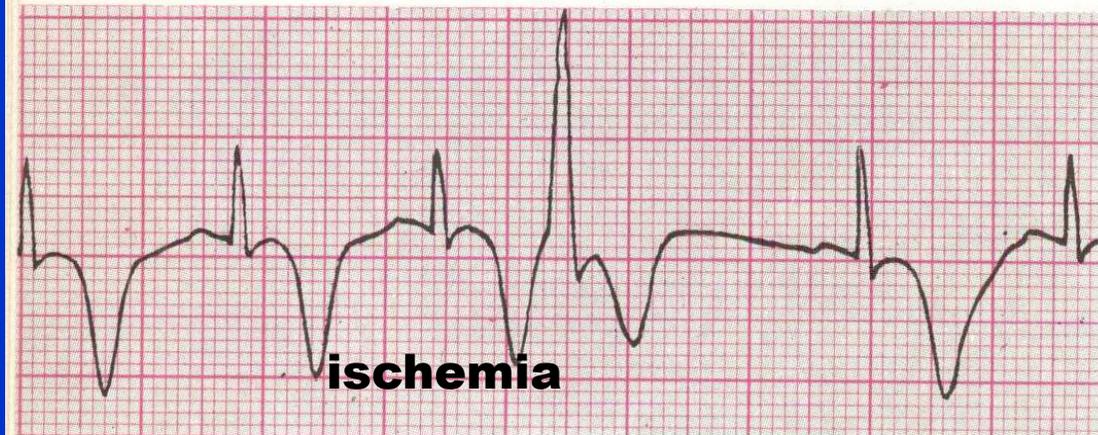


**normale**

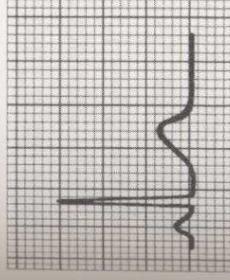
# alterazioni ECG ischemia e infarto



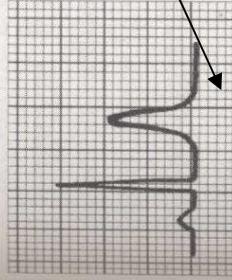
B



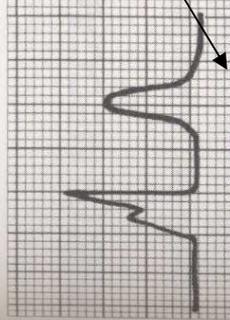
# K<sup>+</sup> e modificazioni ECG



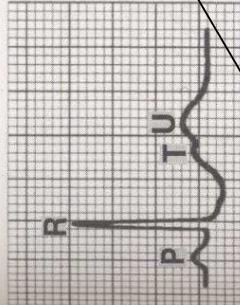
**Tracciato normale (K<sup>+</sup> nel plasma 4-5,5 mEq/l).** Intervallo PR = 0,16 s, intervallo QRS = 0,06 s; intervallo QT = 0,4 s (normale per una frequenza cardiaca di 60).



**Iperpotassiemia (K<sup>+</sup> nel plasma  $\pm$  7,0 mEq/l).** Gli intervalli PR e QRS sono entro i limiti normali. Compaiono onde T molto appuntite, alte e sottili.



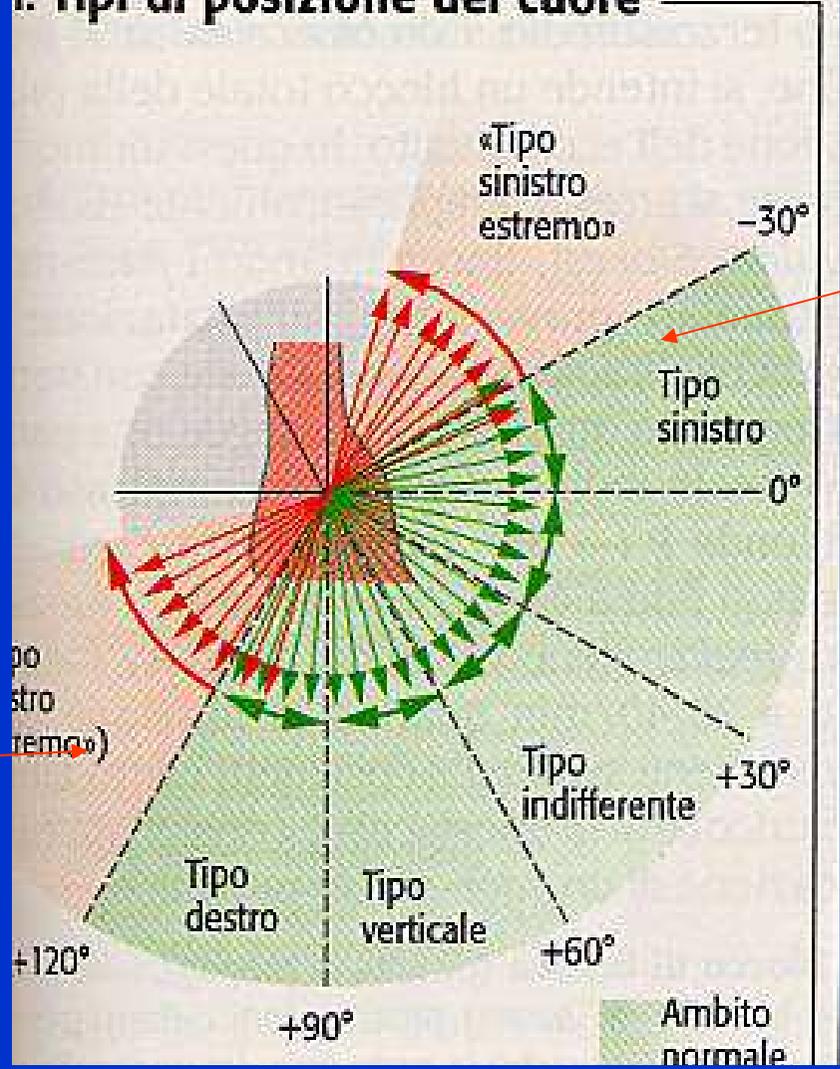
**Iperpotassiemia (K<sup>+</sup> nel plasma  $\pm$  8,5 mEq/l).** Nessun segno di attività atriale; il complesso QRS è largo e irregolare e l'intervallo QRS raggiunge 0,2 s. L'onda T rimane alta e sottile. Un'ulteriore elevazione della potassiemia può portare alla tachicardia ventricolare o alla fibrillazione ventricolare.



**Ipotassiemia (K<sup>+</sup> nel plasma  $\pm$  3,5 mEq/l).** Intervallo PR = 0,2 s; intervallo QRS = 0,06 s; depressione del segmento ST. Un'accentuata onda U segue immediatamente la T. L'intervallo QT effettivo rimane di 0,4 s. Se l'onda U venisse erroneamente considerata parte della T, l'intervallo QT risulterebbe falsamente prolungato a 0,6 s.

# asse cardiaco

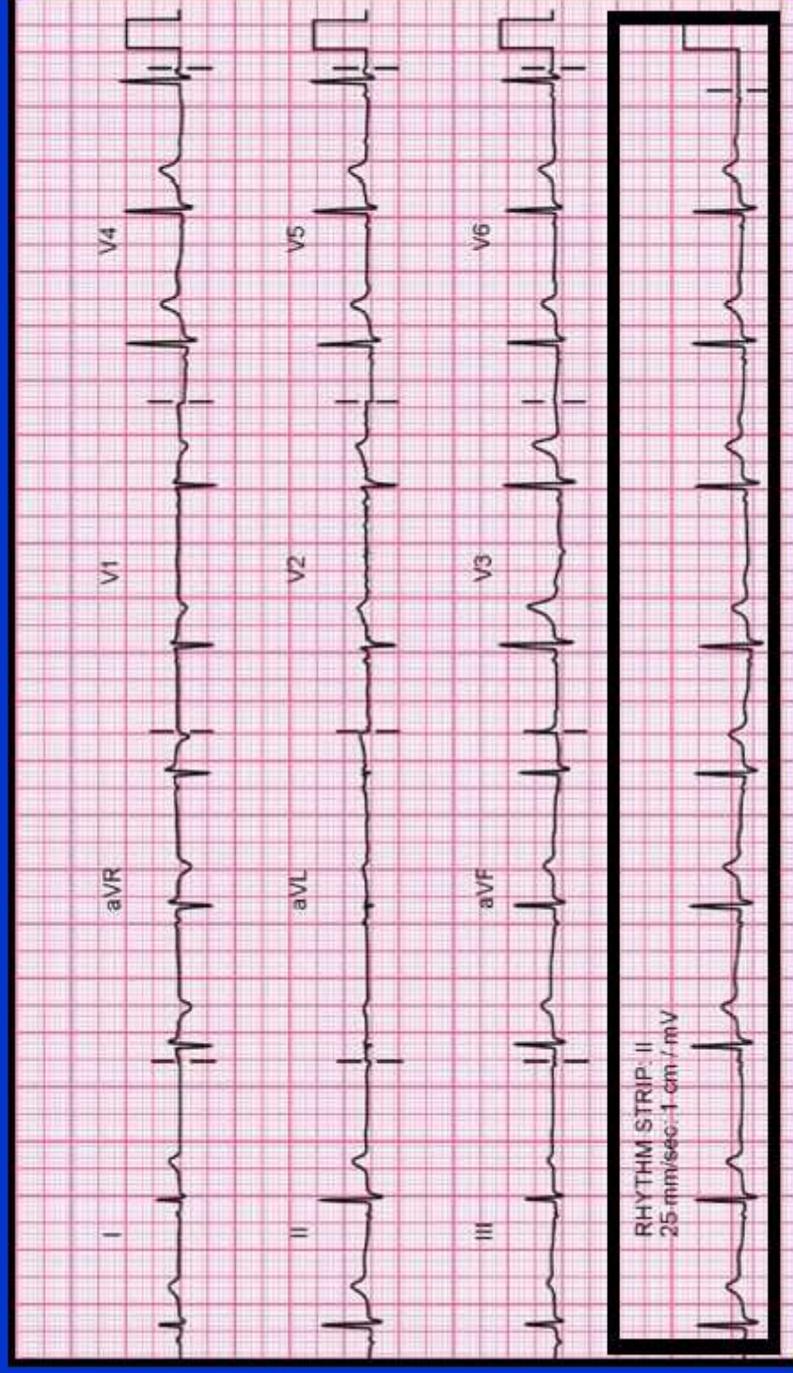
1. Tipi di posizione del cuore



**Enfisema  
Iperkalemia  
Blocco Sx**

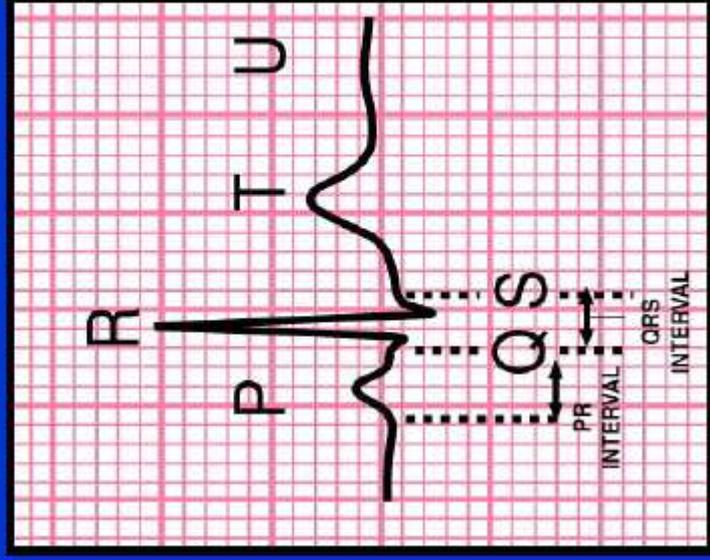
**Ipertrofia Dx  
Blocco Dx  
Malattie polmonari**

# 12 lead ECG



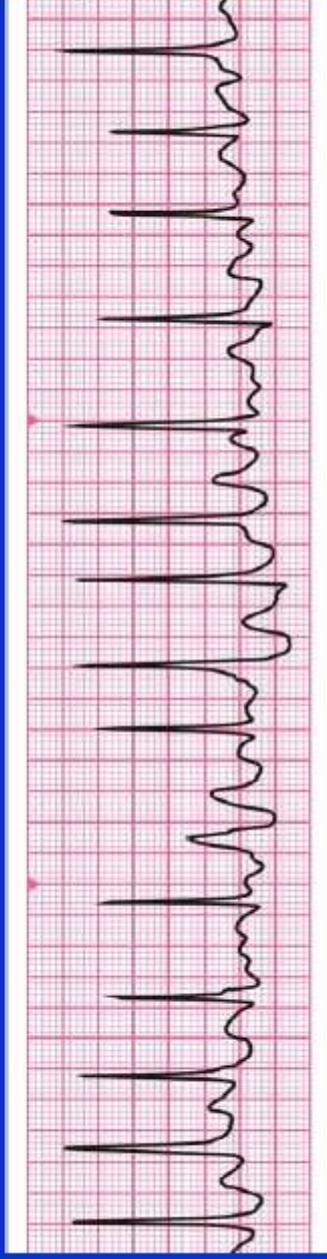
# The QRS complex

- PR interval – 0.12 - 0.2 secs (3-5 small squares)
- QRS = ventricular depolarisation < 0.12 secs (< 3 small squares)
- ST segment = isoelectric
- T wave = usually positive, except AVR (possibly V1)



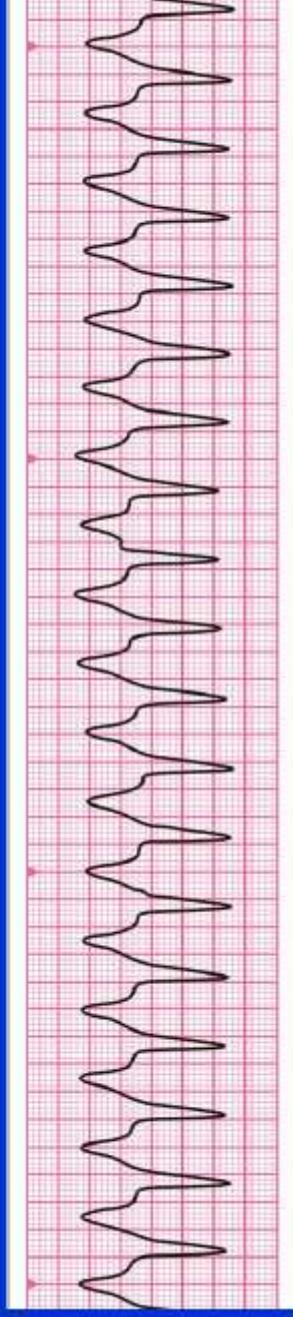
## Is the QRS rhythm regular or irregular?

- Unclear at rapid heart rates
- Compare R-R intervals
- Irregularly irregular = AF

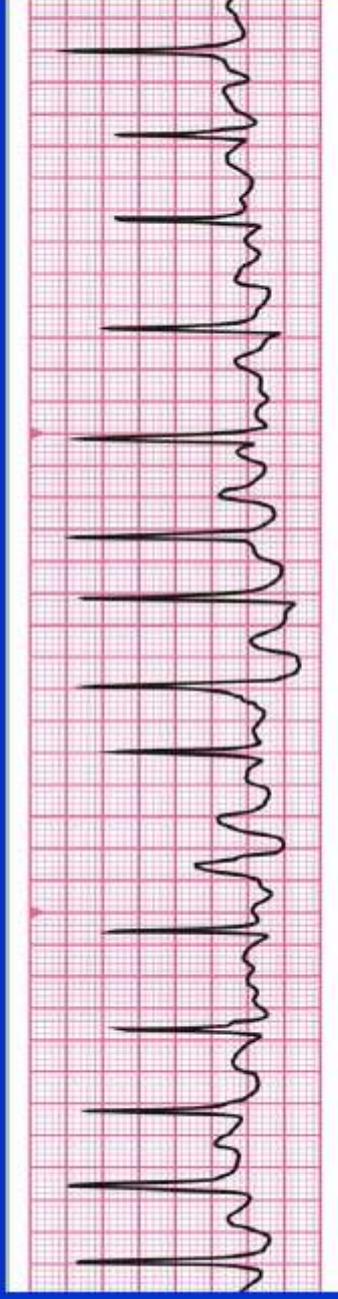


## Is the QRS width normal or prolonged?

- Prolonged QRS ( $> 0.12$  s) arises from:
  - ventricular myocardium
  - supraventricular with aberrant conduction
  - paced rhythm

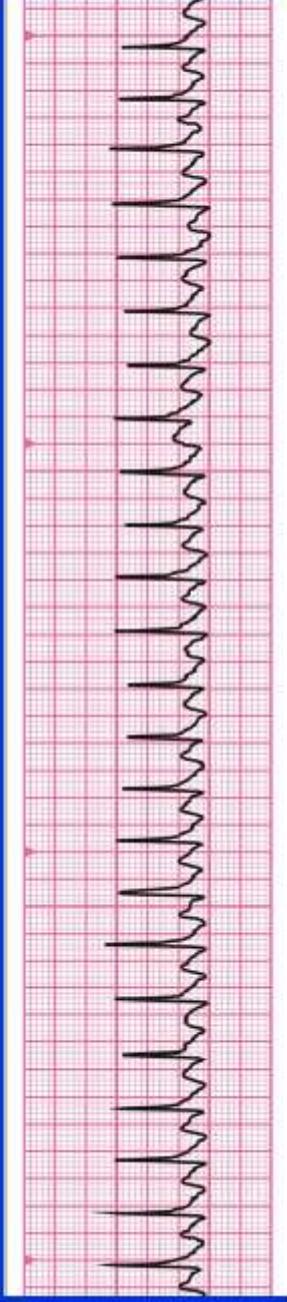


# Atrial fibrillation



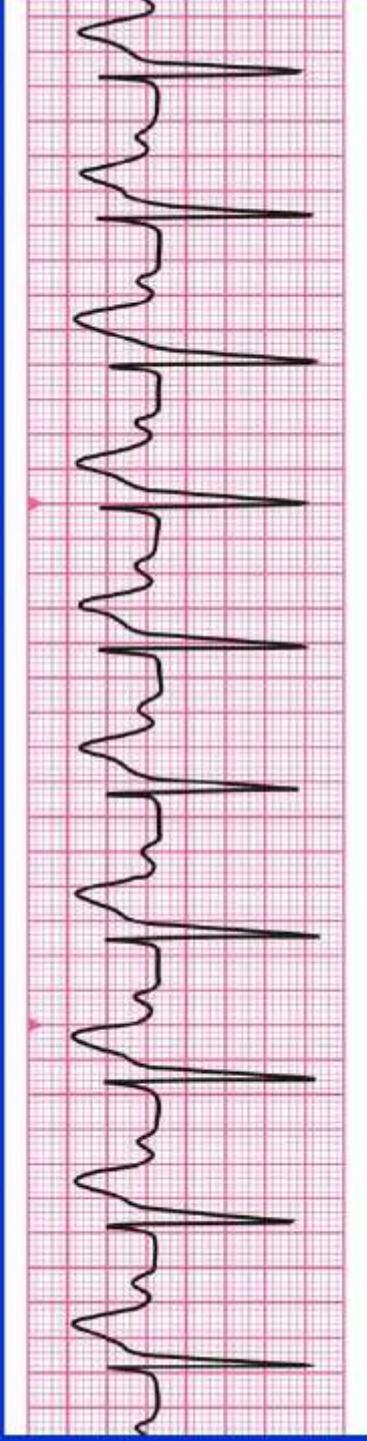
- Rate – atrial rate usually between 400-650bpm
- P wave – not present – ‘wandering’ baseline
- QRS – normal
- Conduction – variable AV conduction – if untreated ventricular response is usually rapid
- Rhythm == irregularly irregular

# Atrial flutter



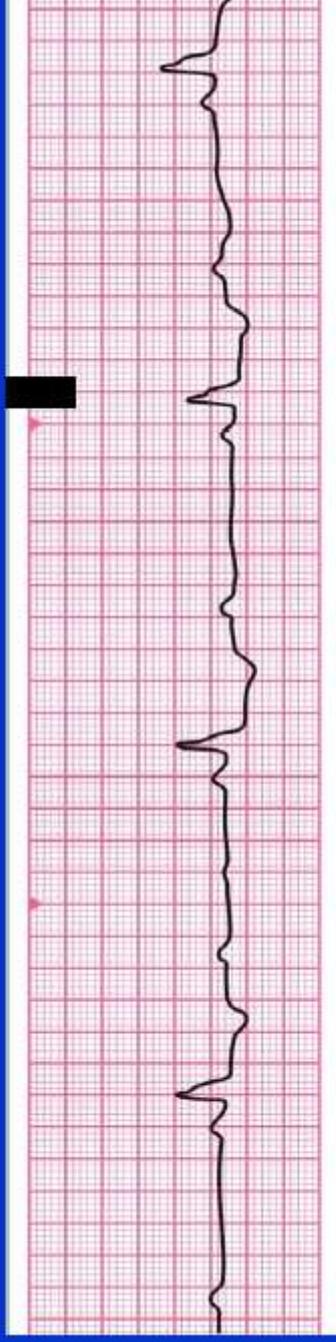
- Rate – atrial rate usually 300bpm. Ventricular rate depends on conduction through AV node
- P wave – ‘saw’ tooth pattern usually present
- QRS – normal
- Conduction – 2:1 most common but can be variable
- Rhythm – usually regular but can be irregular if AV block varies

# Heart Block: First Degree



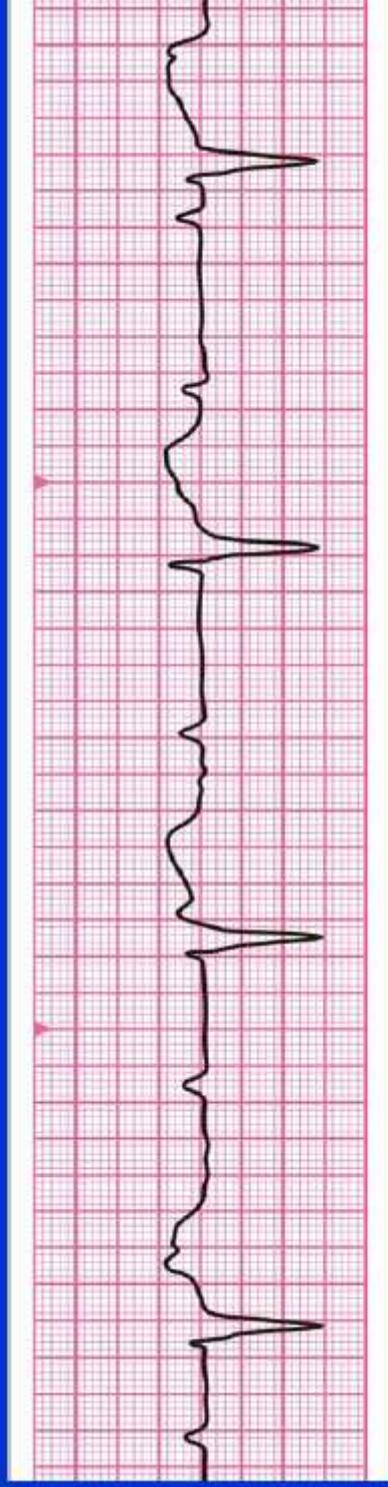


# 2:1 AV Block



- Rate – variable
- P wave – normal morphology
- QRS – normal
- Conduction – alternate P waves not followed by QRS complexes
- Rhythm - regular

# Heart Block: Third Degree



- Site of pacemaker:
  - AV node  $40 - 50 \text{ min}^{-1}$
  - Ventricular myocardium  $30 - 40 \text{ min}^{-1}$

# Heart block summary...

## First degree heart block

- Prolonged PR interval but constant

## 2nd degree heart block

Mobitz type I AV block (Wenckebach):

- Gradual lengthening of the PR interval with each beat, until one P wave fails to produce a QRS complex

# Heart block summary...

Mobitz type II AV block:

- The PR interval is fixed and normal, but occasionally a P wave fails to produce a QRS complex

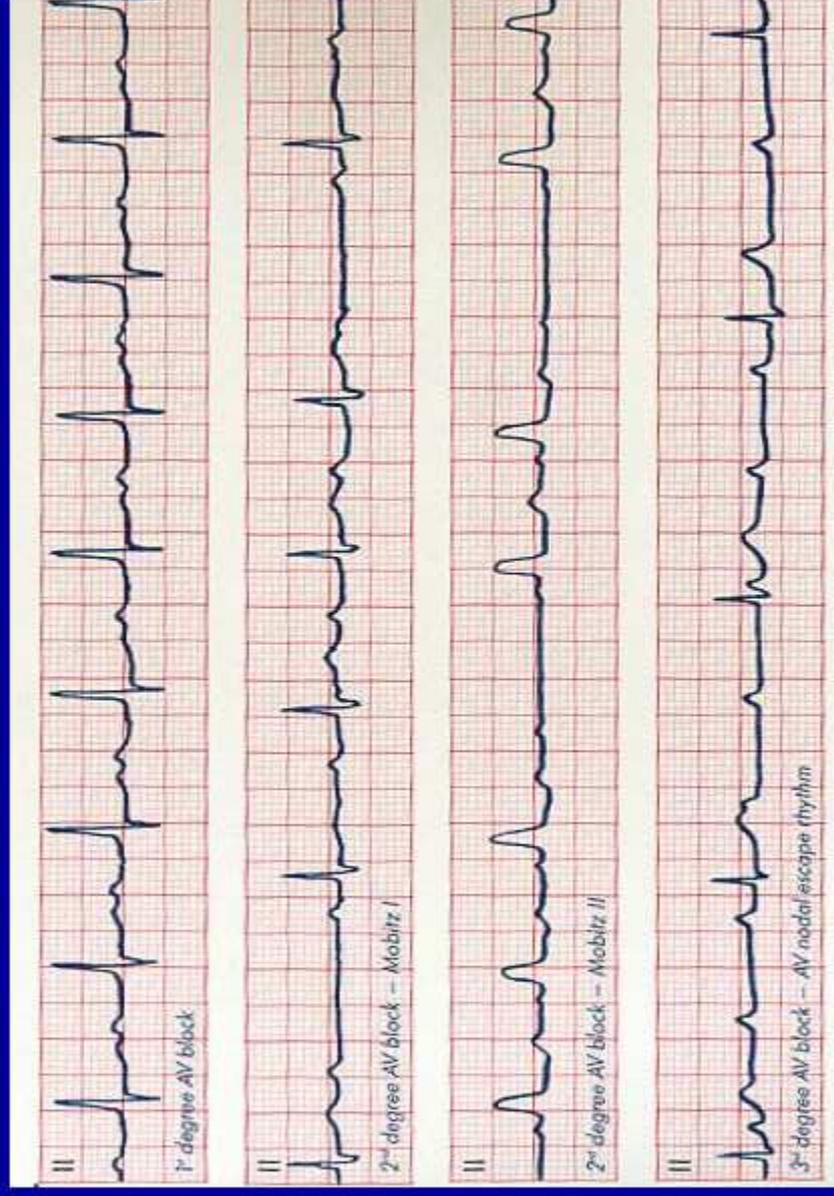
2:1 AV block:

- Alternate P waves are not followed by a QRS complex

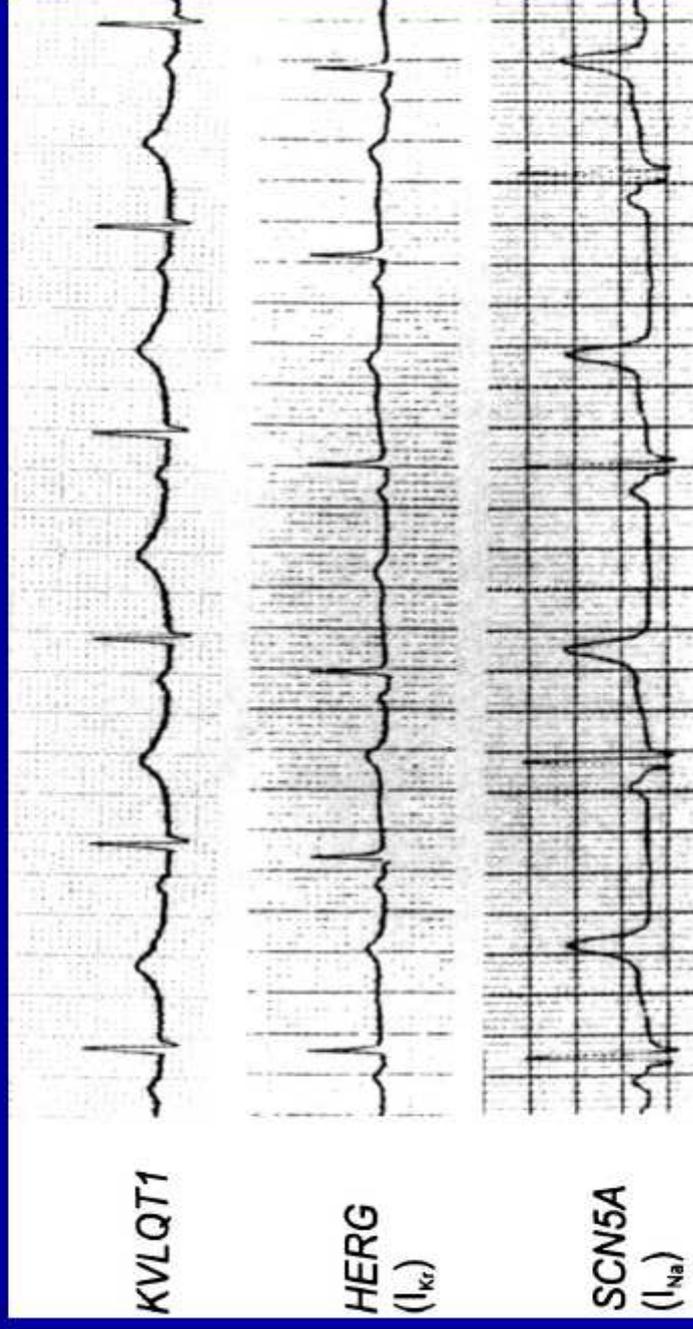
Third degree AV block (complete heart block)

- There is no relationship between P waves and QRS complexes

# AV Block

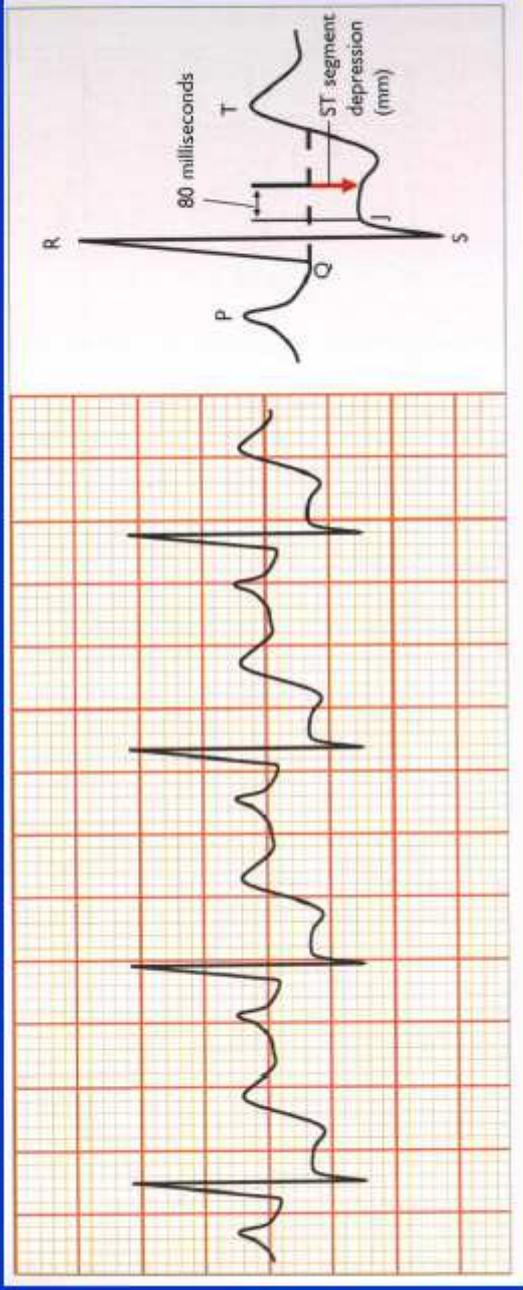


## Gene-Specific ECG Patterns of LQTS

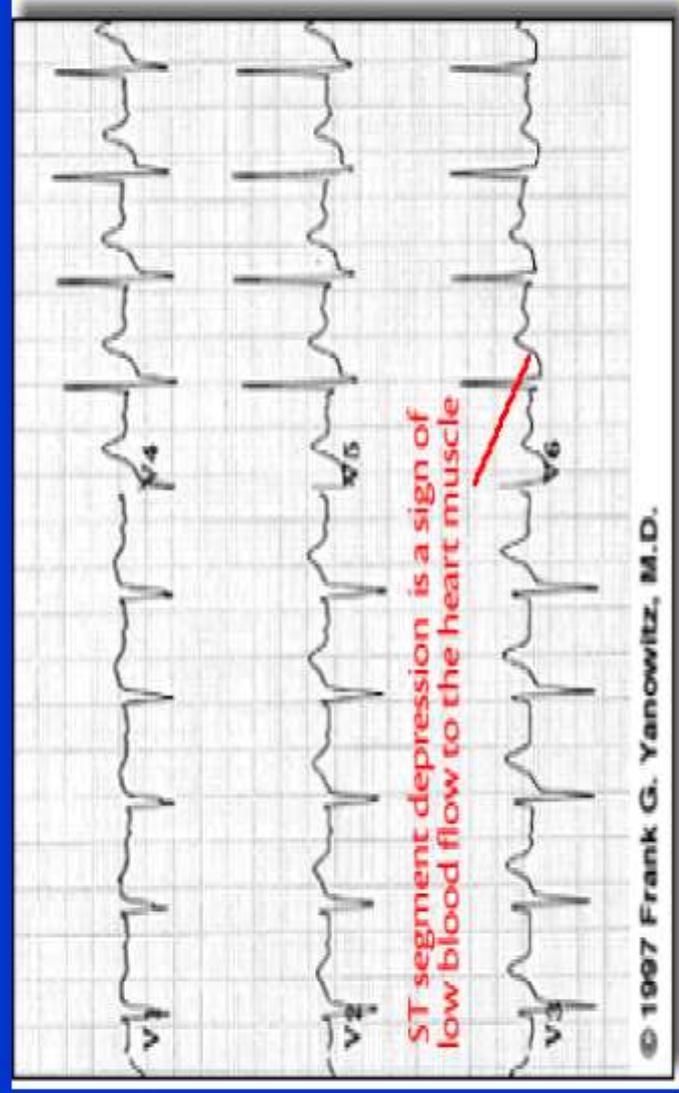


Adapted from Moss, et al, LQTS Registry, 1998

# ST Depression



# ST SEGMENT DEPRESSION



# Phases of Myocardial Infarction

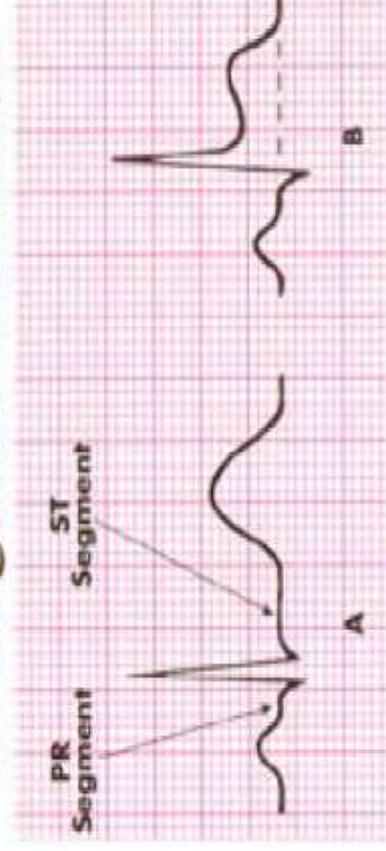
The relative age of myocardial infarction can be estimated by typical ECG changes.



- a) Normal ECG complex.
- b) **Acute phase:** within *minutes* to *hours* of the onset of infarction there is ST segment elevation, indicating acute zone of injury. During this time, reciprocal changes can also be seen.  
Giant upright T waves are also present.  
At this stage no QRS changes have occurred.  
Although such a pattern is frequently said to show *acute infarction*, no definitive evidence of infarction is shown.
- c) **Subacute phase:** within *hours* to *days* the R wave voltage has fallen and pathological Q waves have appeared. These changes are sufficient to prove the occurrence of infarction. The ST elevation is less pronounced and T wave inversion has appeared.
- d) **Evolving phase:** within *one or more weeks* the ST segment changes revert to normal. The R wave voltage remains reduced and the pathological Q wave persists. Deep symmetrical T wave inversion occurs.
- e) **Resolved:** *months* after the infarction the T waves may gradually return to normal. The pathological Q waves and reduced R wave voltage persists.

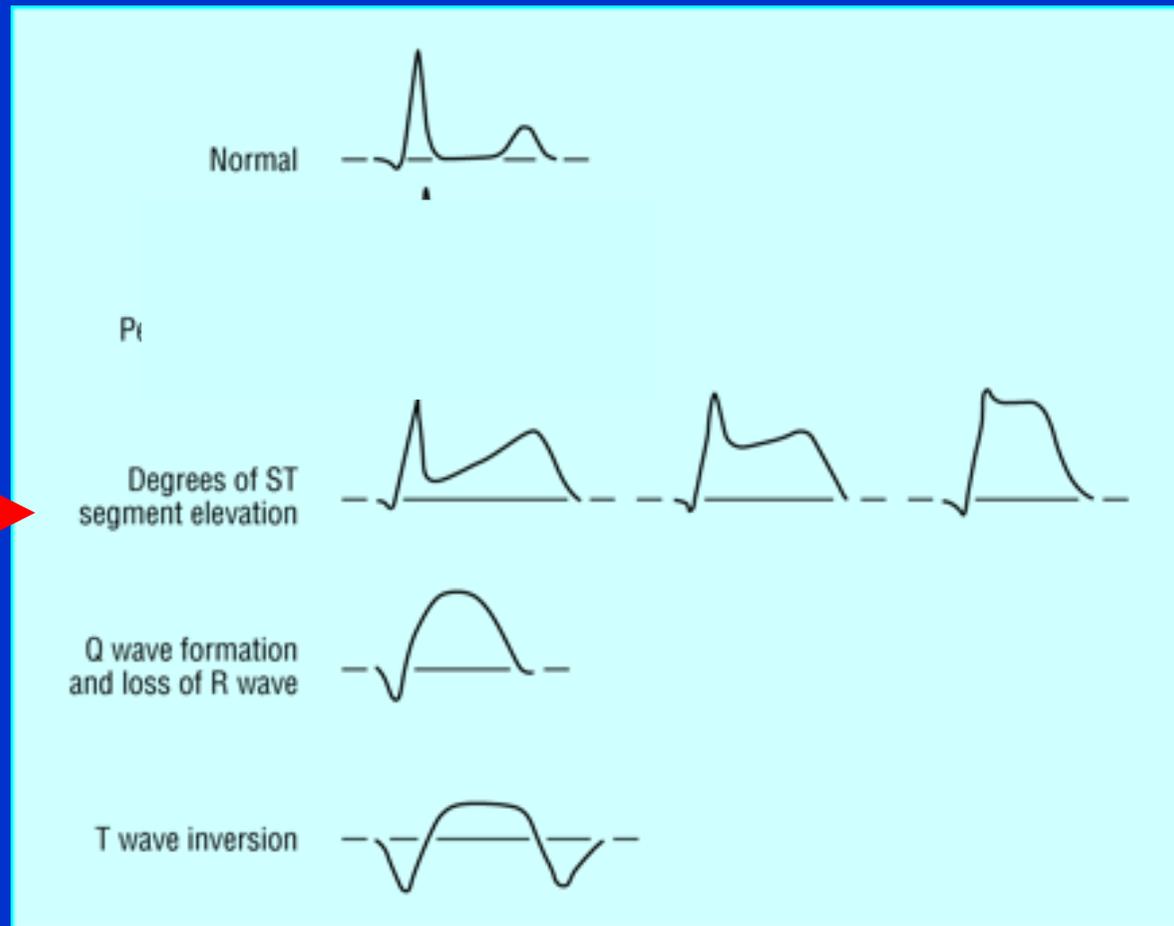
# ST Segment Elevation

## ST Segment Elevation

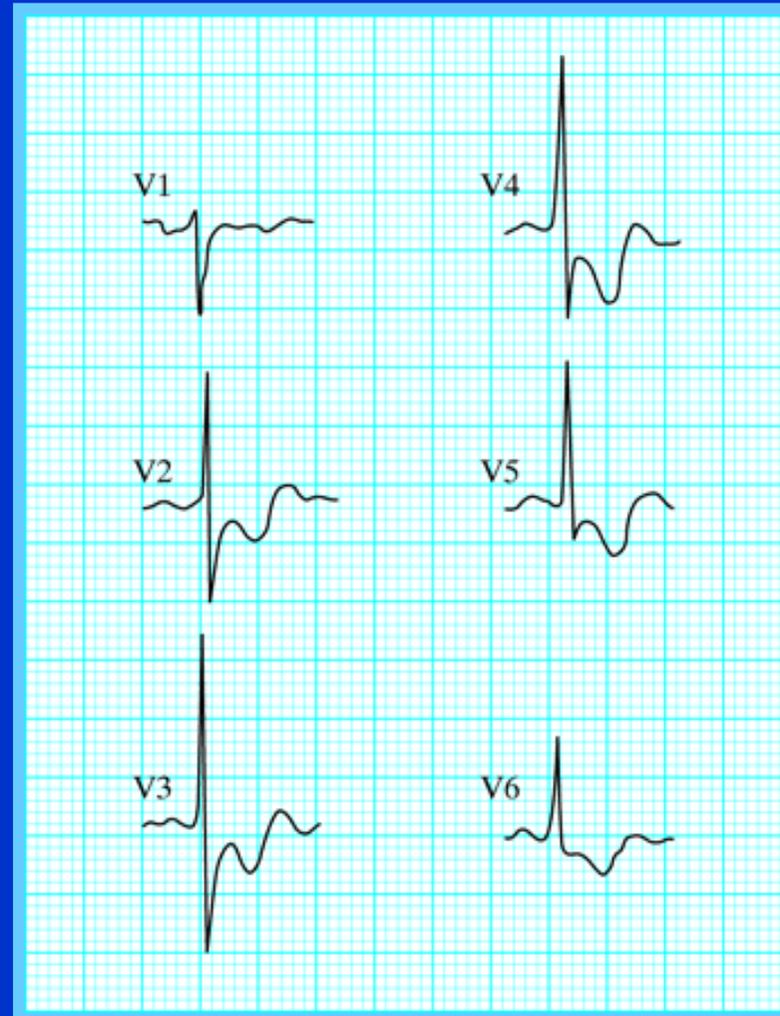


- ↑ 1 mm above baseline (limb)
- ↑ 2 mm above baseline (chest)
- .08 sec to right of J point
- Look for in two or more leads facing same area

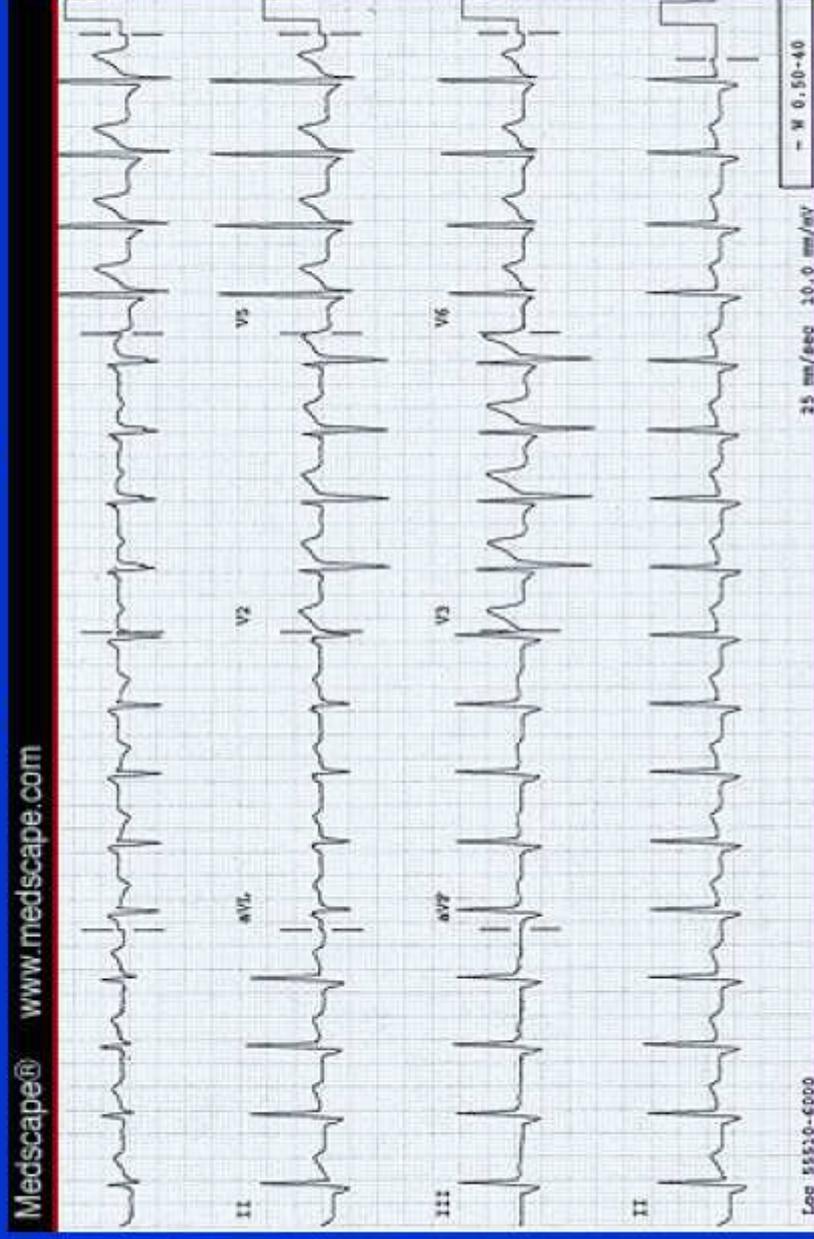
# Sopraslivellamento del tratto ST



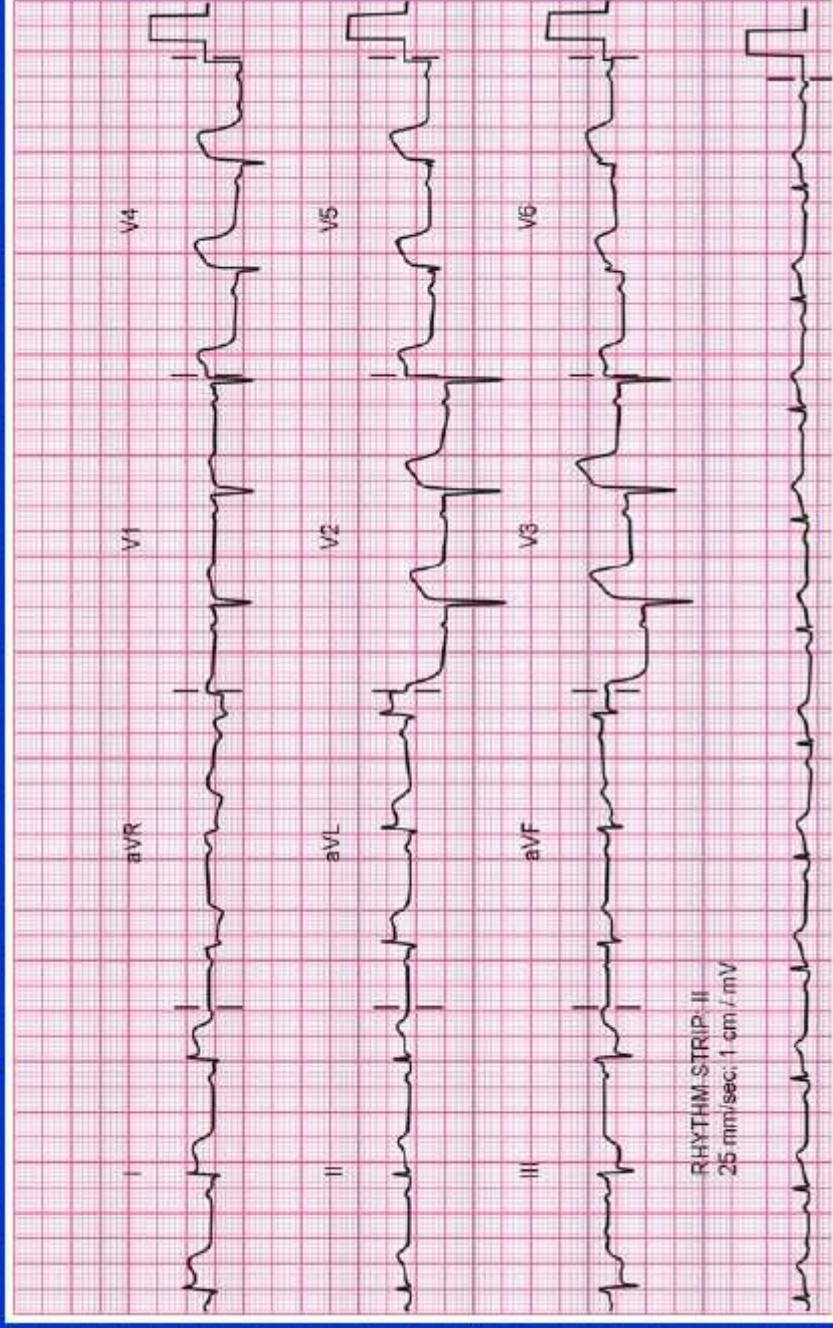
## Sottoslivellamento ST diffuso e onda T negativa in un malato con angina instabile



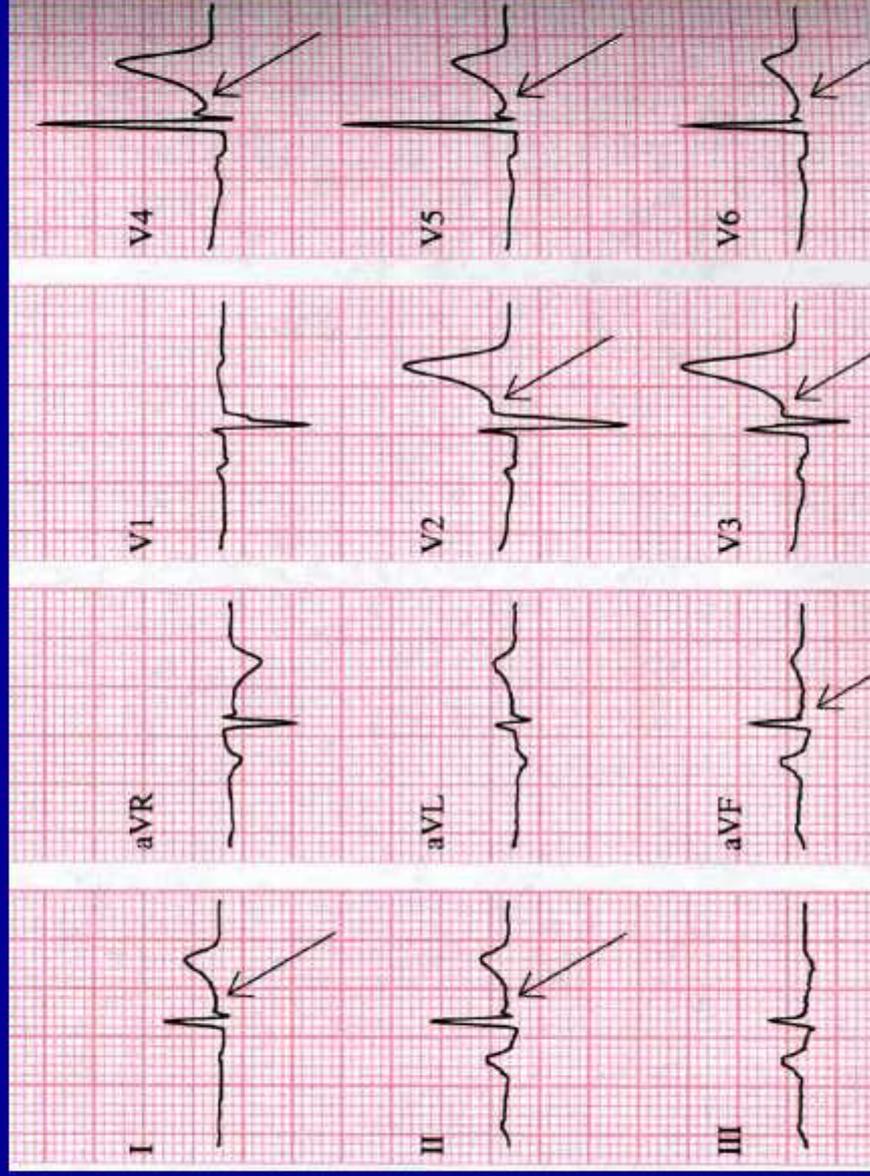
# Pathological Q Waves



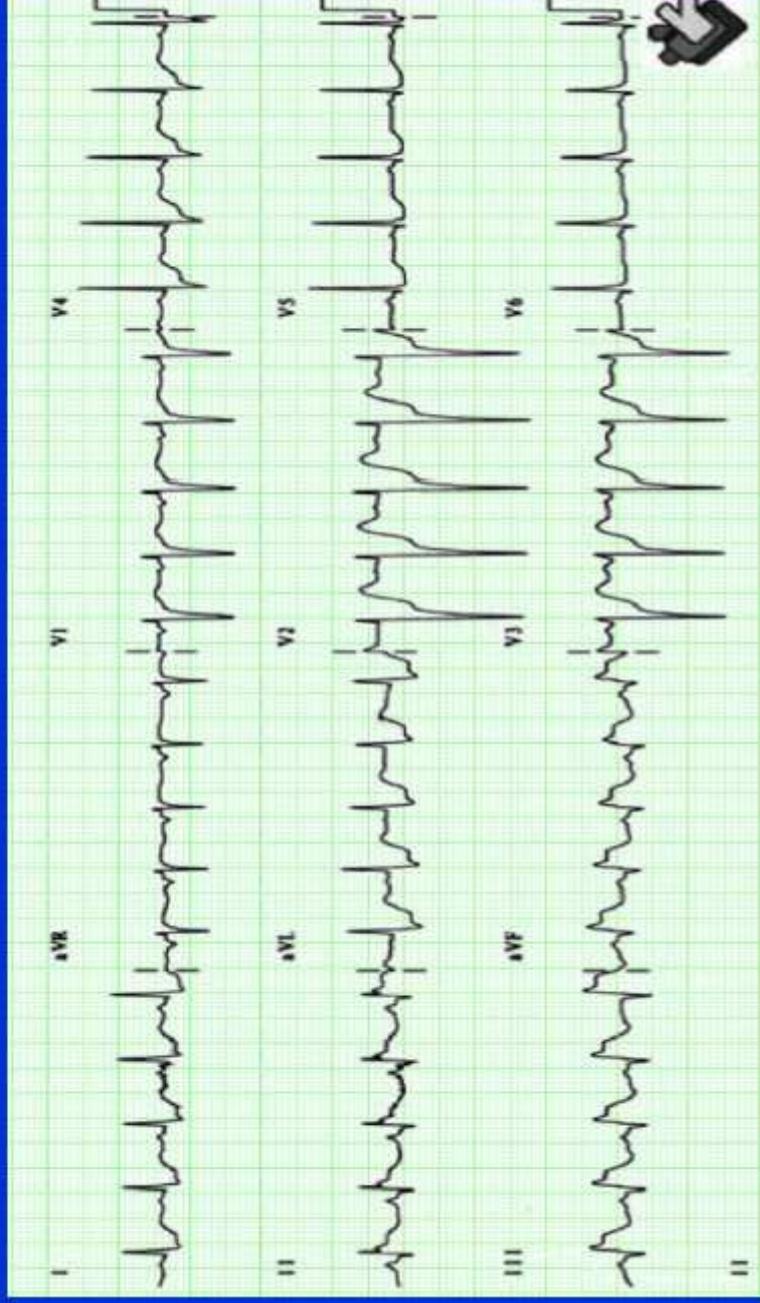
# Antero-lateral myocardial infarction



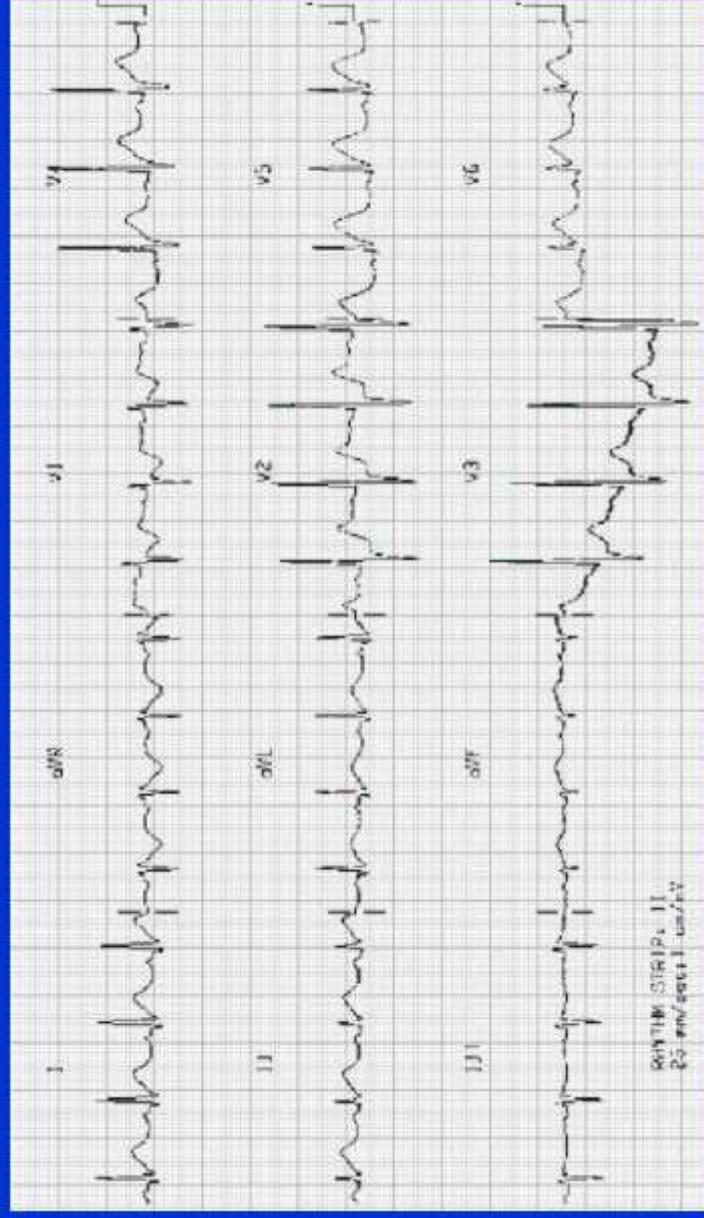
# Acute Pericarditis



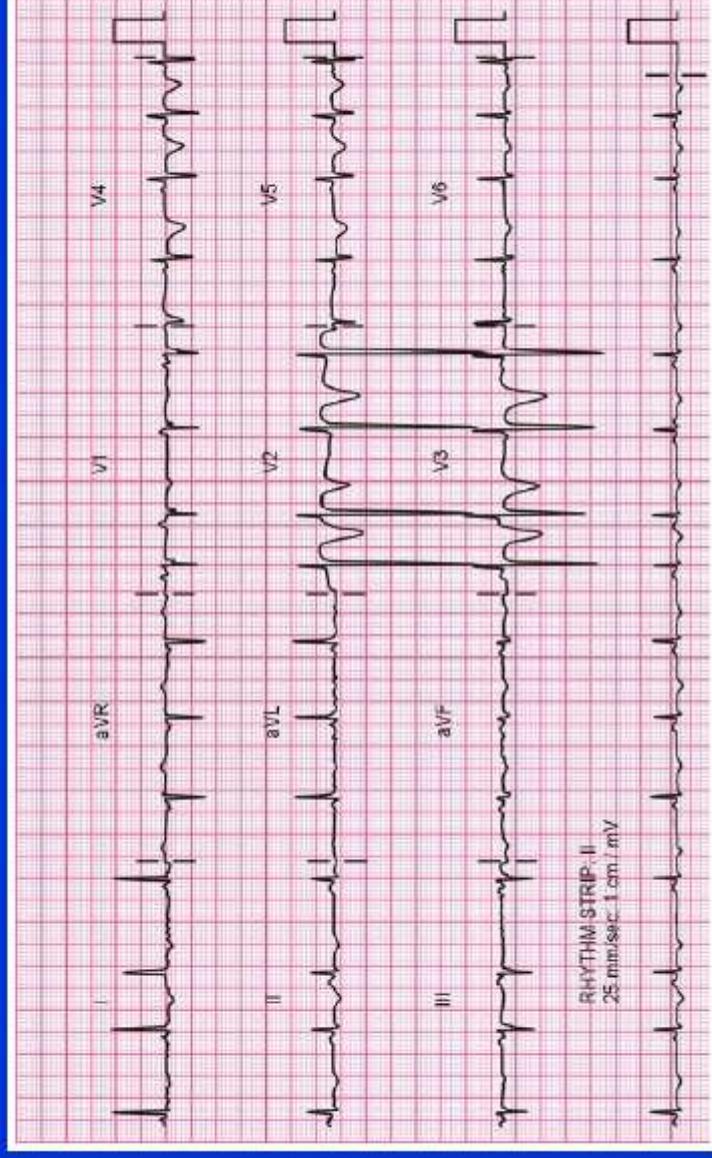
# Inferior MI



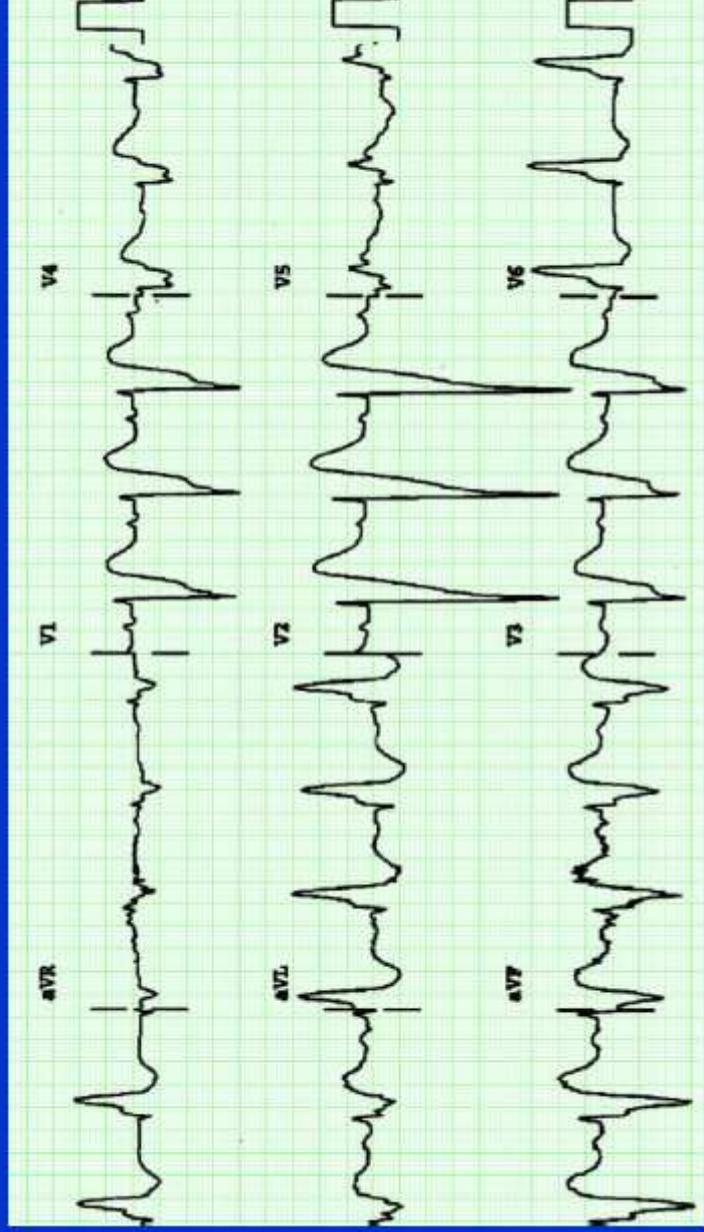
# Posterior MI



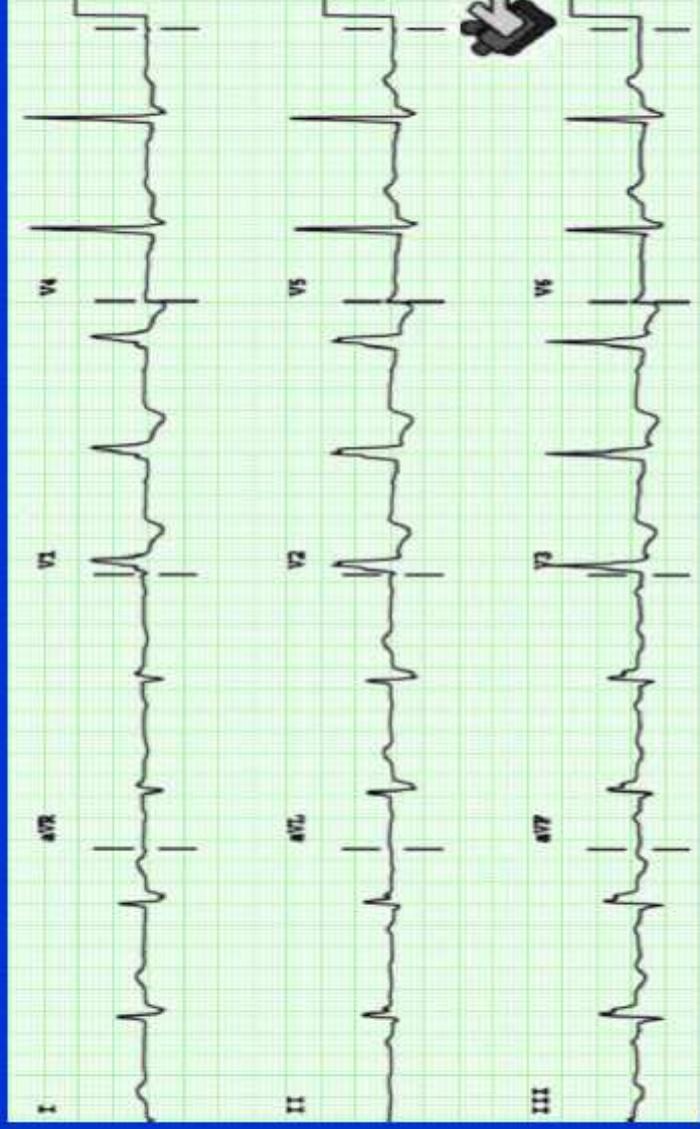
# Non ST elevation MI



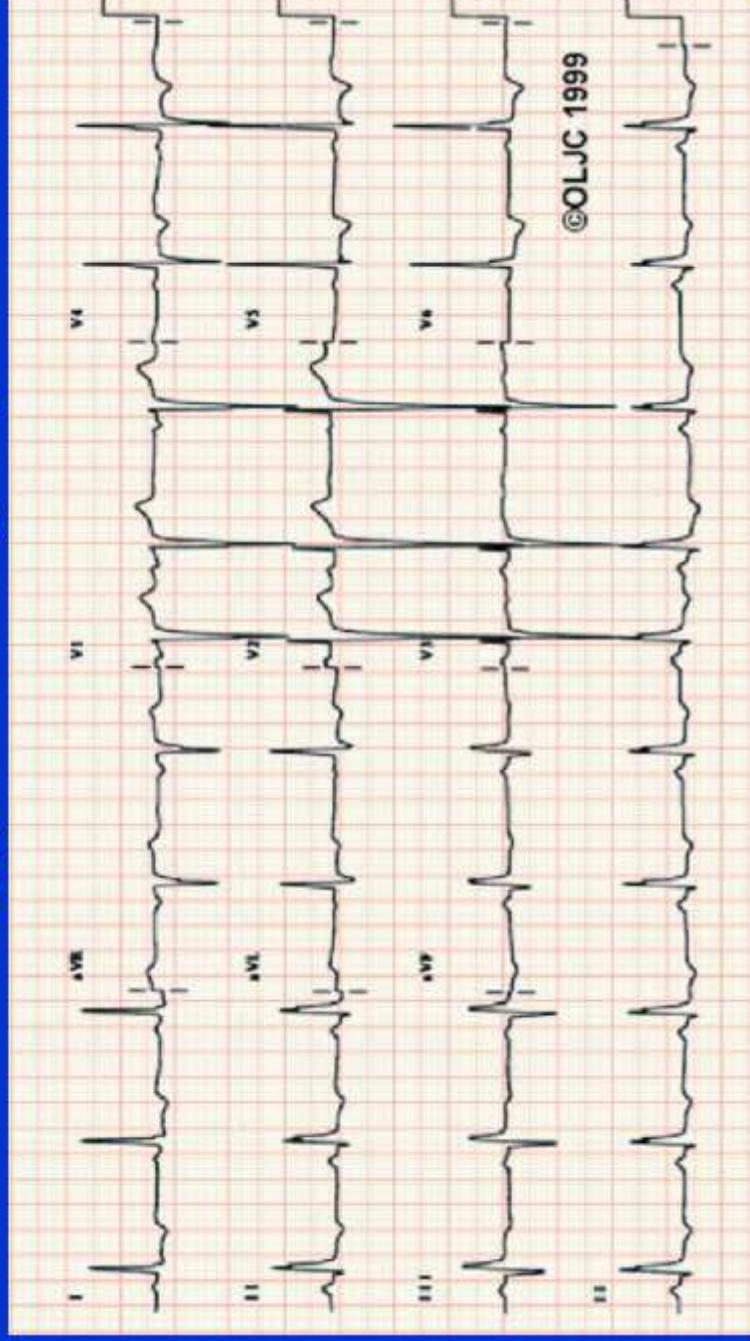
# Left Bundle Branch Block



# Right Bundle Branch Block



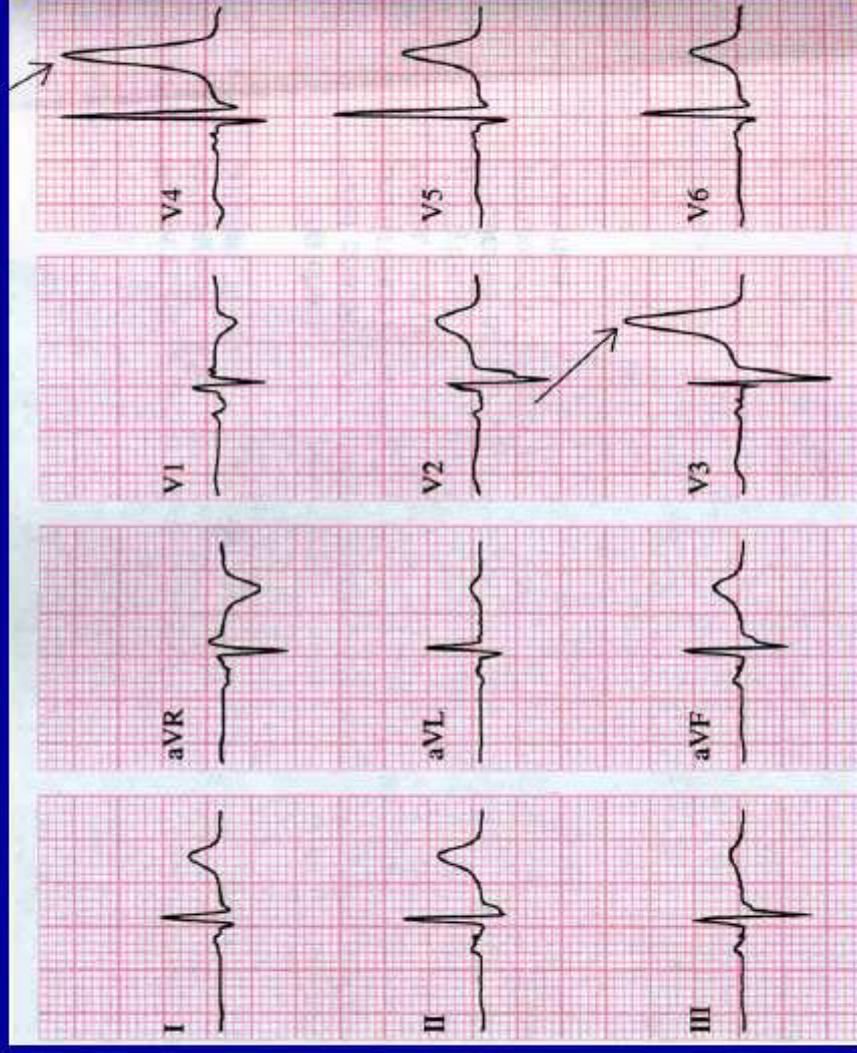
# Left Ventricular Hypertrophy



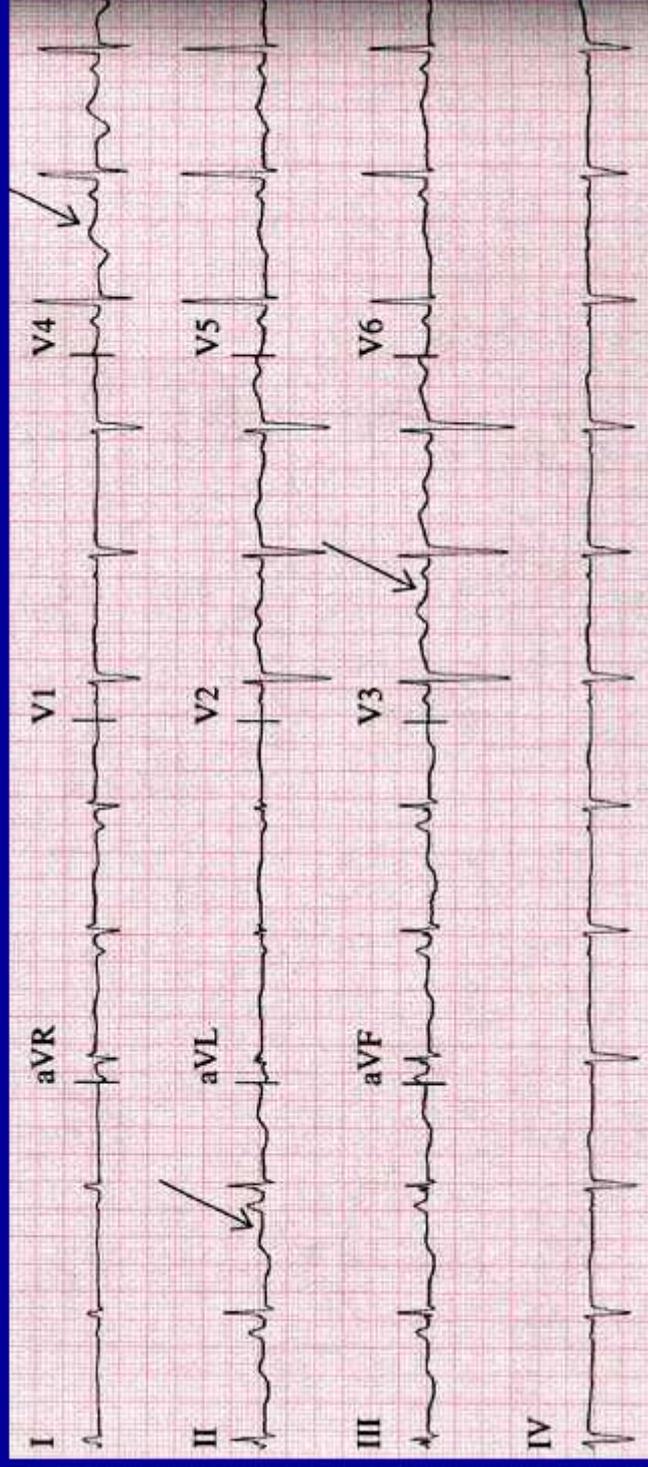
# Left Ventricular Hypertrophy Voltage Criteria

- The R wave in V5 or V6 exceeds 25mm
- The S wave in V1 or V2 exceeds 25mm
- The total of the R wave in V5 or V6 plus the S wave in V1 or V2 exceeds 35mm
- NB – not for young, thin individuals
- A diagnosis of LVH can only be confirmed by Echocardiography

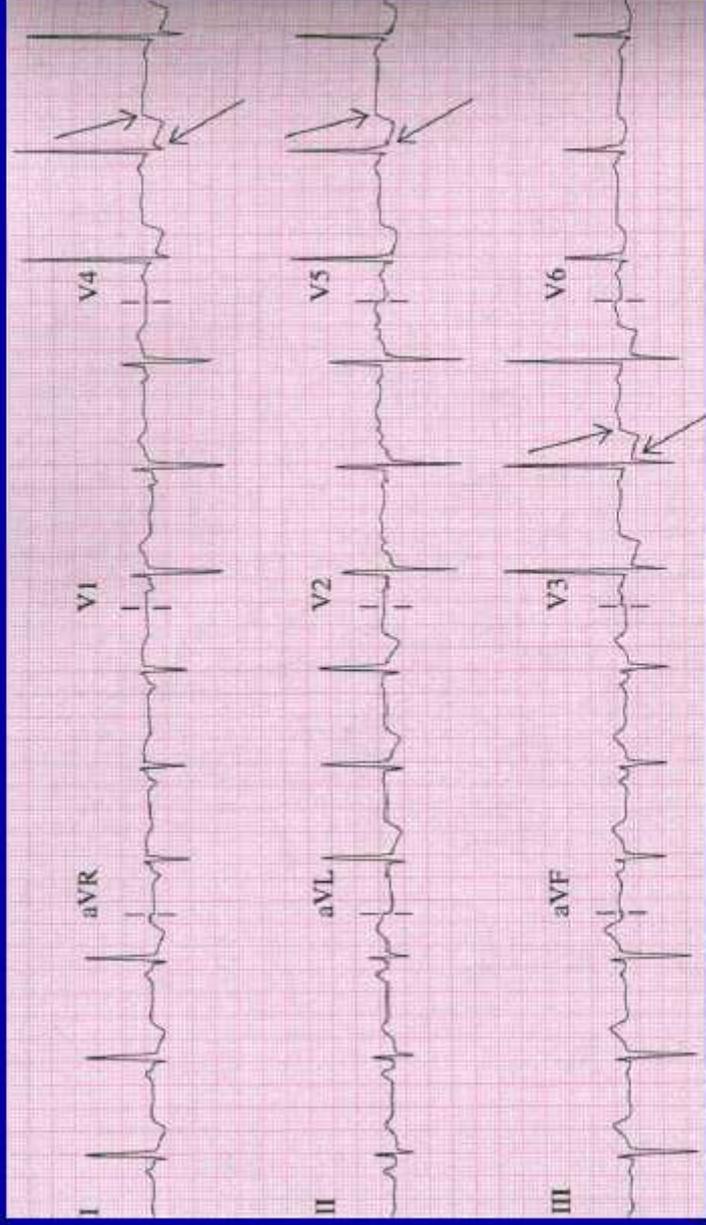
# Hyperkalemia

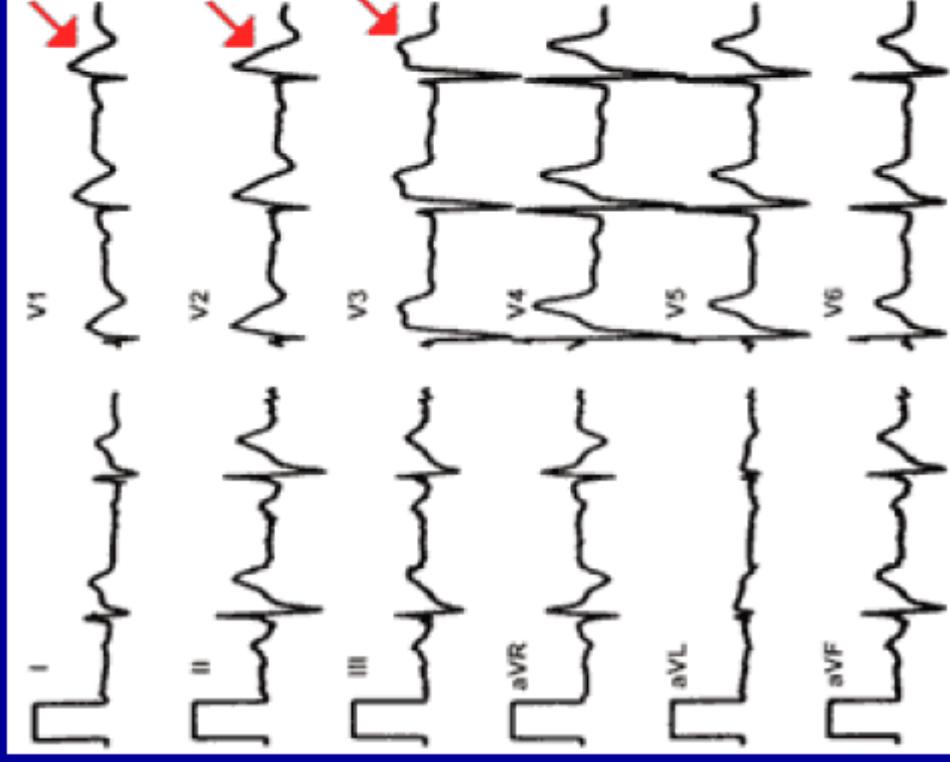


# Гипокалемия



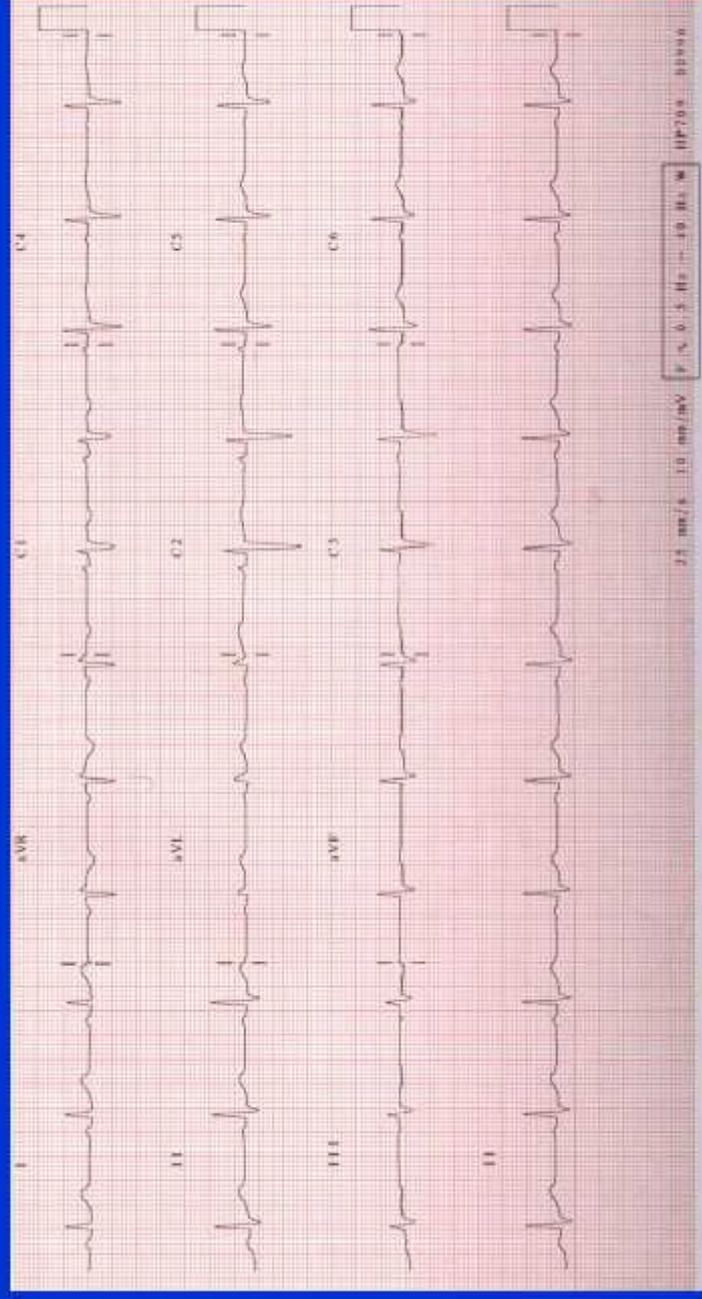
# Digoxin Effect



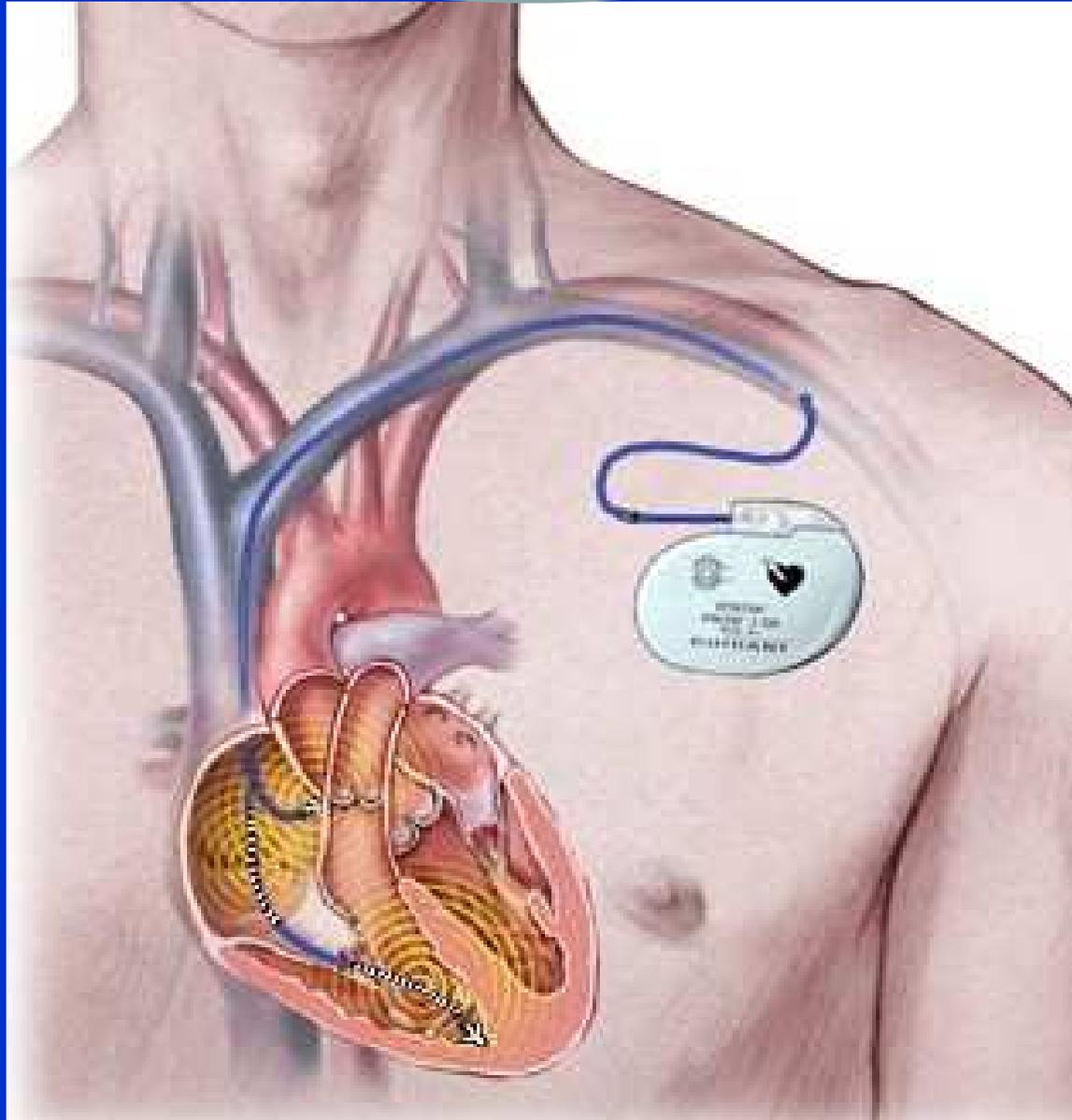


**Typical ECG of Brugada syndrome:**  
Note the pattern resembling a right bundle branch block, the P-R prolongation and the ST elevation in leads V1-V3.

# Resting ECG



Pacemaker  
artificiale

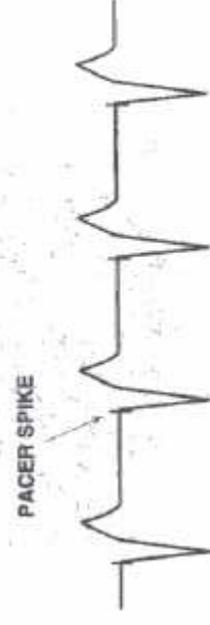


# Approach to Pacemaker Evaluation(1)

## ◆ Assess underlying

rhythm:

- 100% paced whether there is a non-paced intrinsic rhythm with a pacemaker functioning in demand mode



# Approach to Pacemaker Evaluation(2)

- ◆ Determine the chamber(s) PACED
  - Determine the relationship of pacing spikes to P waves and QRS complexes



Atrial(A)  
paced beats



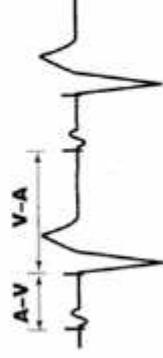
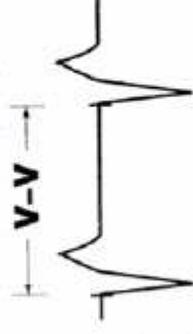
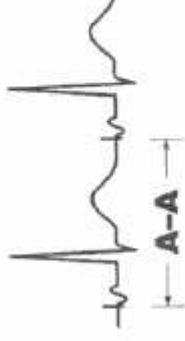
Ventricular(V)  
paced beats



Atrial(A) and  
Ventricular(V)  
paced beats

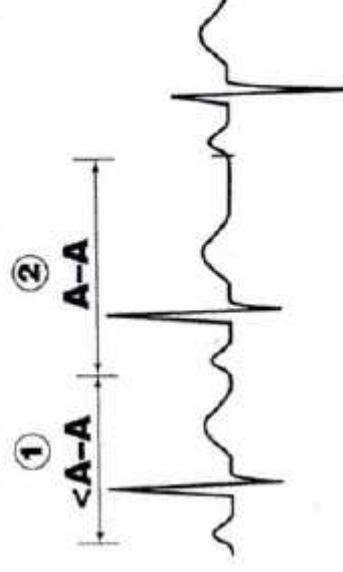
# Approach to Pacemaker Evaluation(3)

- ◆ Determine timing intervals
  - From 2 consecutively paced beats
  - Atrial pacing:
    - ◆ A-A interval
  - Ventricular pacing:
    - ◆ V-V interval
  - Dual chamber pacing:
    - ◆ A-V and V-A interval



# Approach to Pacemaker Evaluation(4-1)

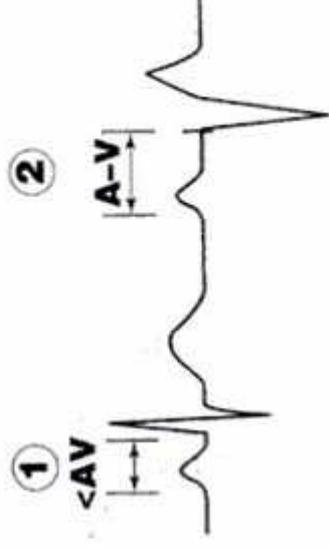
- ◆ Determine the chamber(s) **SENSED**
  - Atrial pacemaker
    - ◆ A native P wave that occurs at an interval less than A-A interval
    - ◆ An atrial-paced beat that occurs after an interval equal to the A-A interval



# Approach to Pacemaker Evaluation(4-3)

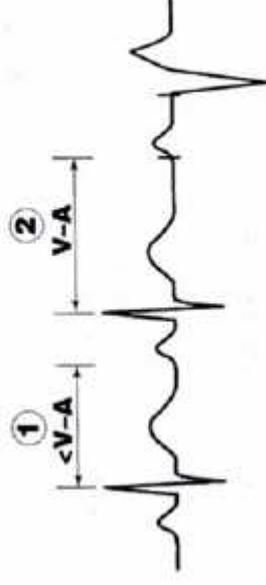
## ◆ Dual chamber pacemaker

- Atrial sensing
  - ◆ A native QRS complex that occurs at an interval less than A-V interval
  - ◆ An ventricular-paced beat that occurs at an interval equal to the A-V interval



# Approach to Pacemaker Evaluation(4-4)

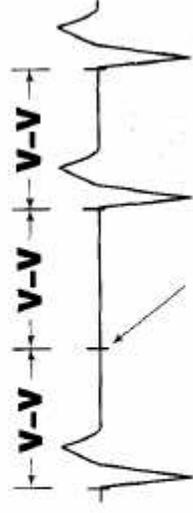
- ◆ Dual chamber pacemaker
  - Ventricular sensing
    - ◆ A native P wave that occurs at an interval less than V-A interval
    - ◆ An atrial-paced beat that occurs at an interval equal to the V-A interval



# Approach to Pacemaker Evaluation(6)

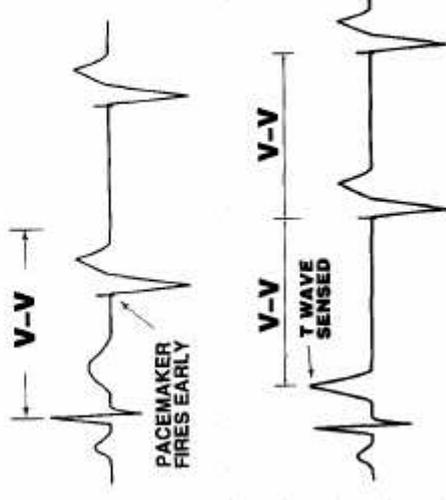
- ◆ Look for pacemaker malfunction

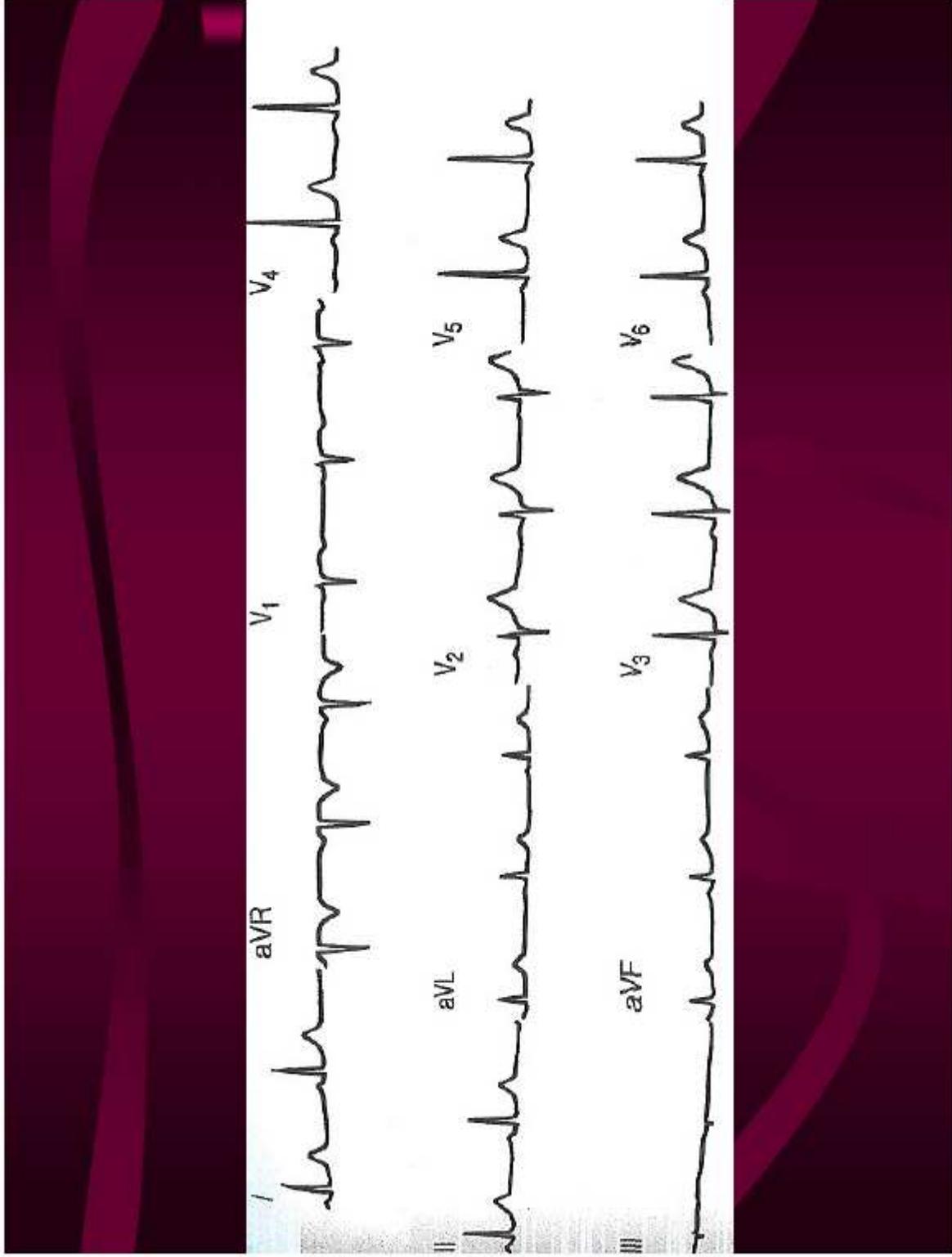
- Failure to capture
  - ◆ Are any pacing spikes not followed by a depolarization ?



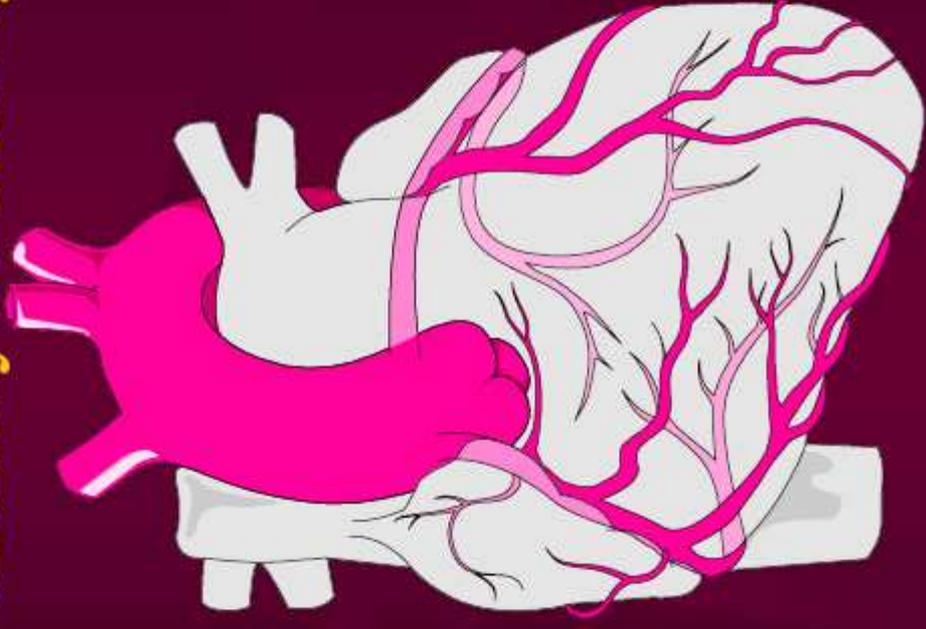
- Sensing Abnormalities

- ◆ Undersensing
- ◆ Oversensing





# Coronary Anatomy

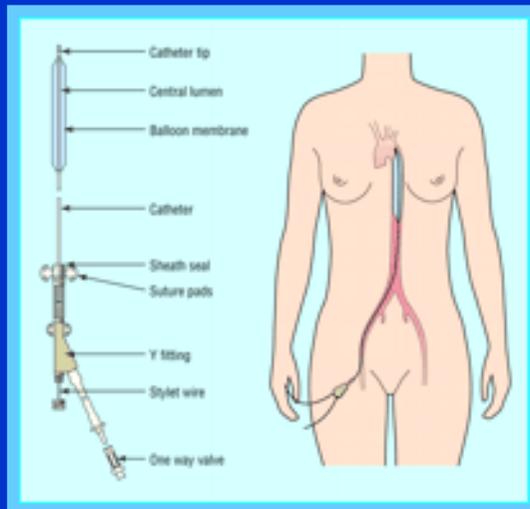


# Myocardial Infarction

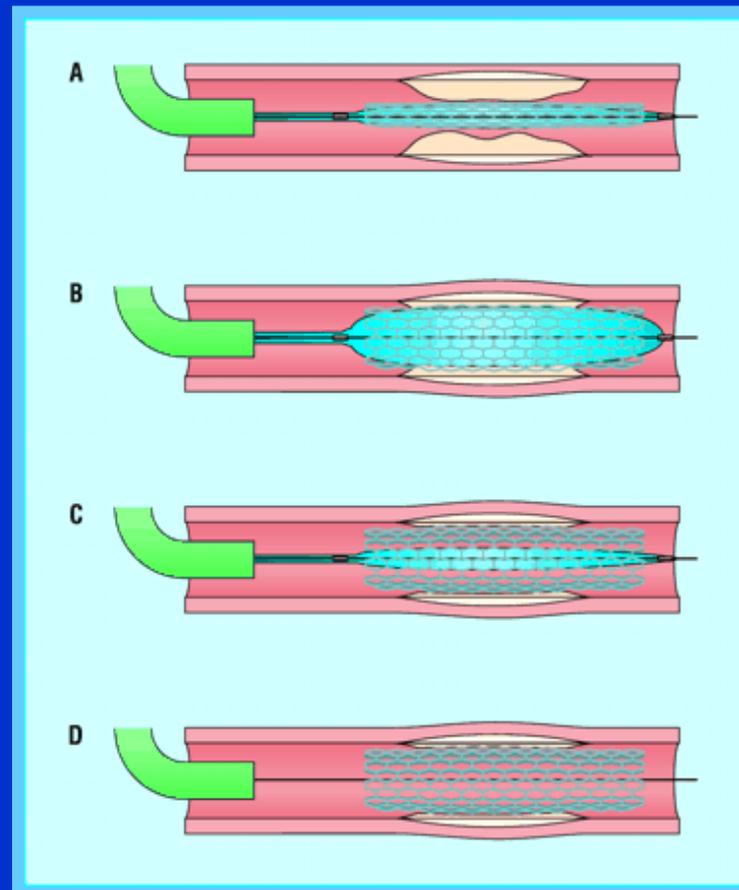
- Usually result of clot formation at site of fixed lesion



# ANGIOPLASTICA CORONARICA PERCUTANEA NELL'IMA



**Puntura arteriosa  
(a. femorale)**



## Hallmark of Infarction

- Transmural – full thickness of myocardial wall
  - ST Elevation
  - T Wave Inversion
  - Q Wave Formation



Preadmission



Admission



1 Hour

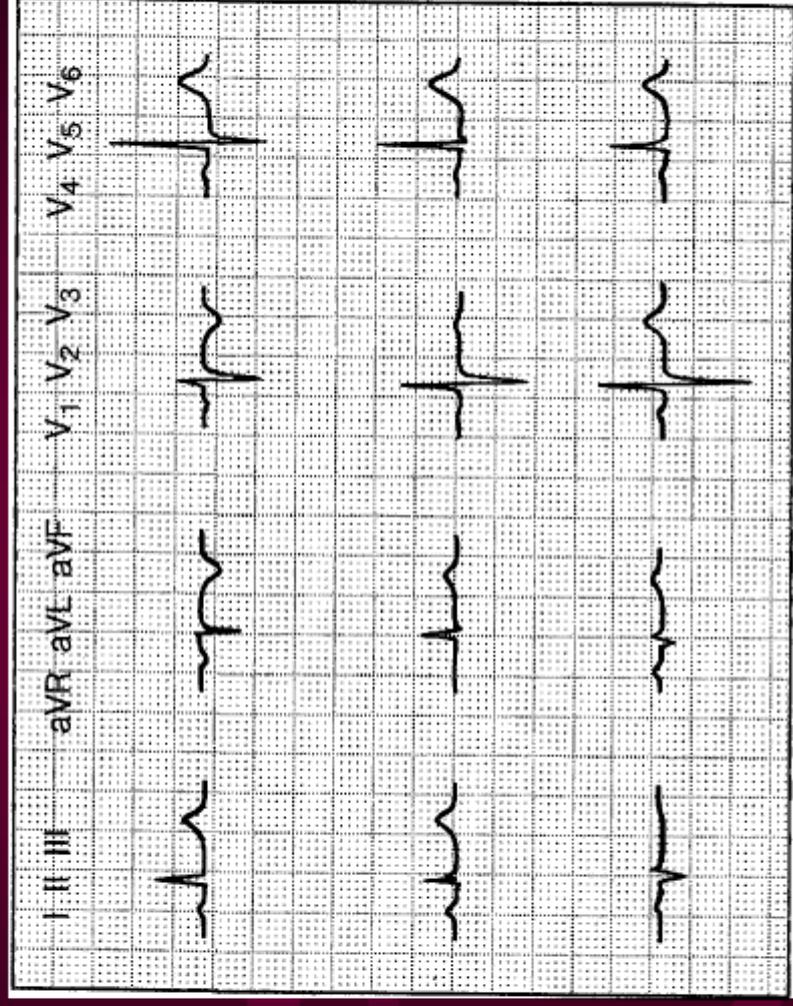


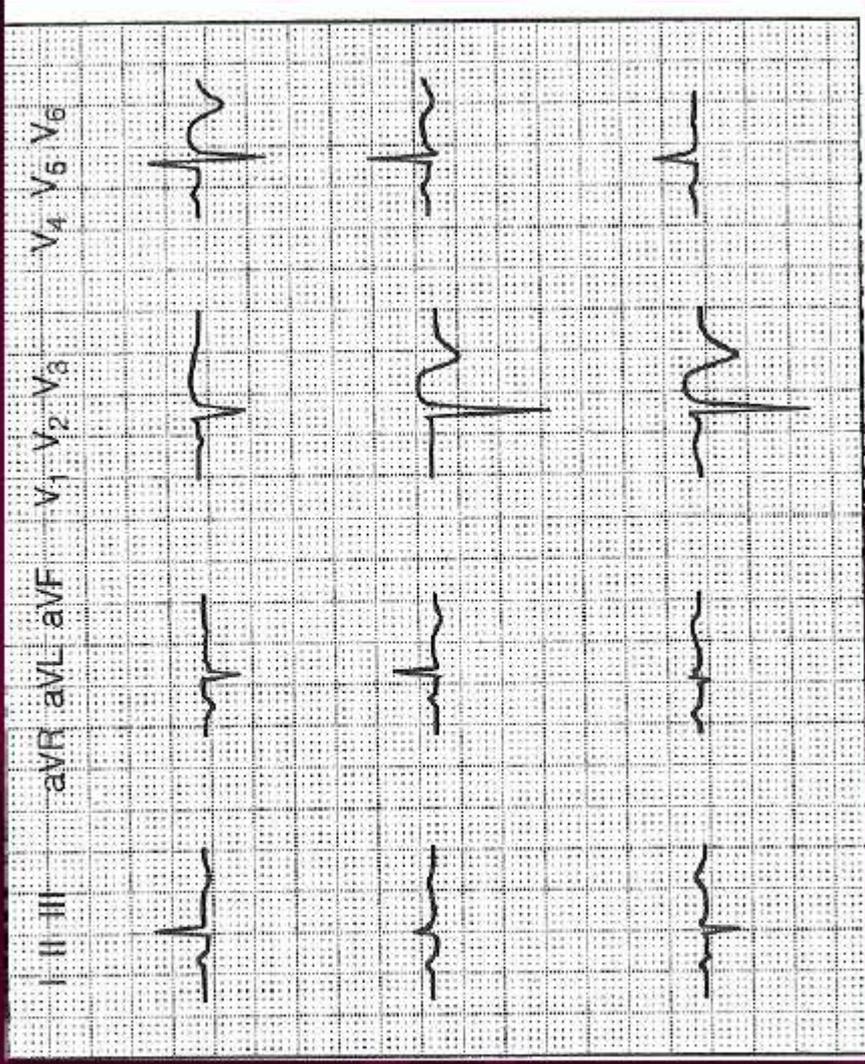
24 Hours



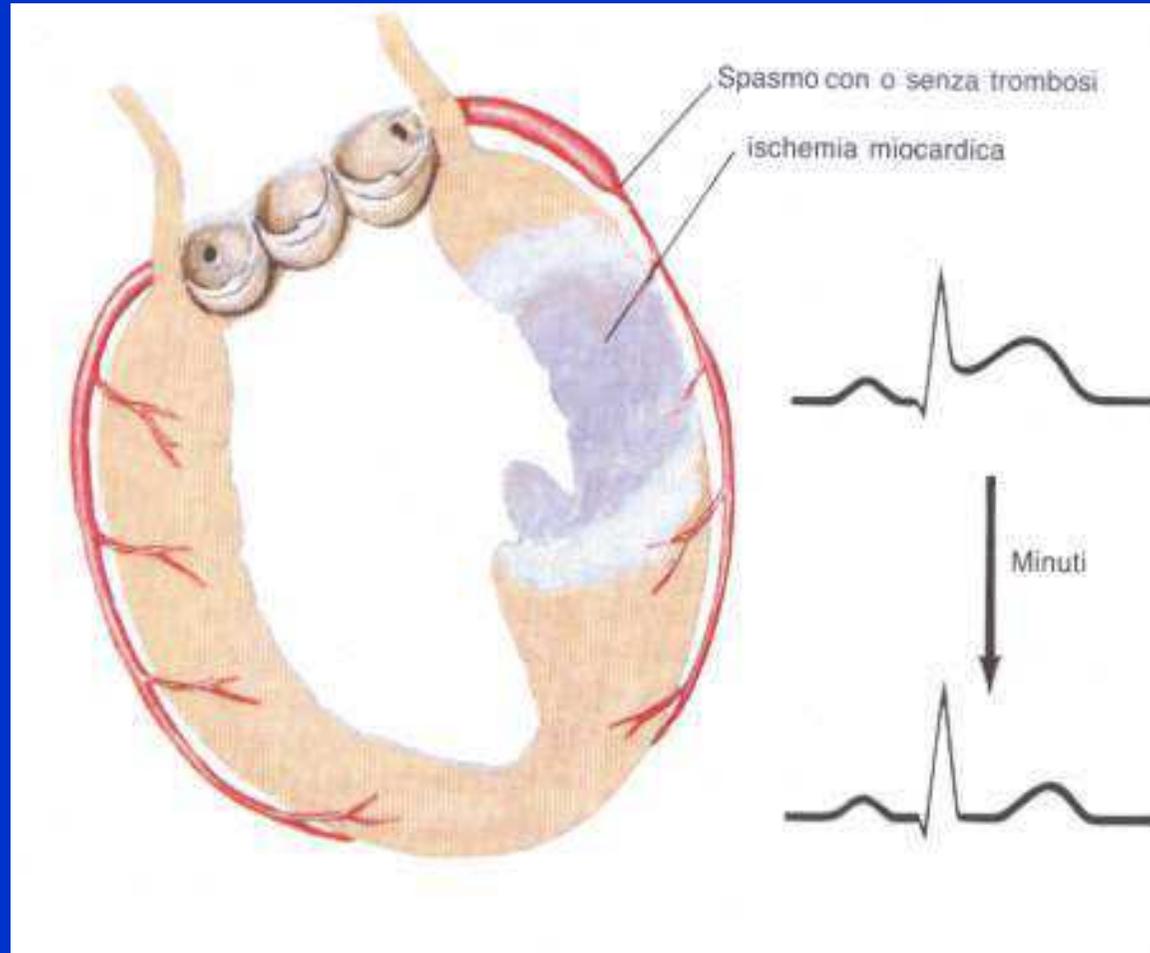
1 Year

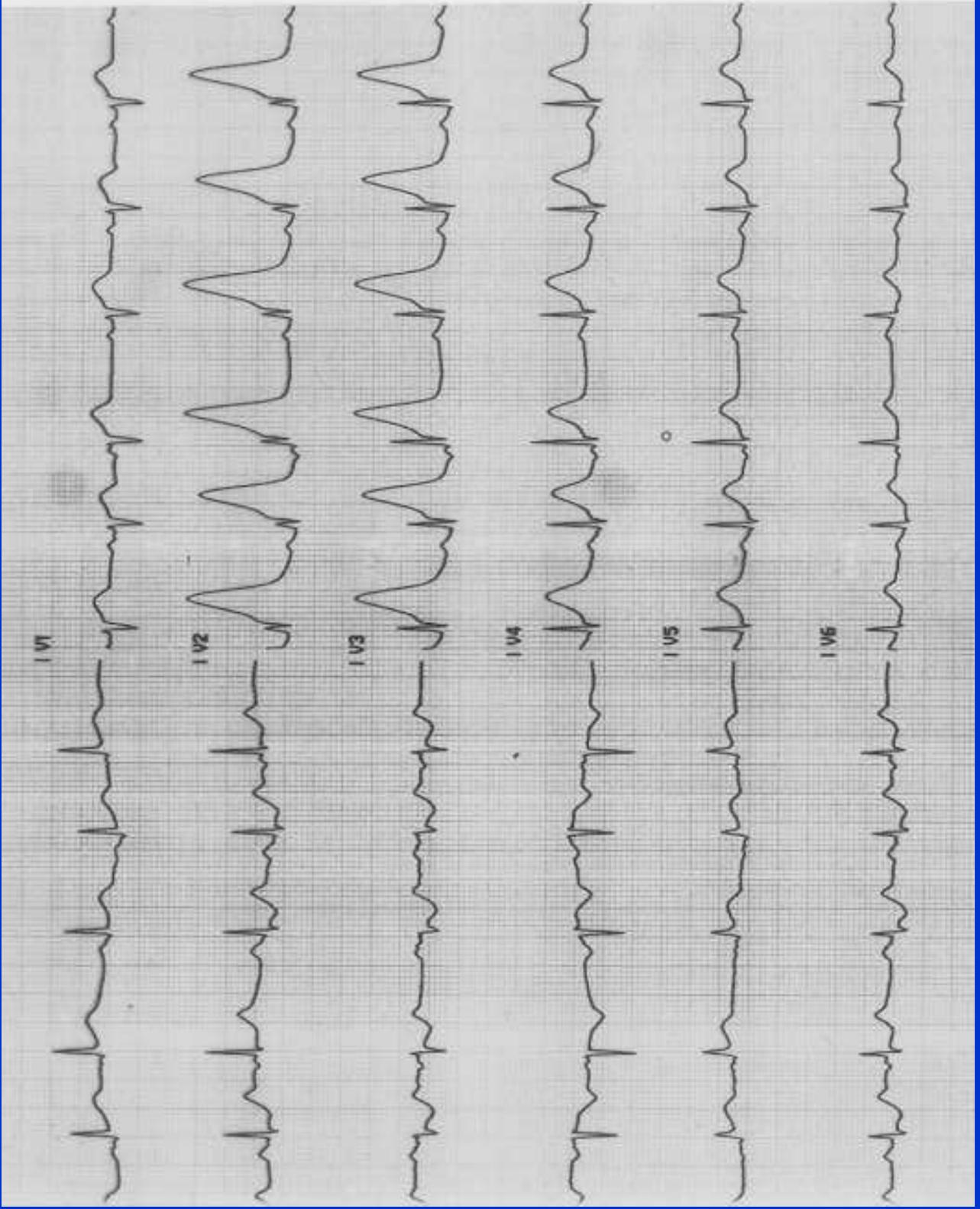
# Old Inferior Wall MI

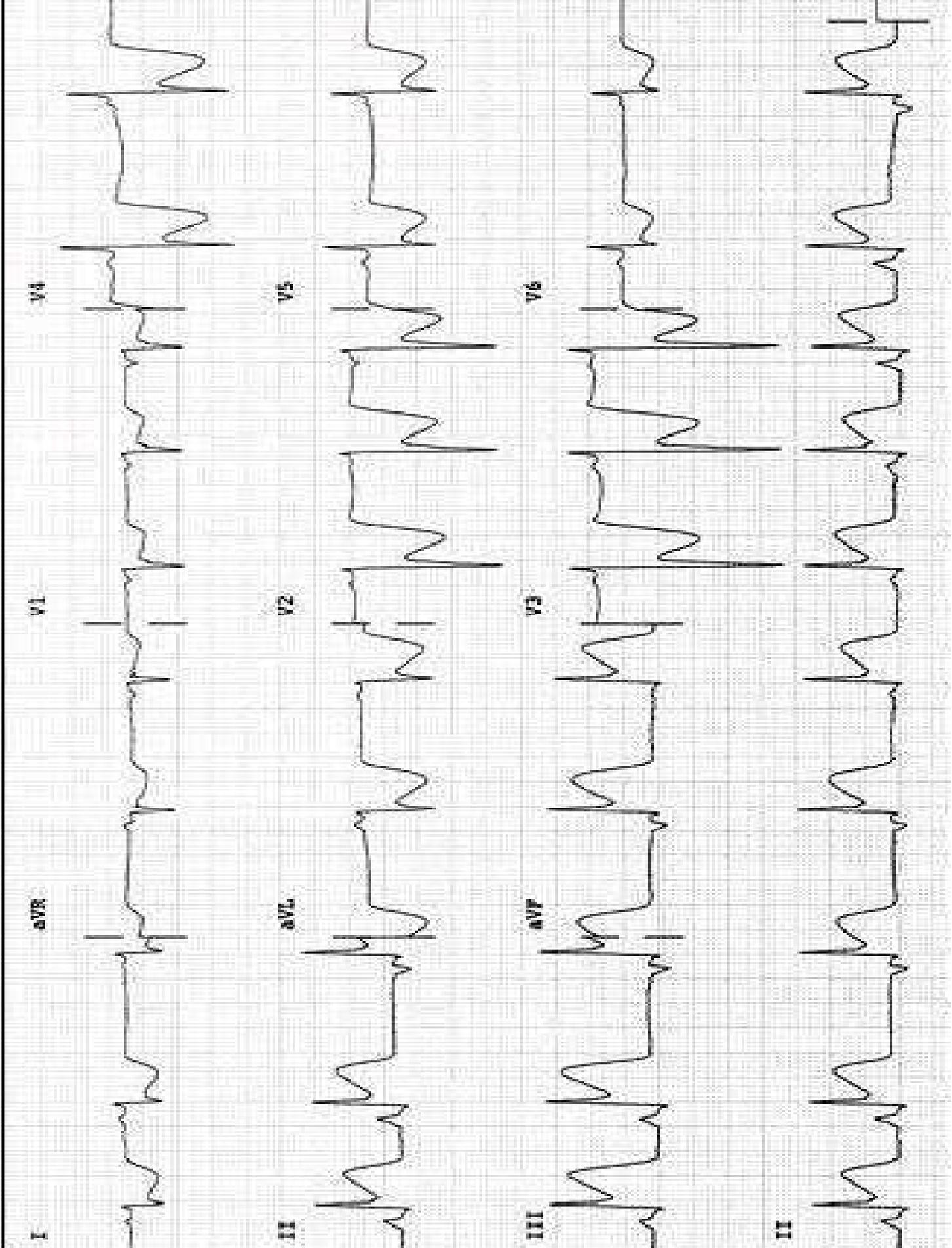




# Ischemia transmurale Transitoria







Grazie per la cortese  
attenzione



**Sconvolti?**

CORSO ECG - I.P.