

L'ECG nell'adulto

Interpretazione dell'ECG

Obiettivi del corso

Fare acquisire conoscenze teoriche e pratiche in tema di elettrocardiografia:

- **come si esegue** (quali sono gli errori più frequenti nell'esecuzione; corretto posizionamento degli elettrodi);
- **a cosa serve** (quali sono le patologie cardiache dove l'elettrocardiografia può fornire un supporto);
- **come si interpreta** (quali sono gli aspetti dell'elettrocardiogramma - ECG - cui l'infermiere deve prestare attenzione durante e dopo averlo eseguito per formulare una prima ipotesi diagnostica nell'attesa che arrivi il medico).

Illustrazione e analisi delle eventuali urgenze che possono manifestarsi durante l'esecuzione dell'ECG e che si possono risolvere proprio grazie alla conoscenza di base di elettrocardiografia e di ritmo logia.

Lo scopo del corso è quindi fare acquisire i principi base su cui si fonda l'elettrocardiografia, ed apprendere le tecniche per effettuare correttamente un elettrocardiogramma.

Finalità Approfondire le conoscenze sugli elementi di base di *elettrocardiografia clinica* e di *ritmo logia*.

Metodologia Lezione frontale con uso di diapositive e addestramento pratico nell'uso dell'elettrocardiografo.

Organizzazione e Sede del corso: **Collegio IPASVI di Siracusa**

Responsabile del corso: **Antonio Mammone**
tel. 392.0965985

Durata: 1 giorno, per un totale di 9 ore

Destinatari: Infermiere Coordinatori Infermieri

Numero dei partecipanti: 30

Crediti ECM 9

La frequenza è obbligatoria al 100%

Quota di partecipazione: -€ 20,00 per gli iscritti al Collegio di Siracusa e di€ 30,00 per gli altri Collegi; **compende:** Kit congressuale e CD dei lezioni

L'iscrizione al corso è solo online, consultare il Sito Web www.ipasvi.it e seguire procedura descritta.

- iscrizione al corso, versamento del c/c postale.

- completamento della registrazione entro 72 ore

- dall'iscrizione inviando gli ulteriori dati richiesti

Collegio Provinciale IPASVI di Siracusa

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Collegio IPASVI di **IPASVI**
Siracusa



Interpretazione dell'ECG

Es Casella di testo **30 Aprile 2010**

21/04/2010



Collegio Provinciale IPASVI di Siracusa

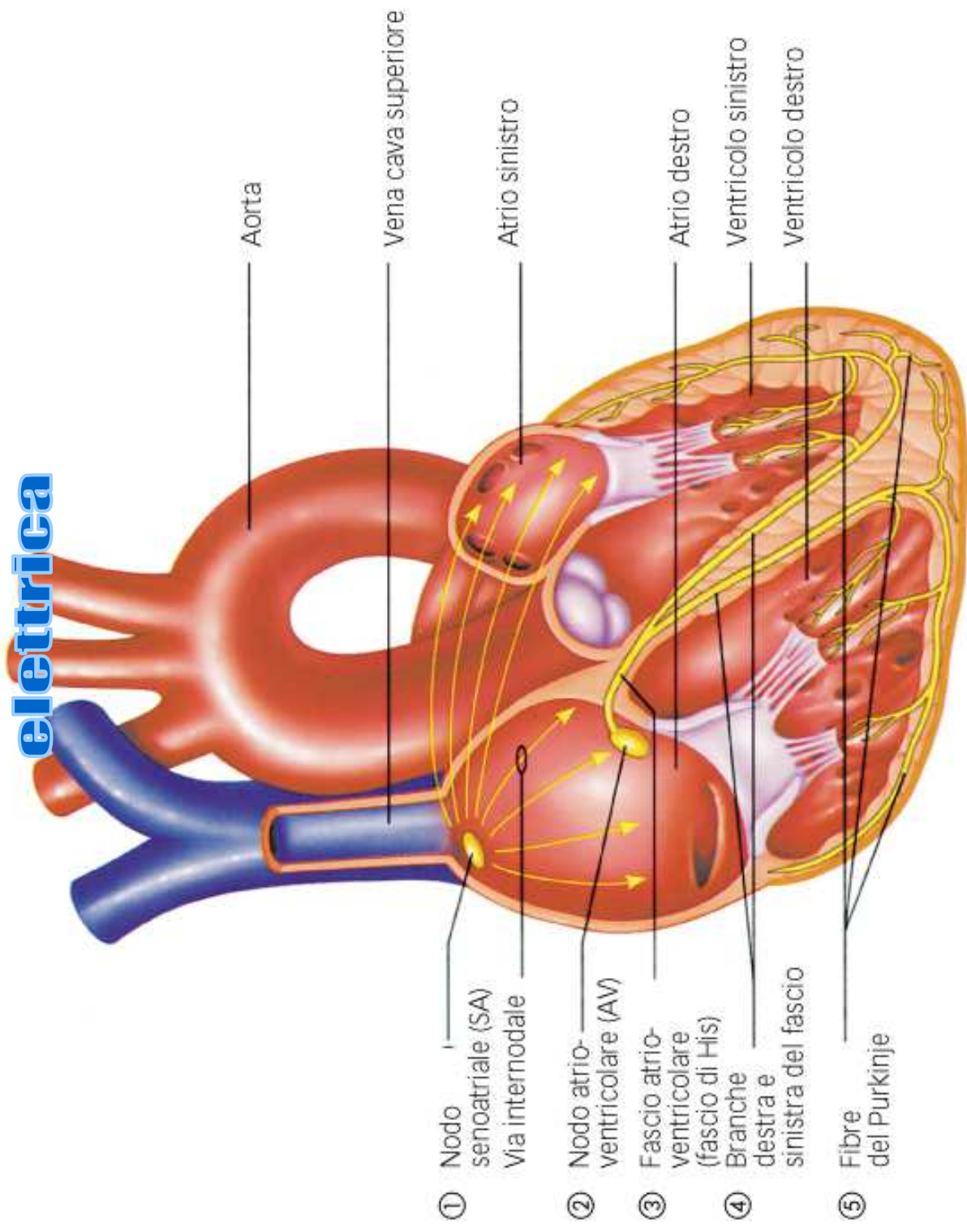
Infoline: Tel. 0931 21126 - www.ipasvi.it
E-Mail: collegio.siracusa@pec.ipasvi.it

Dr. Giovanni De Velli

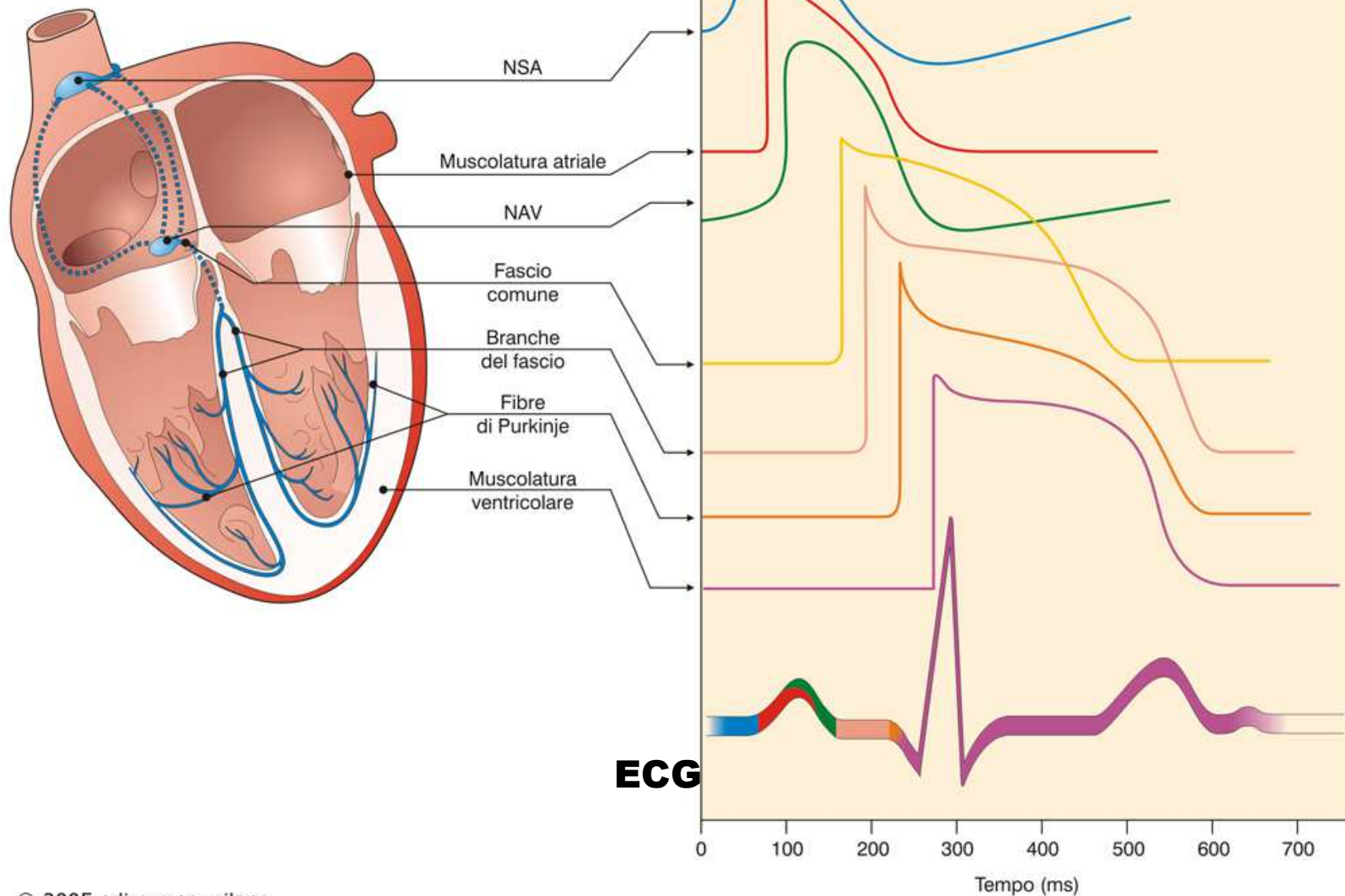
**Unità Operativa Complessa di Cardiologia e
Interventistica Cardiovascolare ASP 8 Siracusa**

Enna 30/11/2013

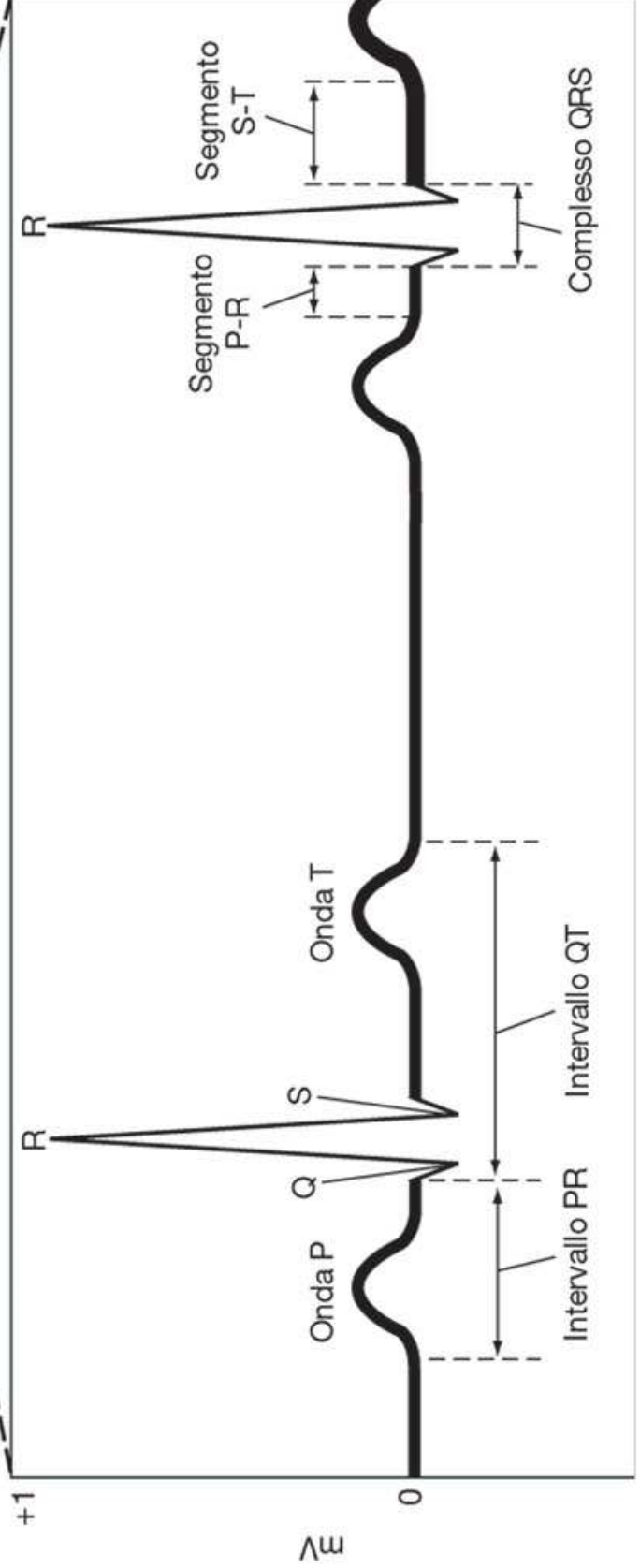
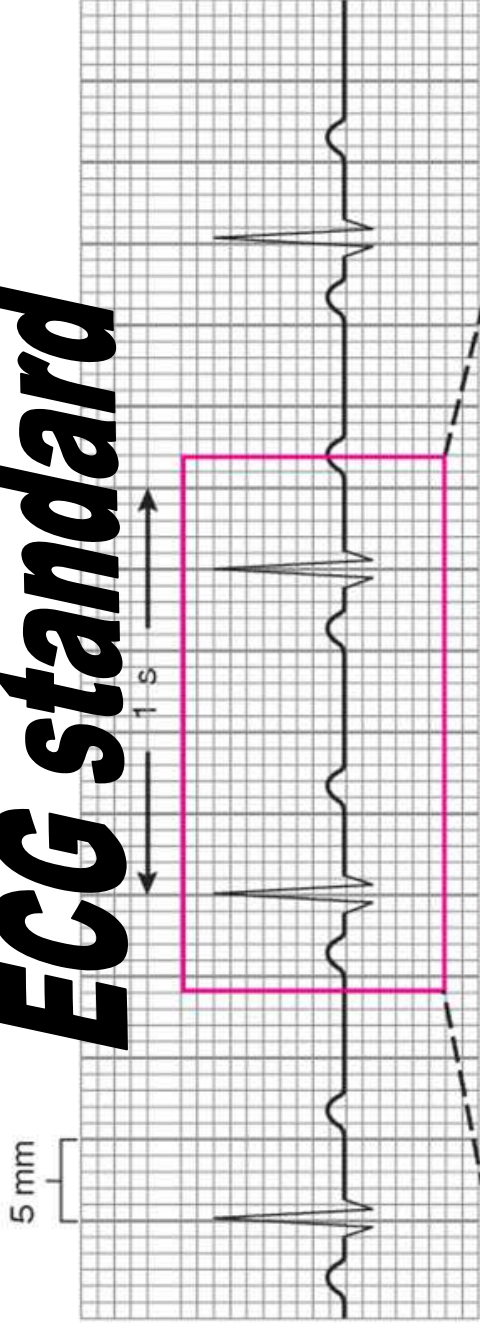
valutazione proprietà elettrica



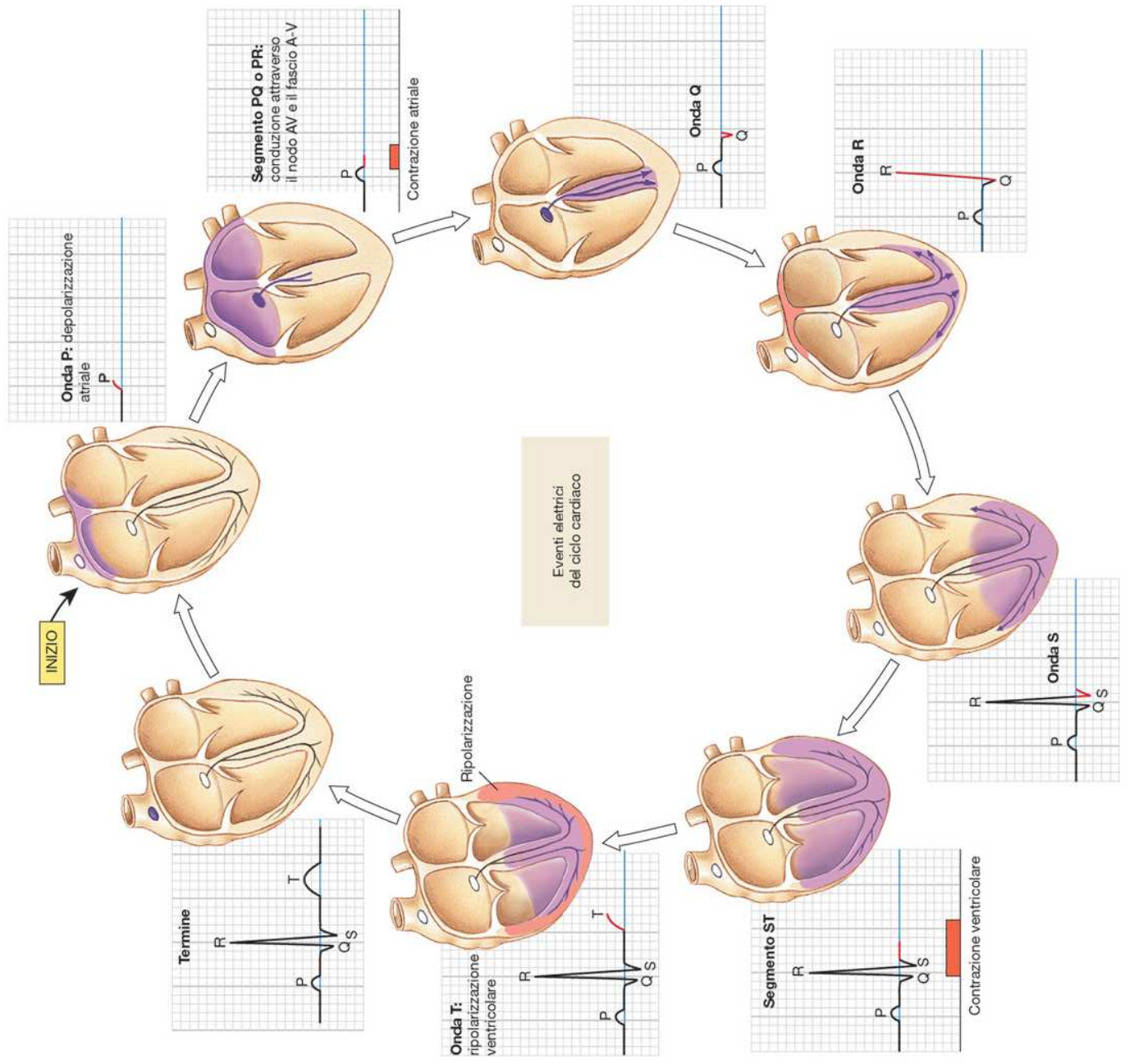
potenziale di azione miocardio ed ECG



ECG standard

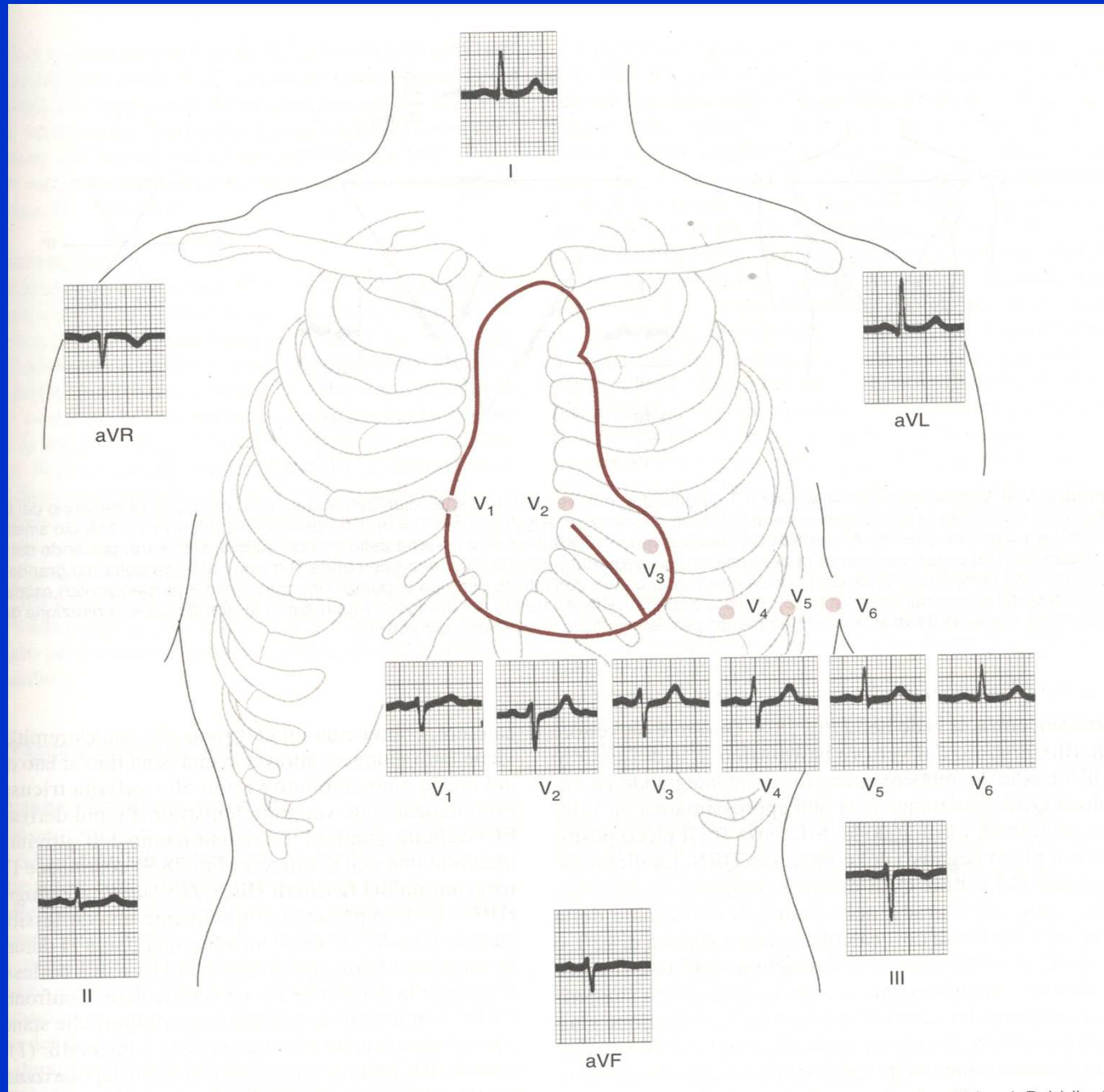


ECG

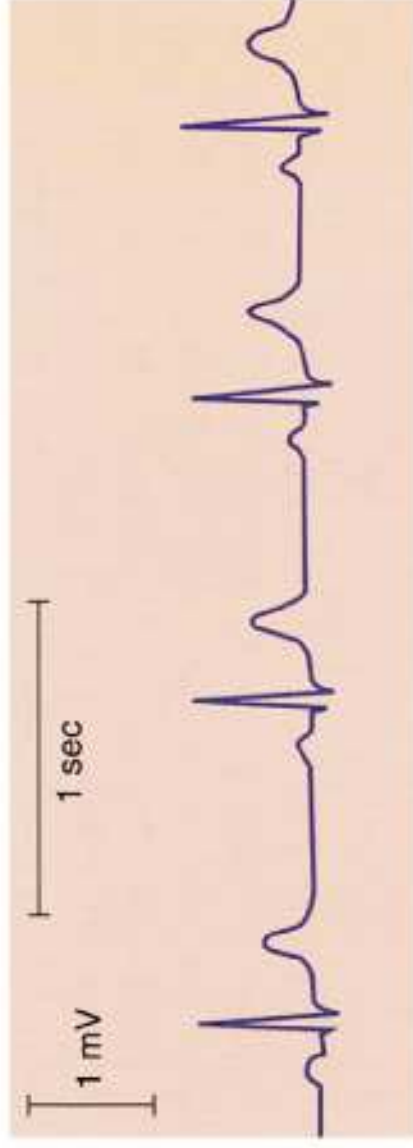


ECG

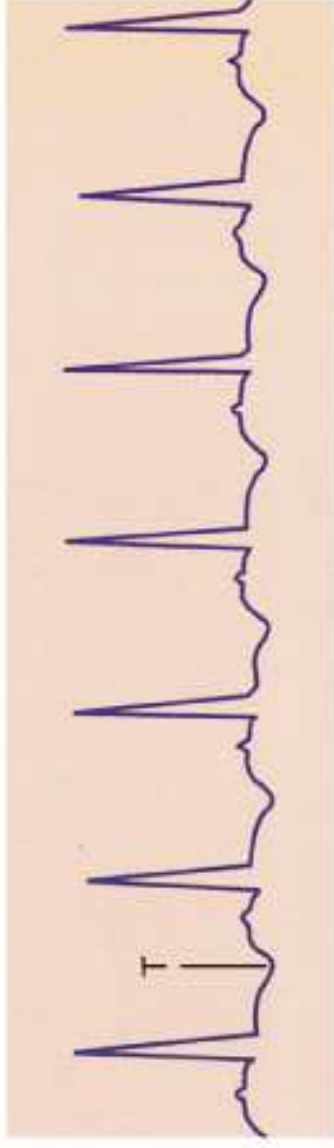
12
derivazioni



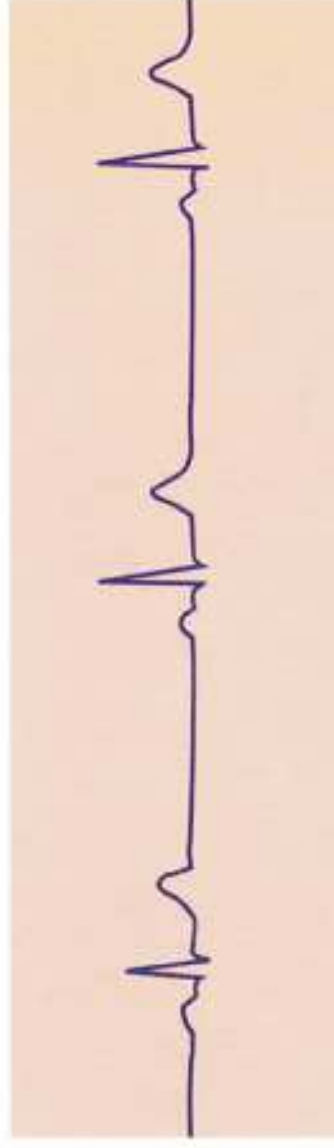
Normale



Tachicardia sinusale (con inversione dell'onda T)



Bradicardia sinusale

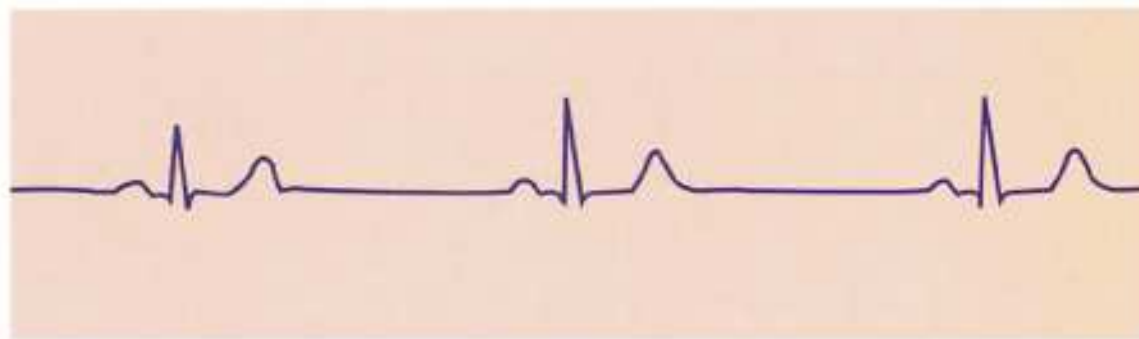


Lettura ECG

Normale



Bradycardia sinusale





Regular



Regularly irregular

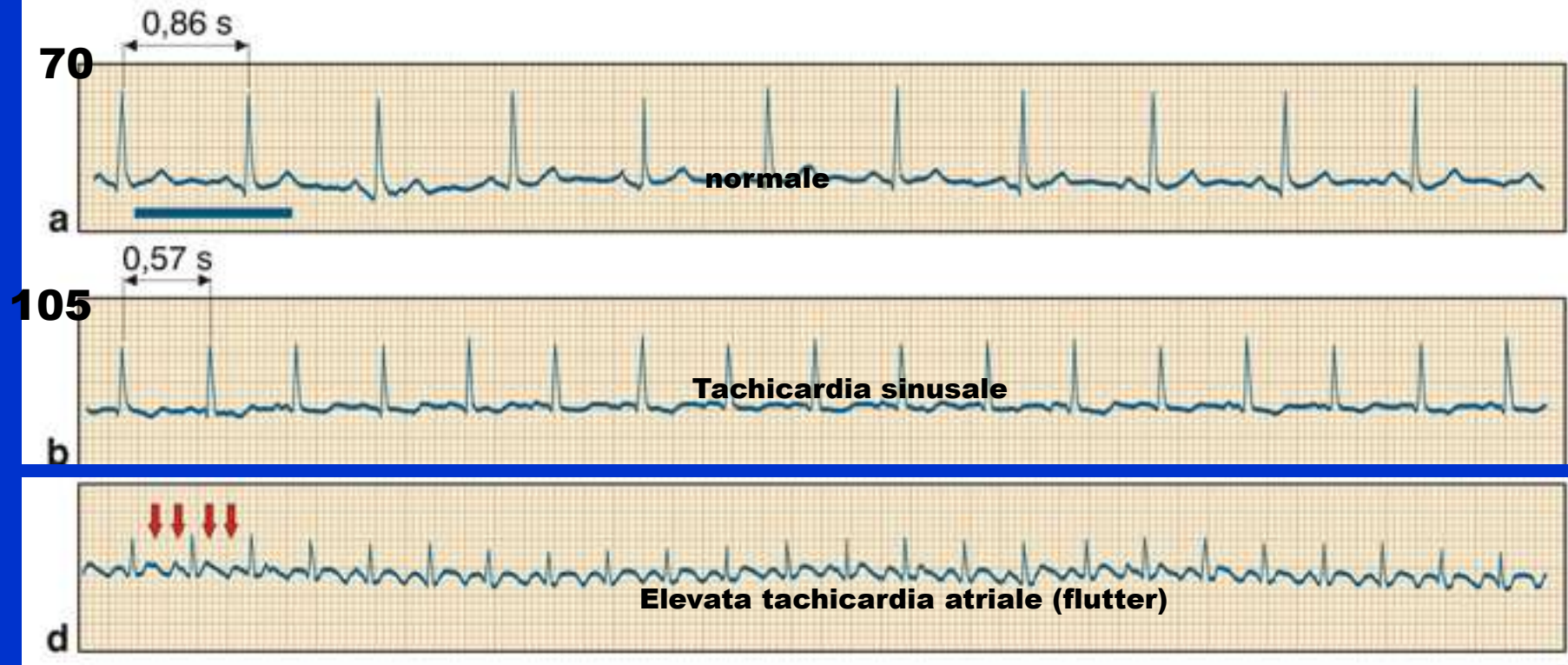


Regular early beat

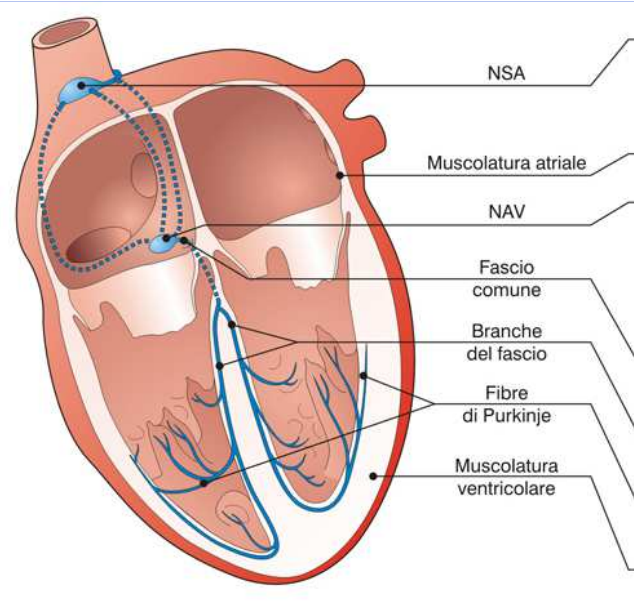


Irregularly irregular

Lettura ECG



Lettura ECG

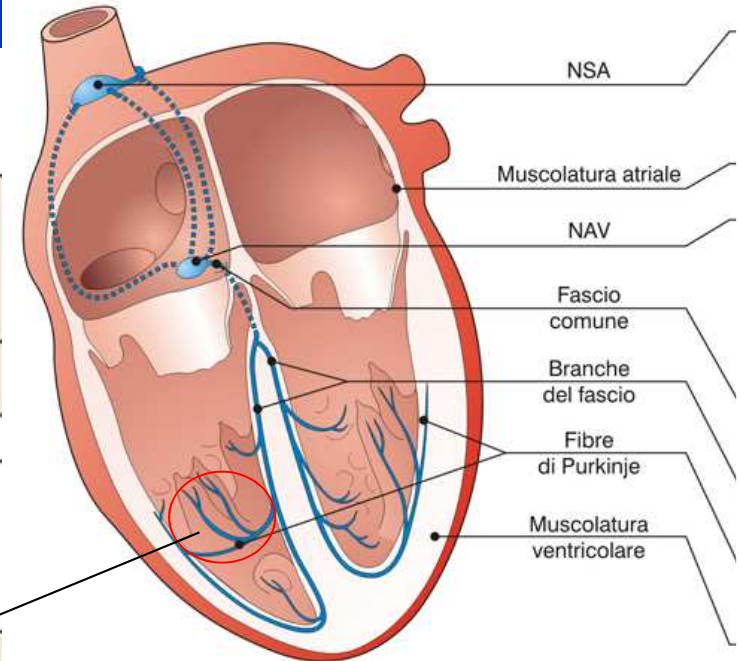
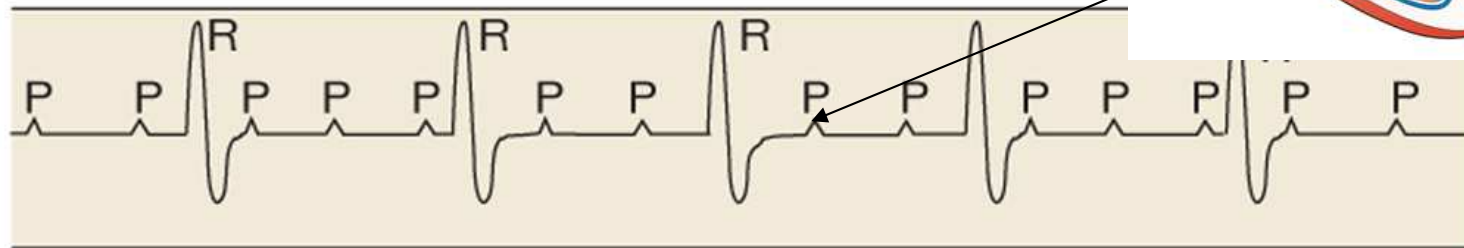


ECG cardiopatie **blocco atrio-ventricolare**

(a) ECG normale



(b) Blocco atrio-ventricolare di terzo grado

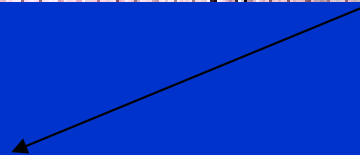
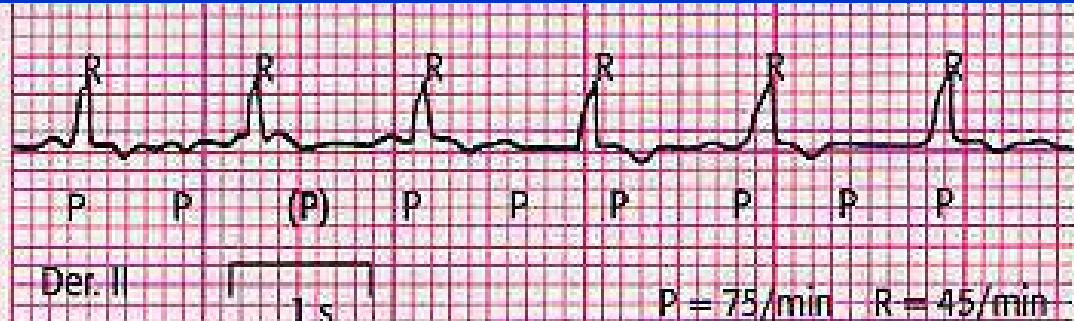


ECG
cardiopatie

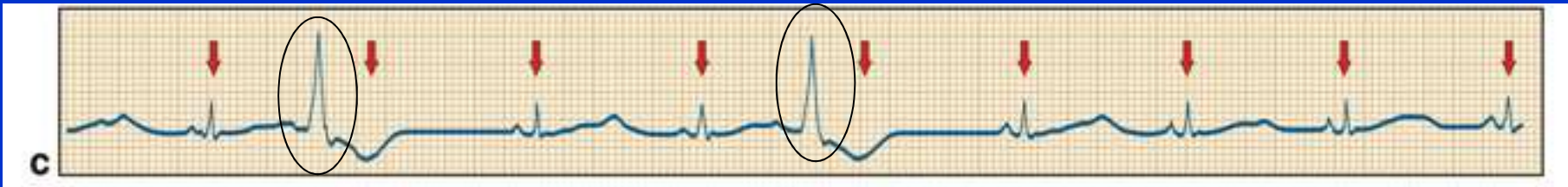
blocco atrio-ventricolare

5 Blocco AV totale
con ritmo ventricolare

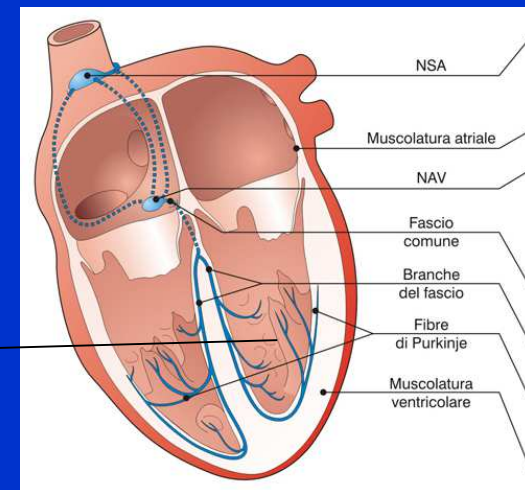
III grado



Lettura ECG



Extrasistole ventricolare

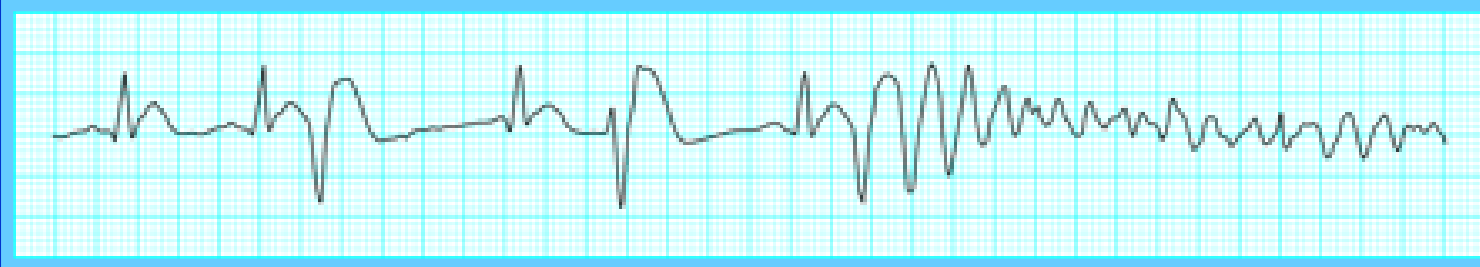


Lettura ECG

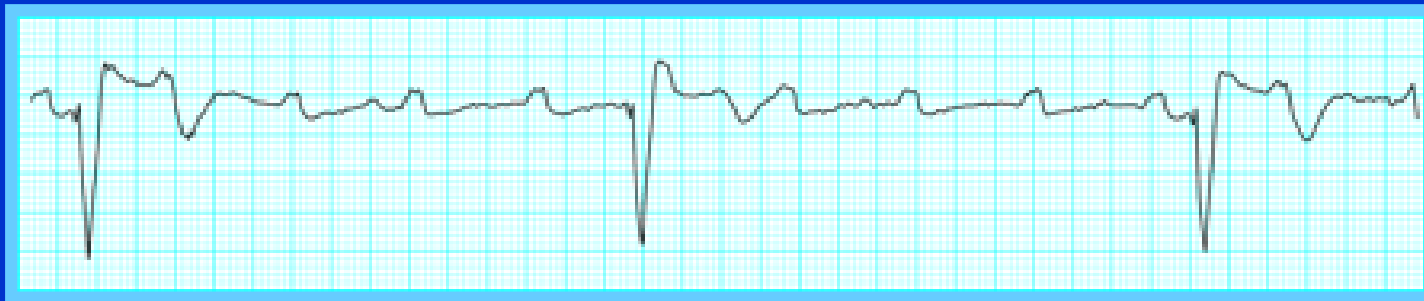
3 Tachicardia ventricolare dopo extrasistole



COMPLICANZE dell'IMA di tipo ARITMICO



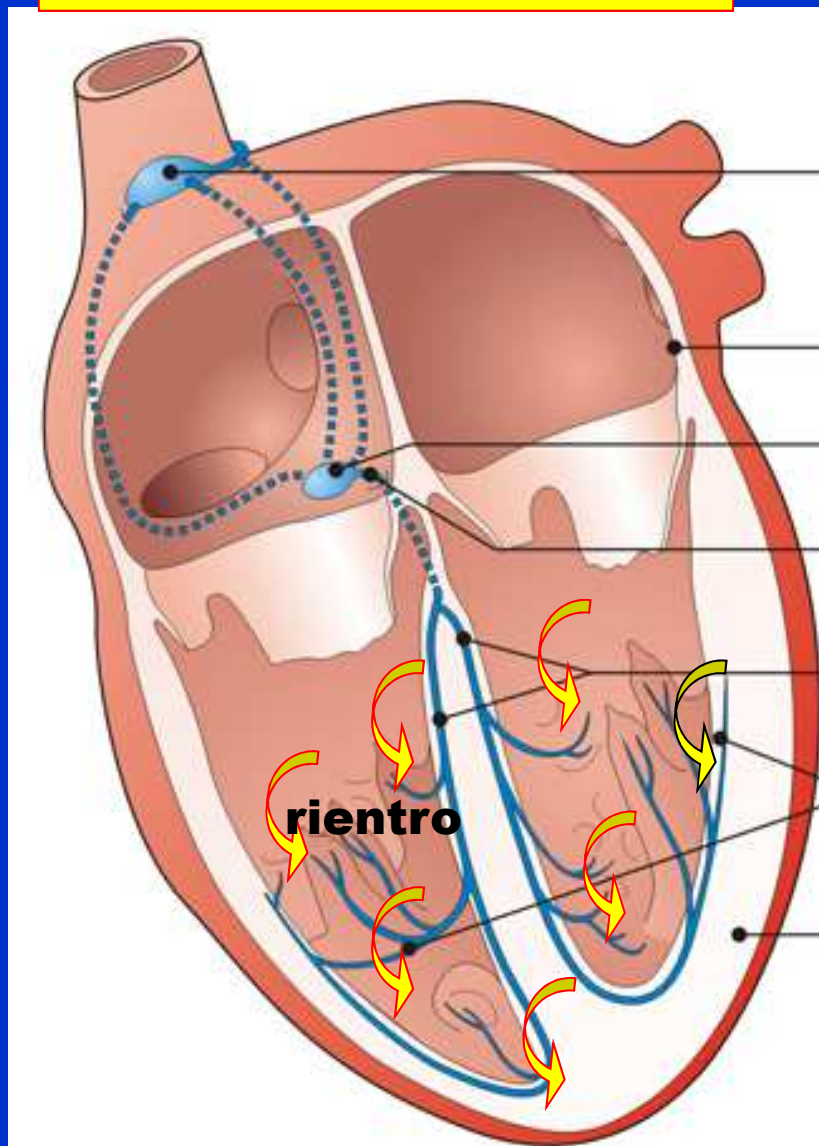
fibrillazione ventricolare innescata da "R suT"



Blocco AV completo in IMA

FASI

Fibrillazione ventricolare

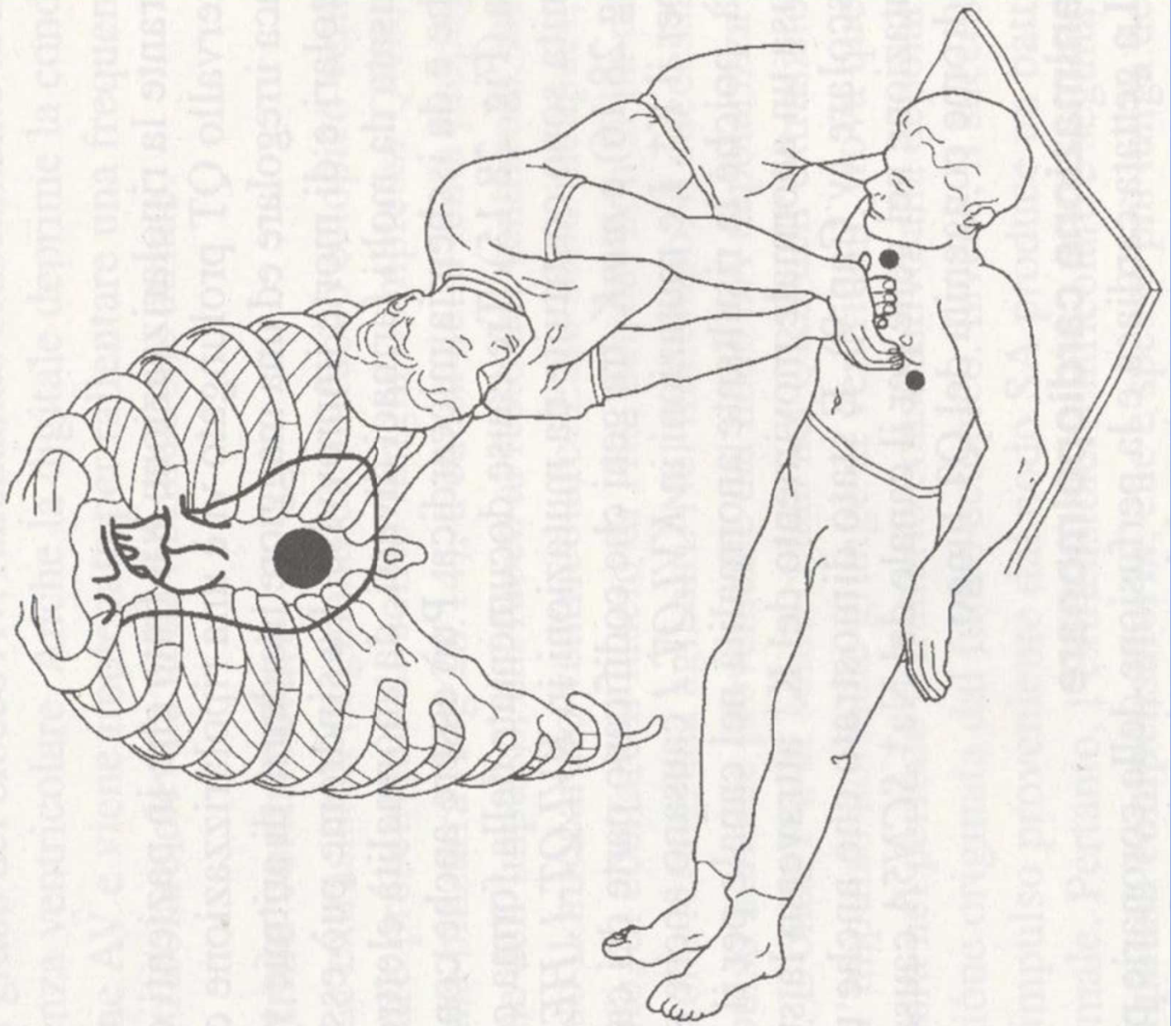


*trattamento con
defibrillatore*

ECG

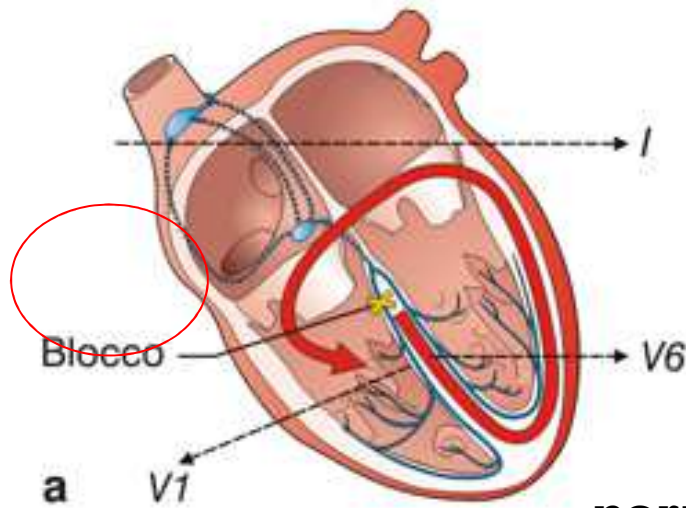


h

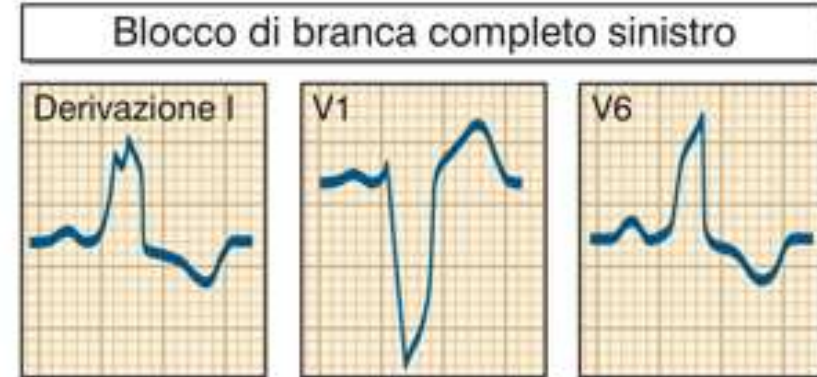
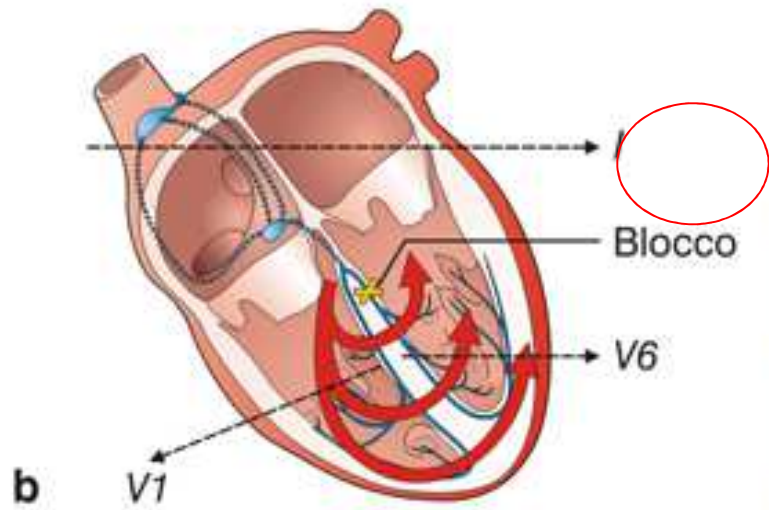
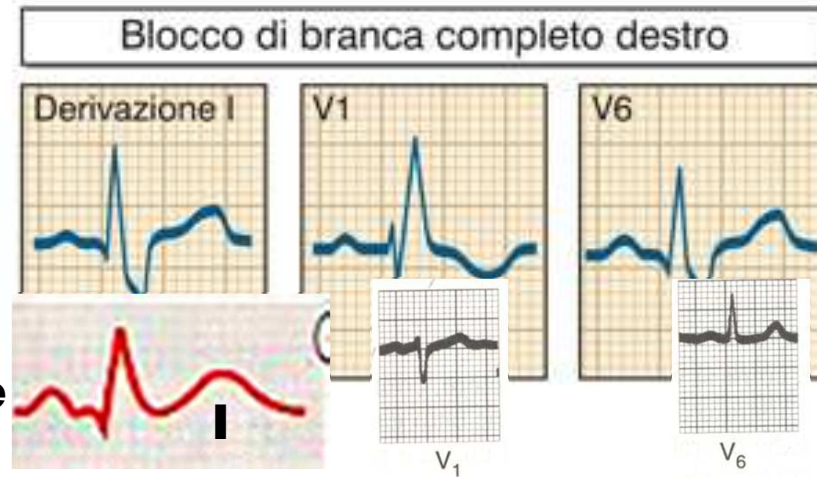


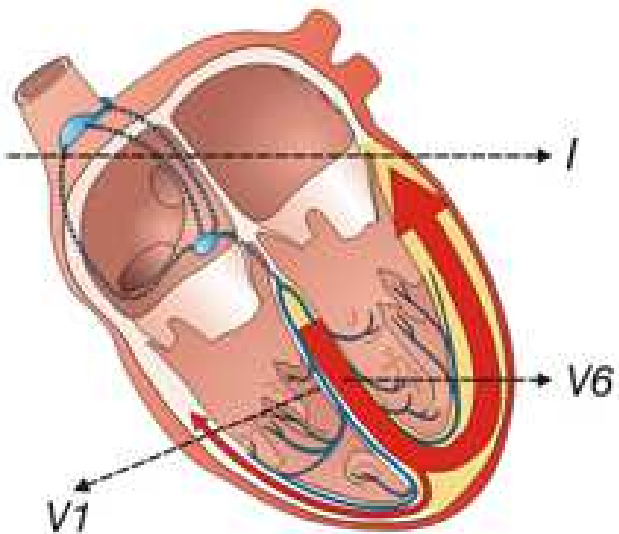
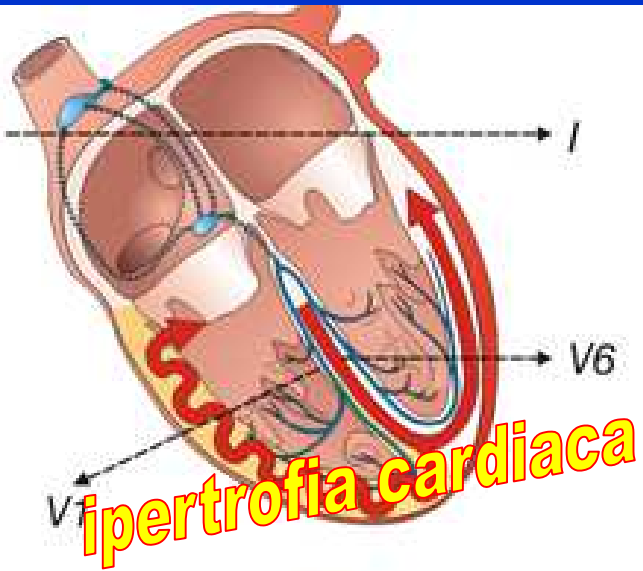
modificazioni temporali e di forme

EKG

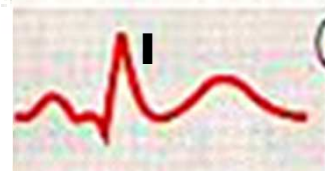
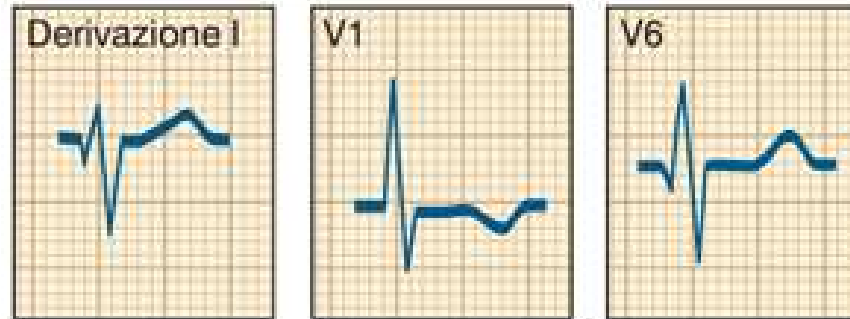


normale

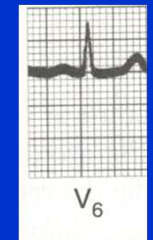
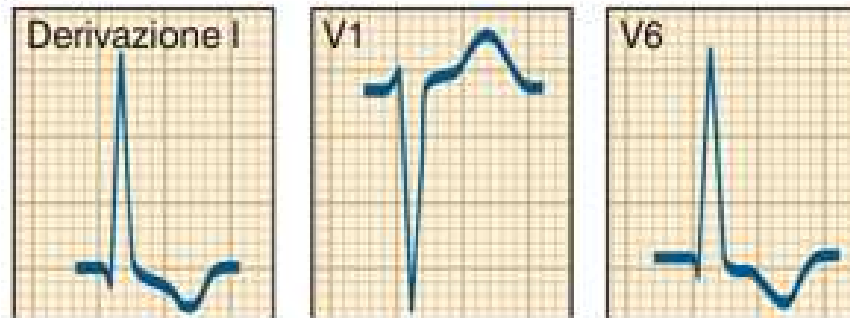




Ipertrofia destra



Ipertrofia sinistra

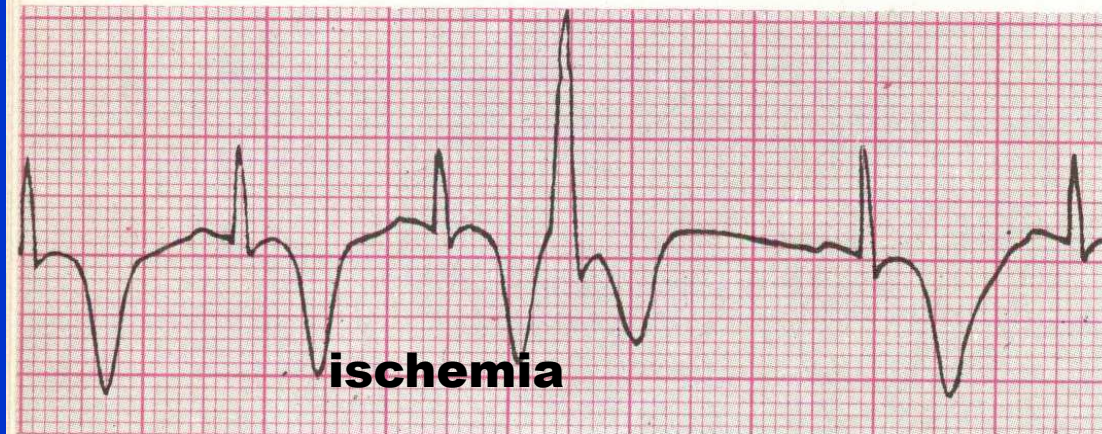


normale

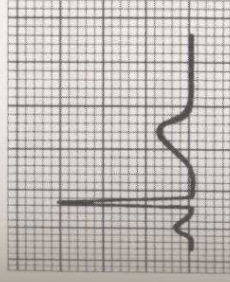
alterazioni ECG ischemia e infarto



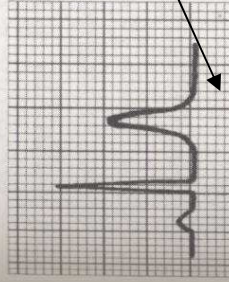
B



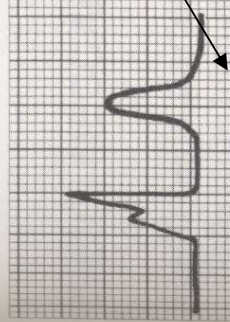
K⁺ e modificazioni ECG



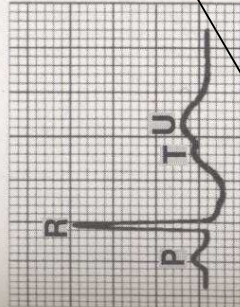
Tracciato normale (K⁺ nel plasma 4-5,5 mEq/l). Intervallo PR = 0,16 s, intervallo QRS = 0,06 s; intervallo QT = 0,4 s (normale per una frequenza cardiaca di 60).



Iperpotassiemia (K⁺ nel plasma \pm 7,0 mEq/l). Gli intervalli PR e QRS sono entro i limiti normali. Compaiono onde T molto appuntite, alte e sottili.



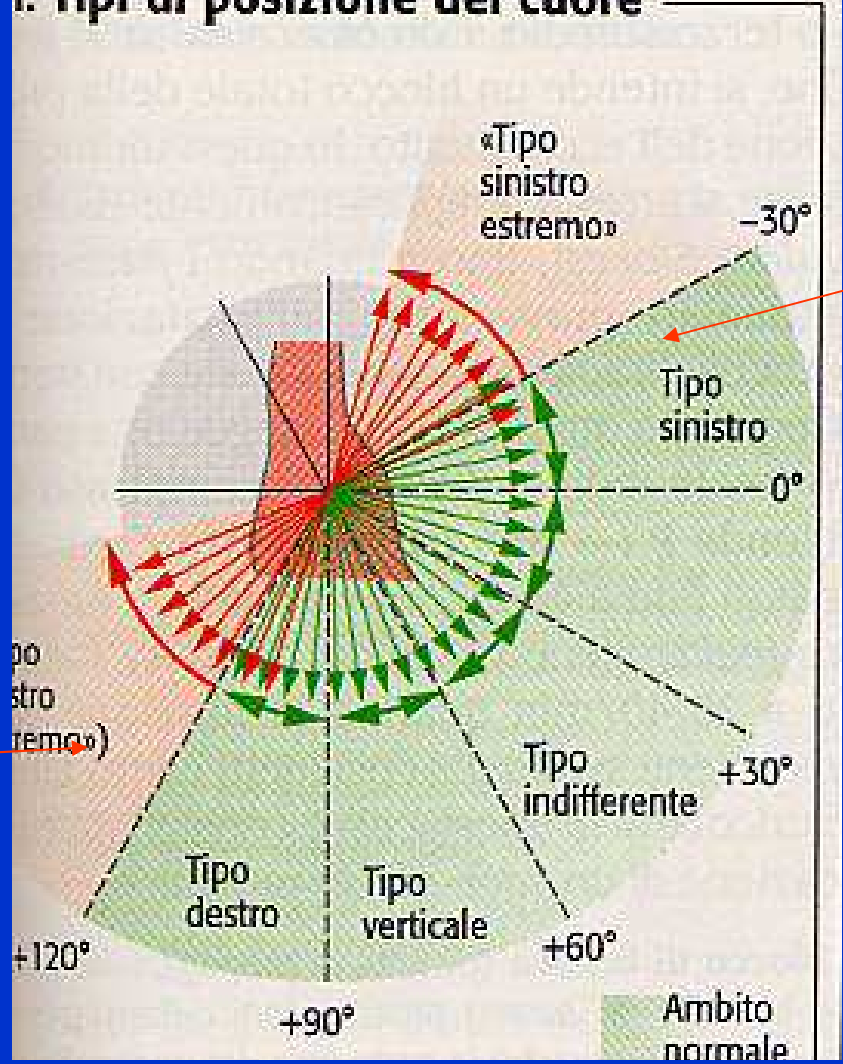
Iperpotassiemia (K⁺ nel plasma \pm 8,5 mEq/l). Nessun segno di attività atriale; il complesso QRS è largo e irregolare e l'intervallo QRS raggiunge 0,2 s. L'onda T rimane alta e sottile. Un'ulteriore elevazione della potassiemia può portare alla tachicardia ventricolare o alla fibrillazione ventricolare.



Ipotassiemia (K⁺ nel plasma \pm 3,5 mEq/l). Intervallo PR = 0,2 s; intervallo QRS = 0,06 s; depressione del segmento ST. Un'accentuata onda U segue immediatamente la T. L'intervallo QT effettivo rimane di 0,4 s. Se l'onda U venisse erroneamente considerata parte della T, l'intervallo QT risulterebbe falsamente prolungato a 0,6 s.

asse cardiaco

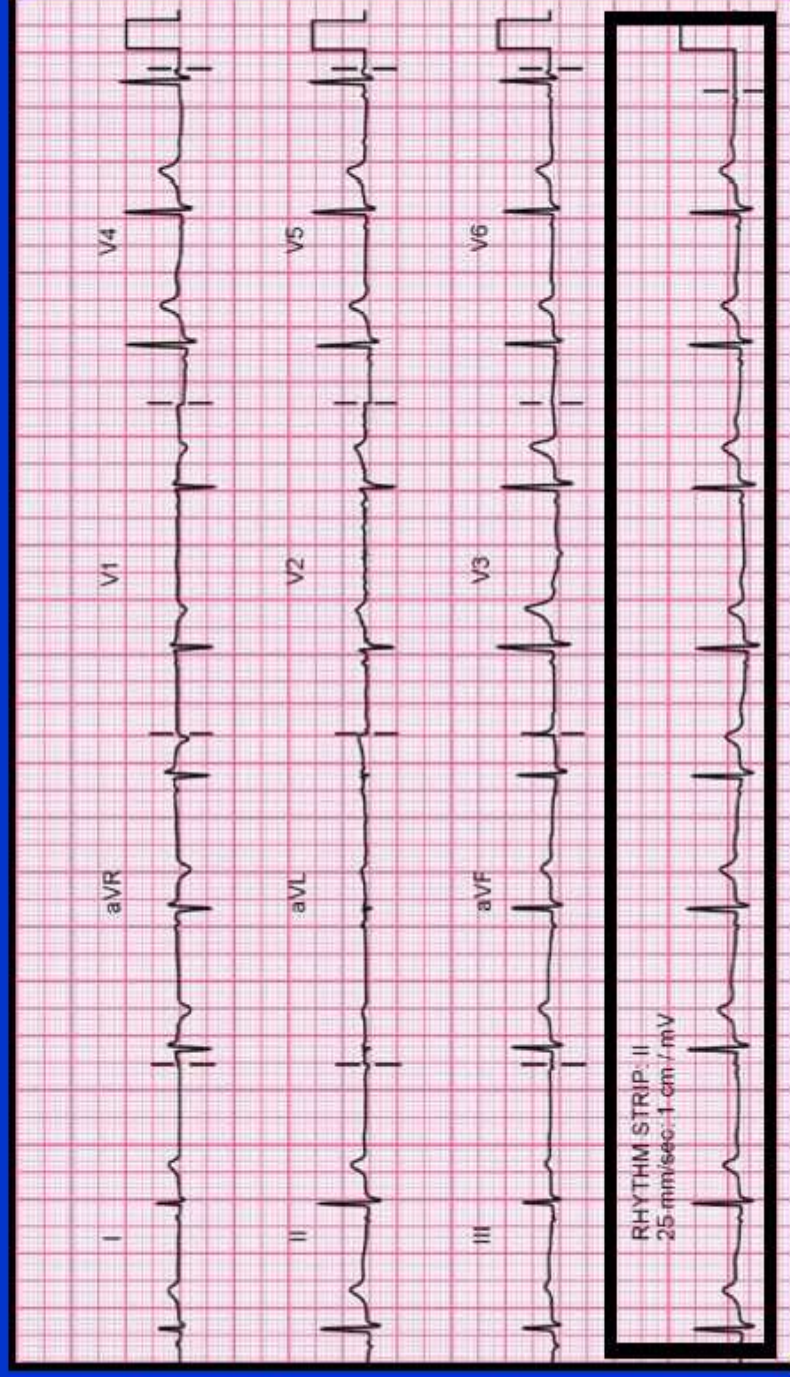
1. Tipi di posizione del cuore



**Enfisema
Iperkalemia
Blocco Sx**

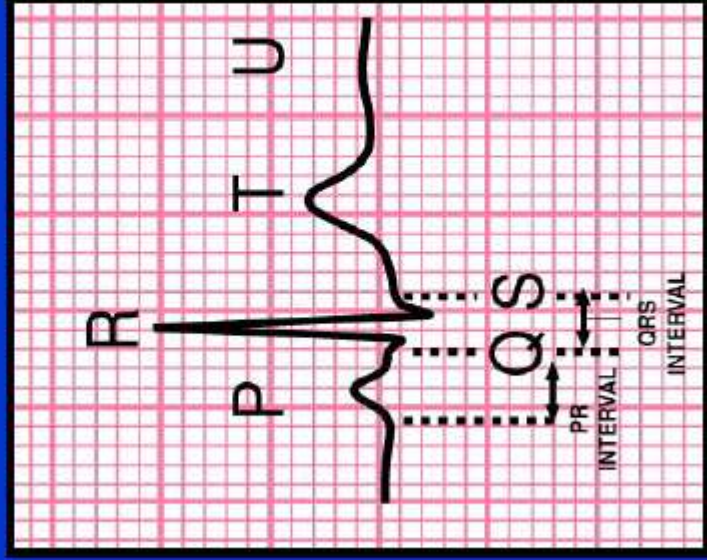
**Ipertrofia Dx
Blocco Dx
Malattie polmonari**

12 lead ECG



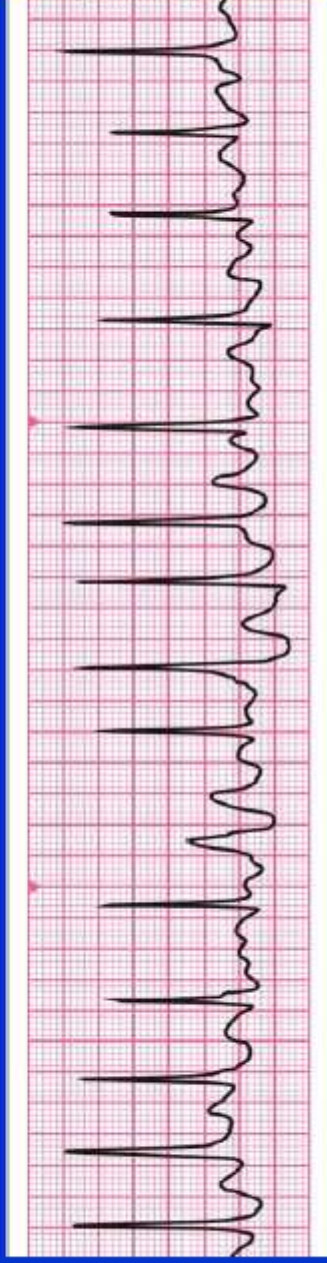
The QRS complex

- PR interval – 0.12 - 0.2 secs (3-5 small squares)
- QRS = ventricular depolarisation < 0.12 secs (< 3 small squares)
- ST segment = isoelectric
- T wave = usually positive, except AVR (possibly V1)



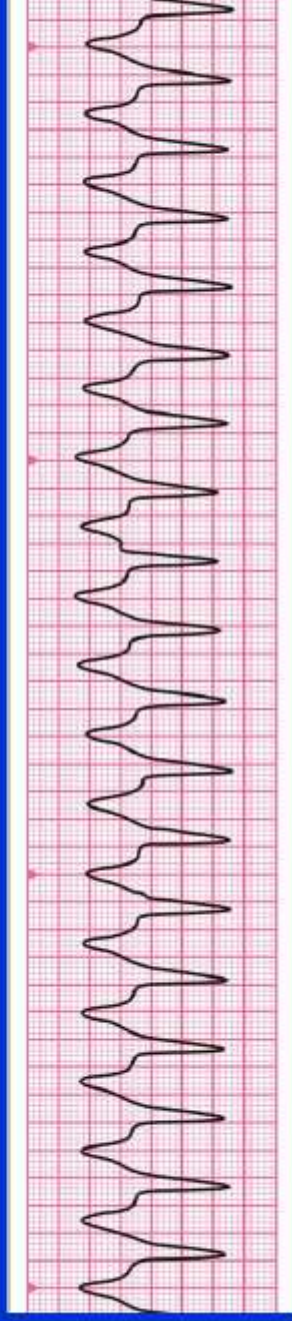
Is the QRS rhythm regular or irregular?

- Unclear at rapid heart rates
- Compare R-R intervals
- Irregularly irregular = AF

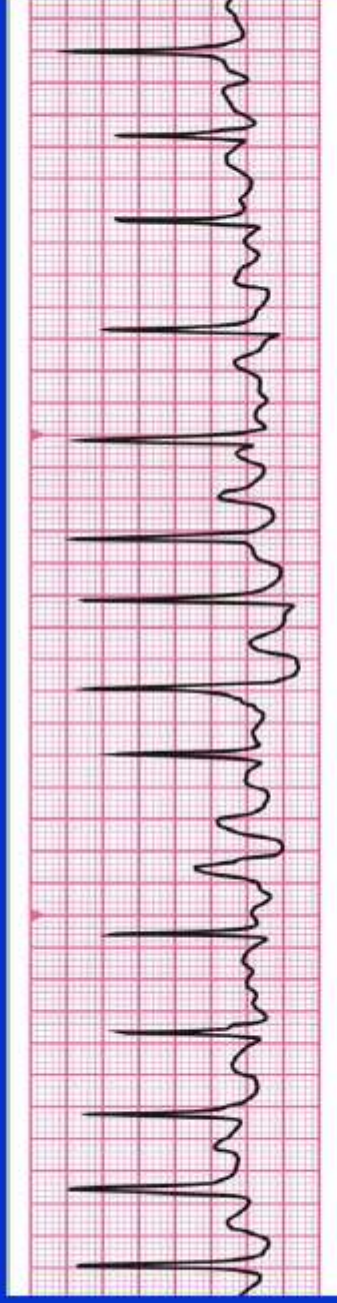


Is the QRS width normal or prolonged?

- Prolonged QRS (> 0.12 s) arises from:
 - ventricular myocardium
 - supraventricular with aberrant conduction
 - paced rhythm

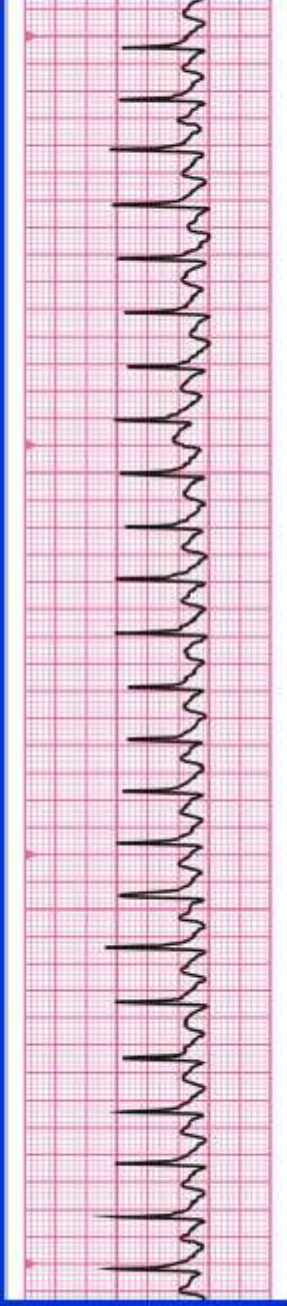


Atrial fibrillation



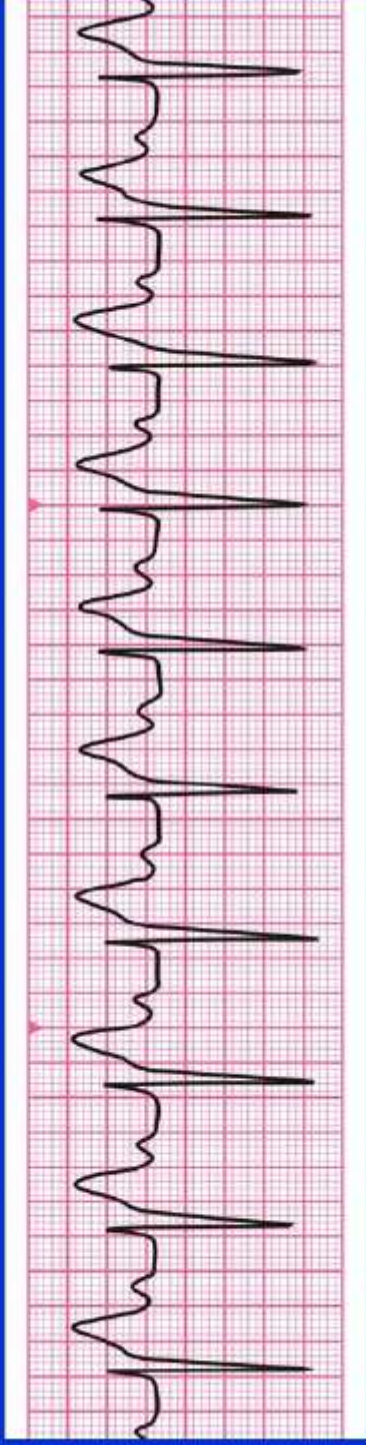
- Rate – atrial rate usually between 400-650bpm
- P wave – not present – ‘wandering’ baseline
- QRS – normal
- Conduction – variable AV conduction – if untreated ventricular response is usually rapid
- Rhythm == irregularly irregular

Atrial flutter

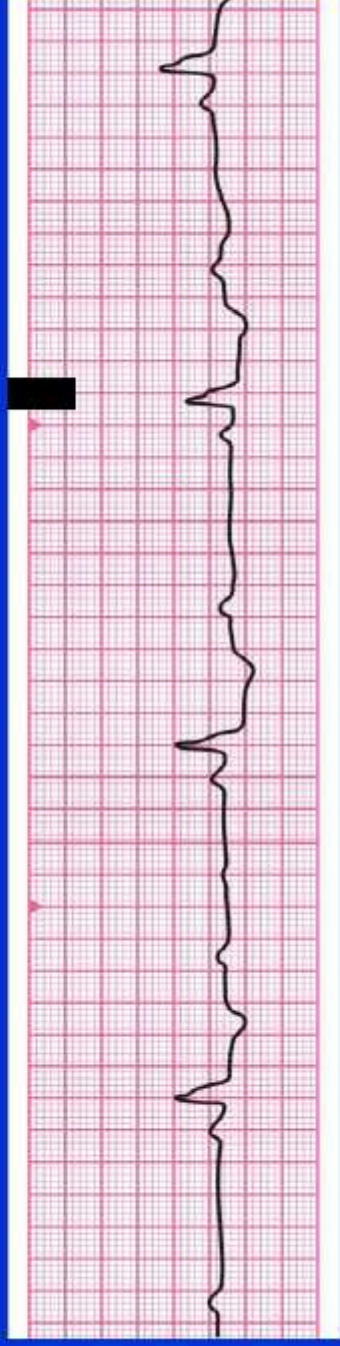
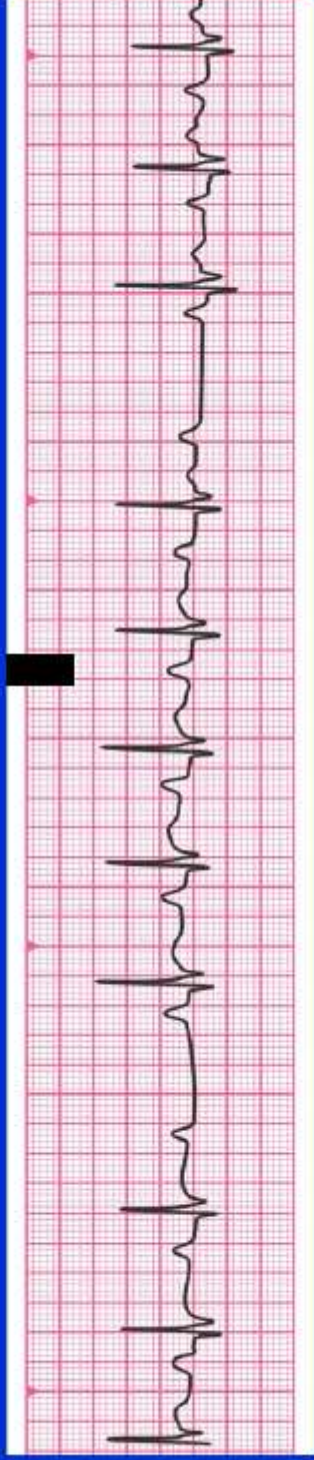


- Rate – atrial rate usually 300bpm. Ventricular rate depends on conduction through AV node
- P wave – ‘saw’ tooth pattern usually present
- QRS – normal
- Conduction – 2:1 most common but can be variable
- Rhythm – usually regular but can be irregular if AV block varies

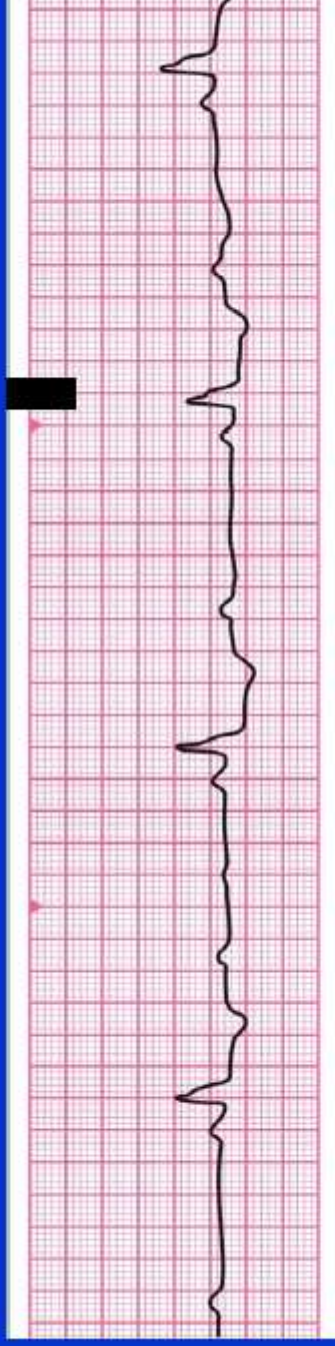
Heart Block: First Degree



Heart Block: Second Degree

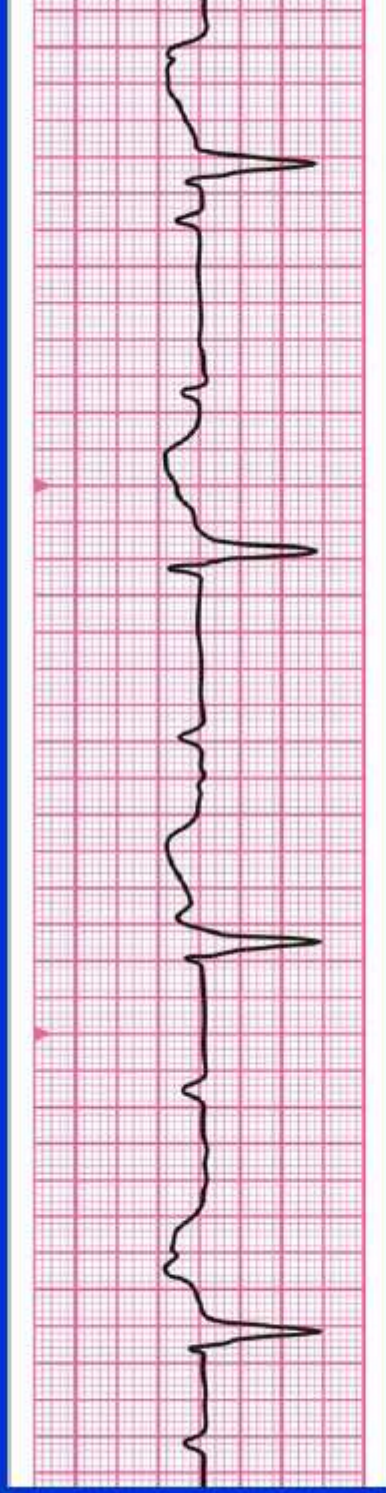


2:1 AV Block



- Rate – variable
- P wave – normal morphology
- QRS – normal
- Conduction – alternate P waves not followed by QRS complexes
- Rhythm - regular

Heart Block: Third Degree



- Site of pacemaker:
 - AV node $40 - 50 \text{ min}^{-1}$
 - Ventricular myocardium $30 - 40 \text{ min}^{-1}$

Heart block summary...

First degree heart block

- Prolonged PR interval but constant

2nd degree heart block

Mobitz type I AV block (Wenckebach):

- Gradual lengthening of the PR interval with each beat, until one P wave fails to produce a QRS complex

Heart block summary...

Mobitz type II AV block:

- The PR interval is fixed and normal, but occasionally a P wave fails to produce a QRS complex

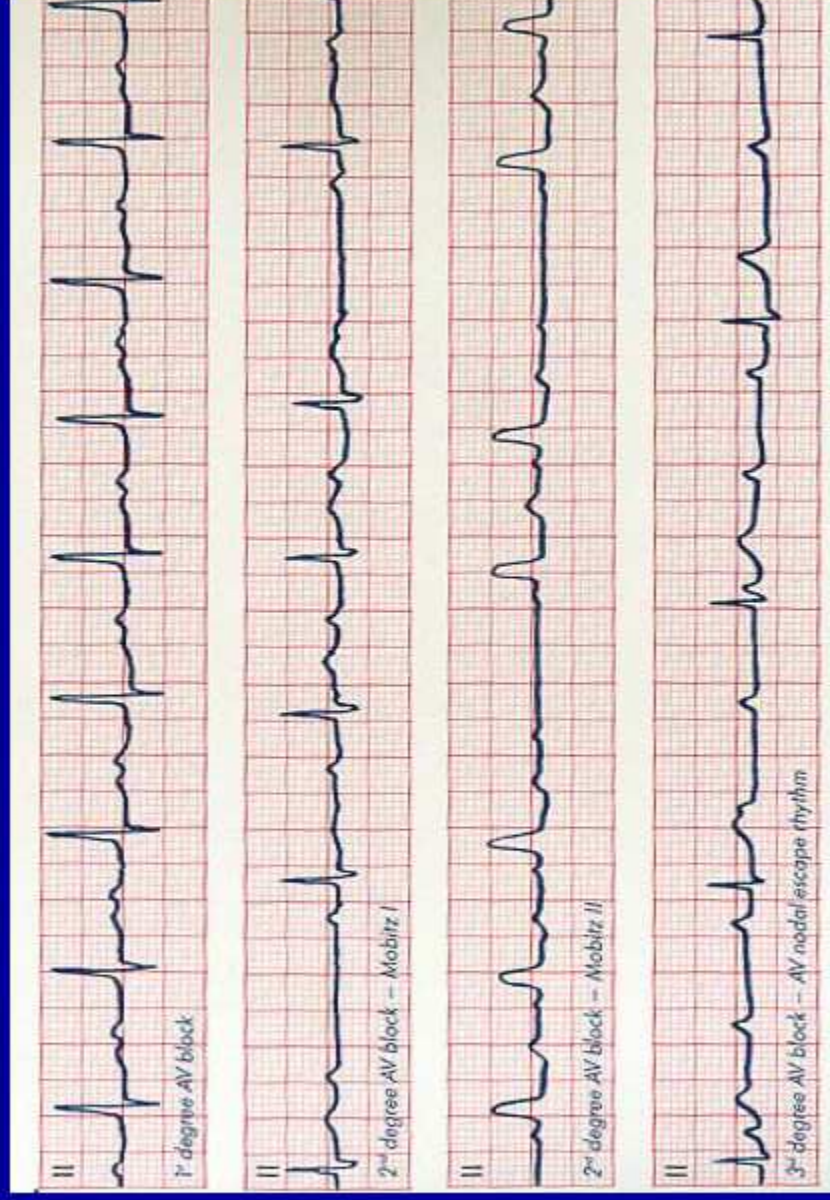
2:1 AV block:

- Alternate P waves are not followed by a QRS complex

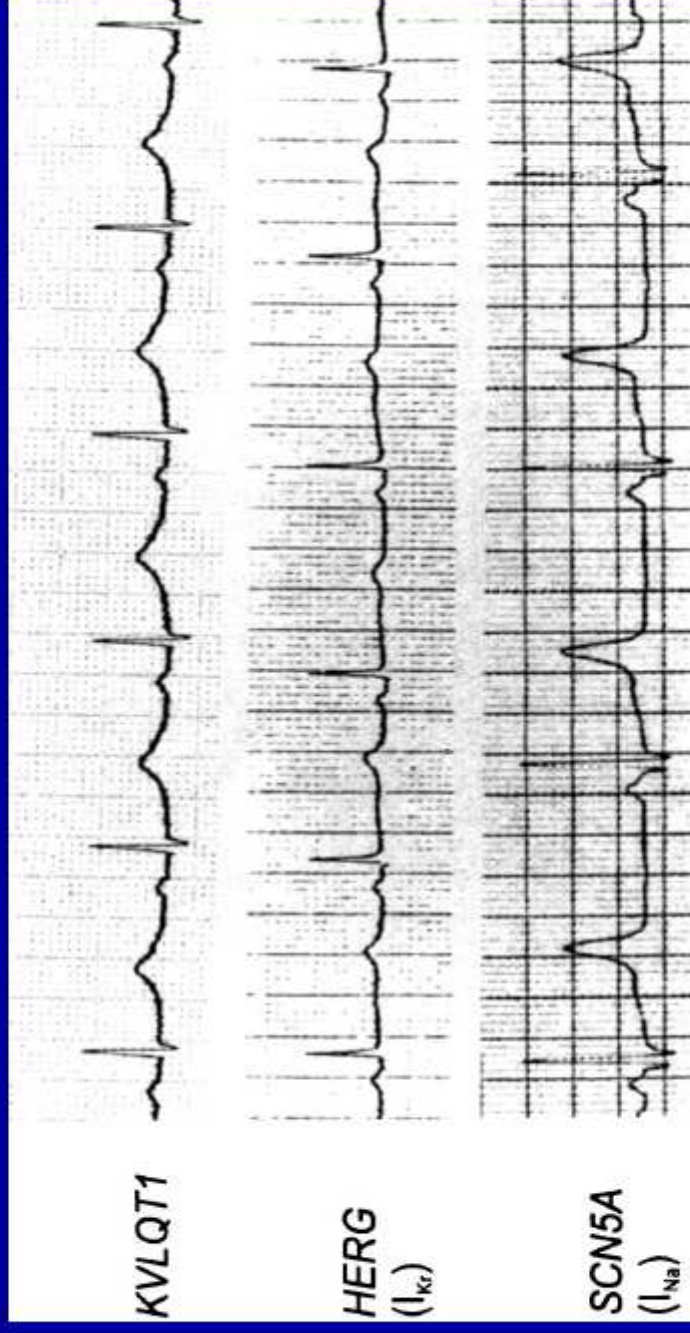
Third degree AV block (complete heart block)

- There is no relationship between P waves and QRS complexes

AV Block

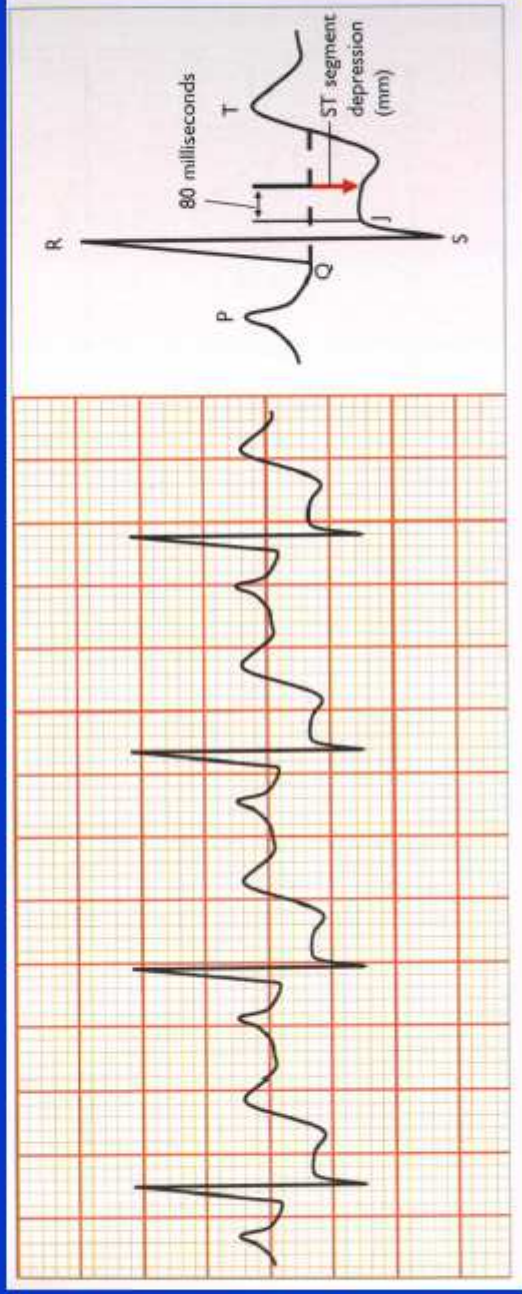


Gene-Specific ECG Patterns of LQTS

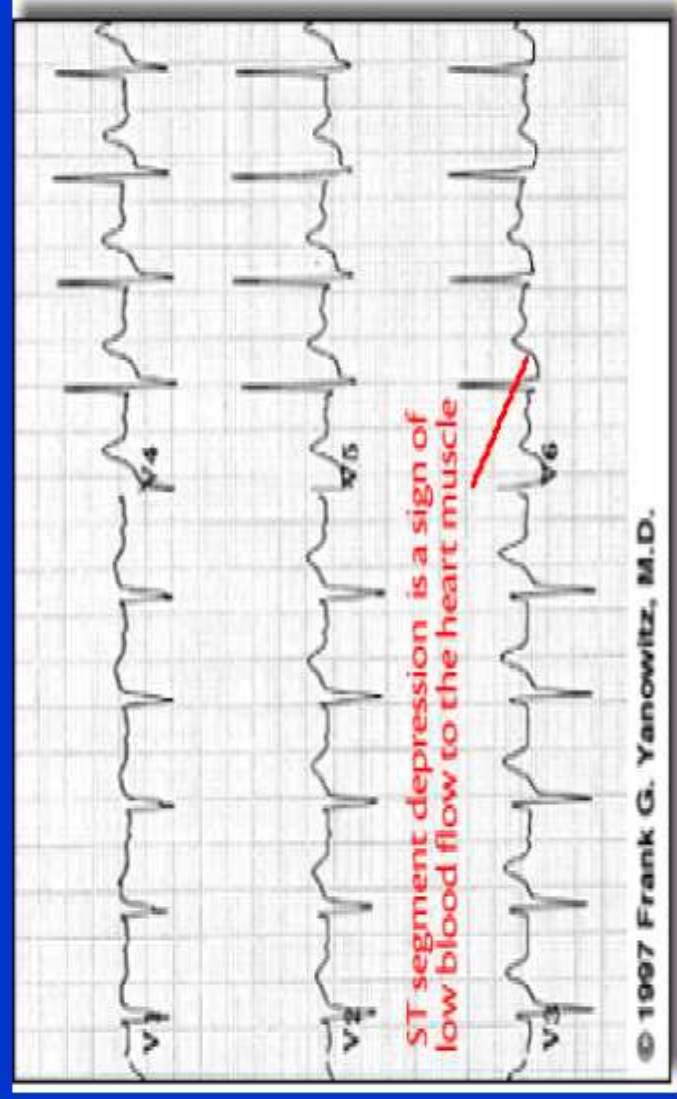


Adapted from Moss, et al, LQTS Registry, 1998

ST Depression



ST SEGMENT DEPRESSION



Phases of Myocardial Infarction

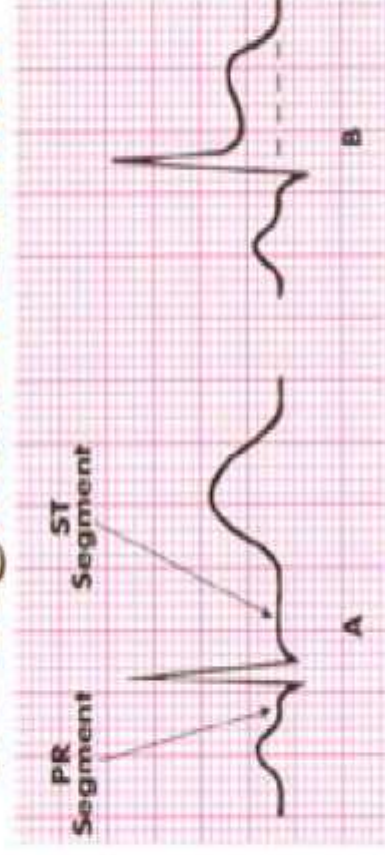
The relative age of myocardial infarction can be estimated by typical ECG changes.



- a) Normal ECG complex.
- b) **Acute phase:** within *minutes* to *hours* of the onset of infarction there is ST segment elevation, indicating acute zone of injury. During this time, reciprocal changes can also be seen. Giant upright T waves are also present. At this stage no QRS changes have occurred. Although such a pattern is frequently said to show *acute infarction*, no definitive evidence of infarction is shown.
- c) **Subacute phase:** within *hours* to *days* the R wave voltage has fallen and pathological Q waves have appeared. These changes are sufficient to prove the occurrence of infarction. The ST elevation is less pronounced and T wave inversion has appeared.
- d) **Evolving phase:** within *one or more weeks* the ST segment changes revert to normal. The R wave voltage remains reduced and the pathological Q wave persists. Deep symmetrical T wave inversion occurs.
- e) **Resolved:** *months* after the infarction the T waves may gradually return to normal. The pathological Q waves and reduced R wave voltage persists.

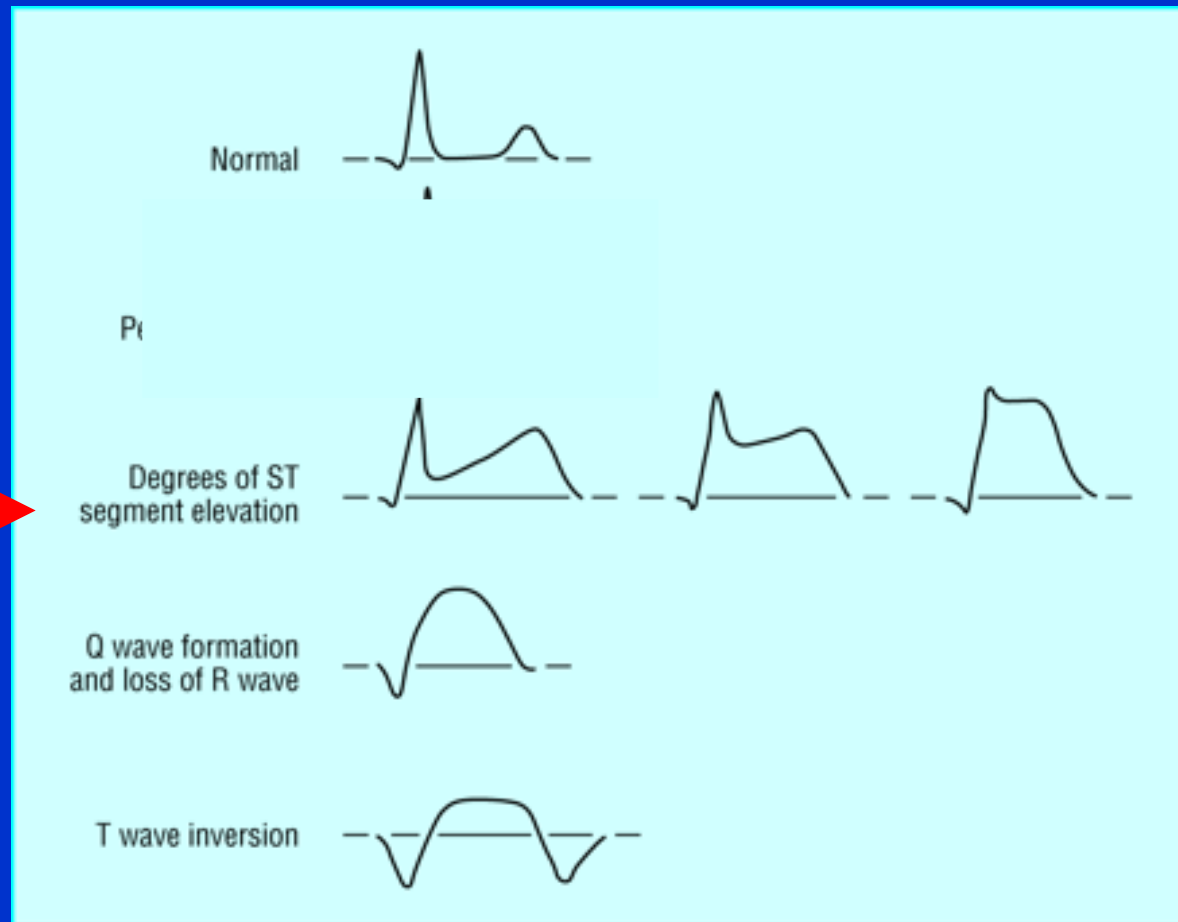
ST Segment Elevation

ST Segment Elevation

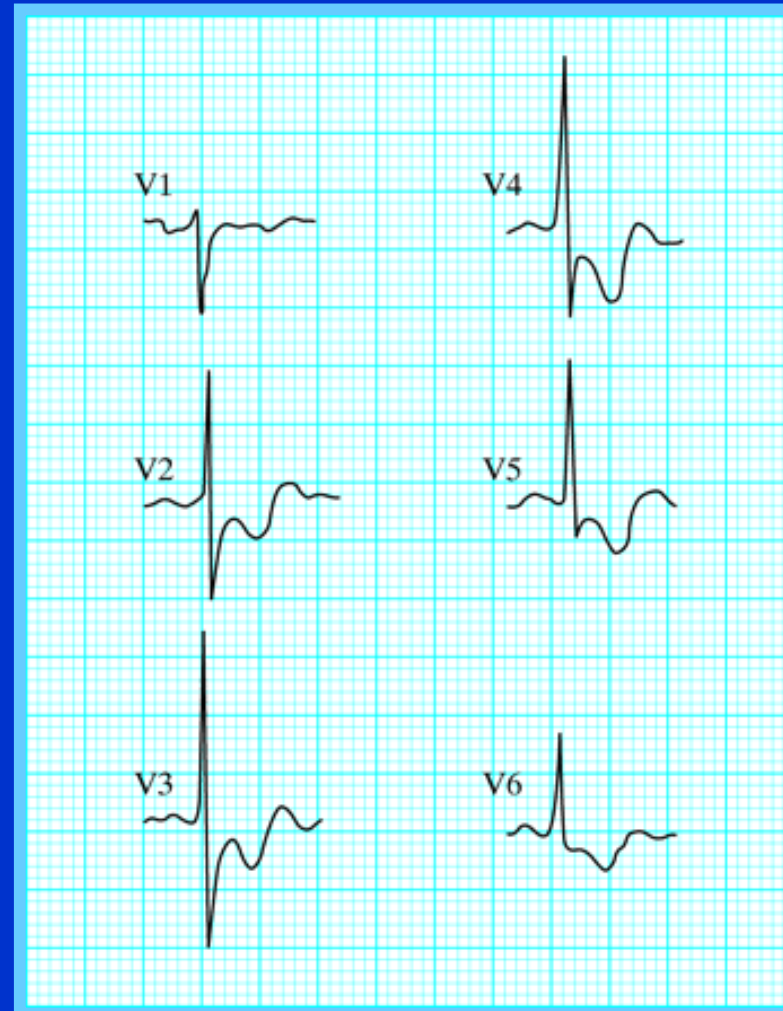


- ↑ 1 mm above baseline (limb)
- ↑ 2 mm above baseline (chest)
- .08 sec to right of J point
- Look for in two or more leads facing same area

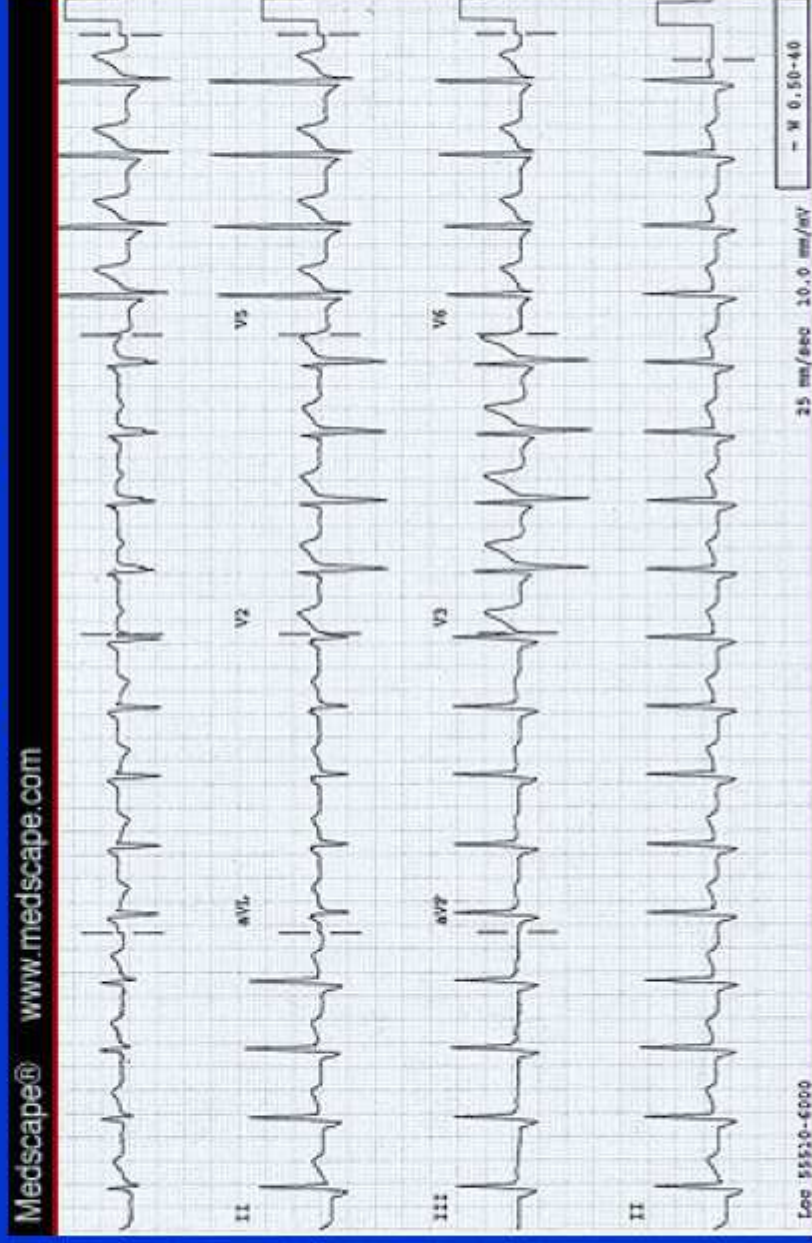
Sopraslivellamento del tratto ST



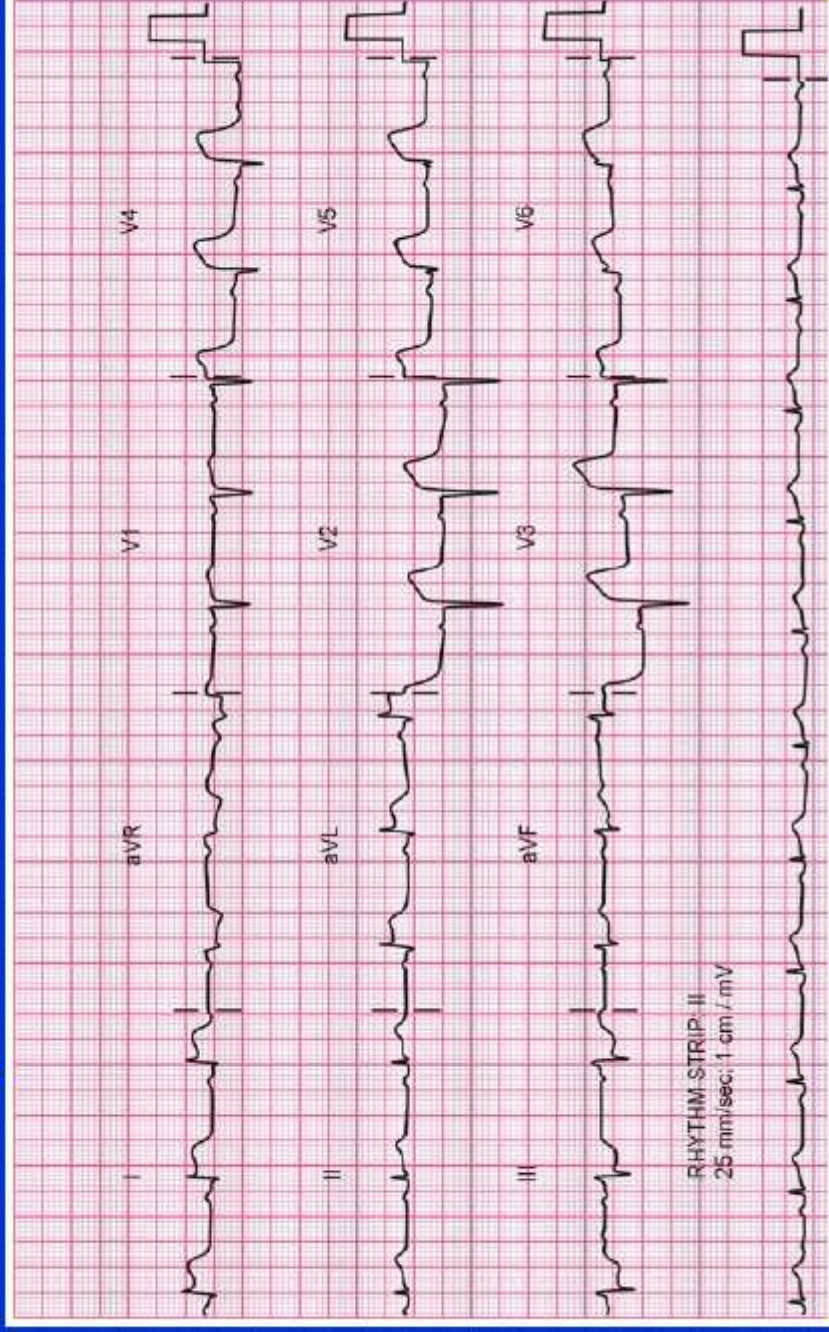
Sottoslivellamento ST diffuso e onda T negativa in un malato con angina instabile



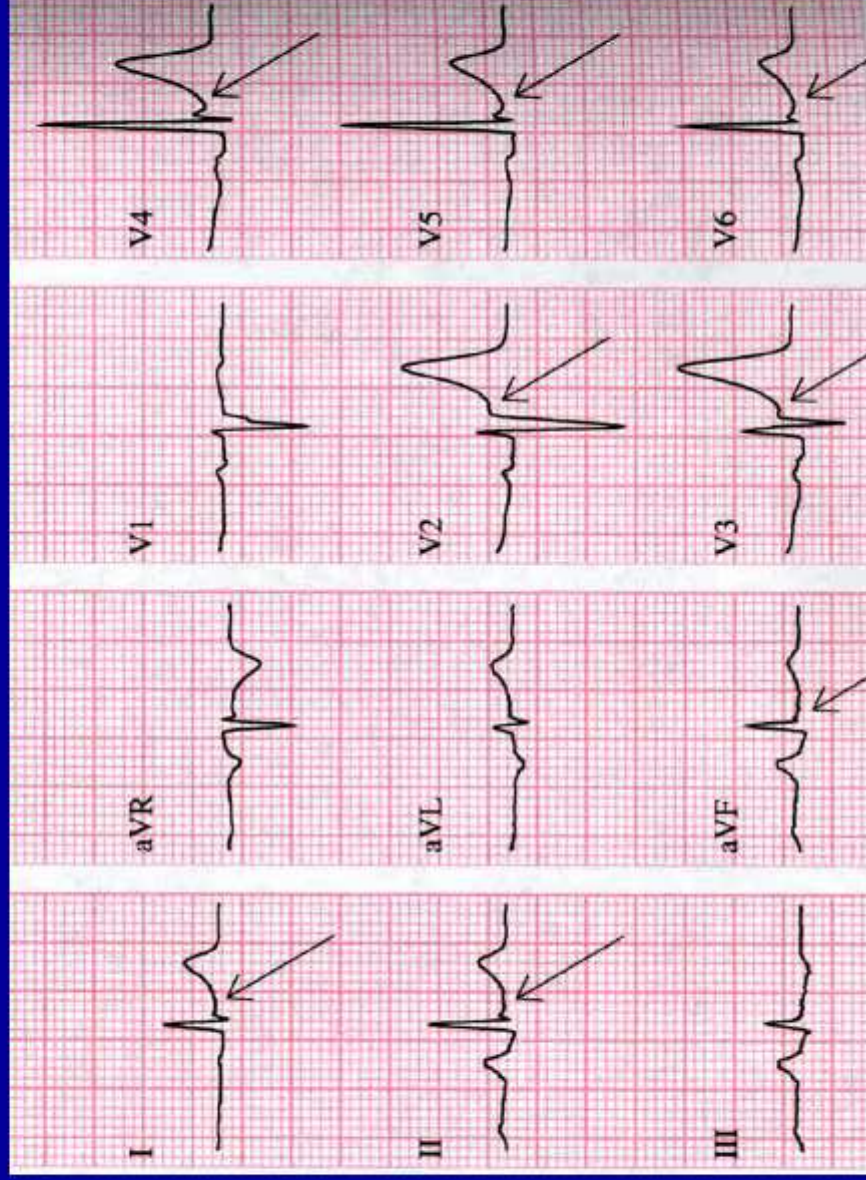
Pathological Q Waves



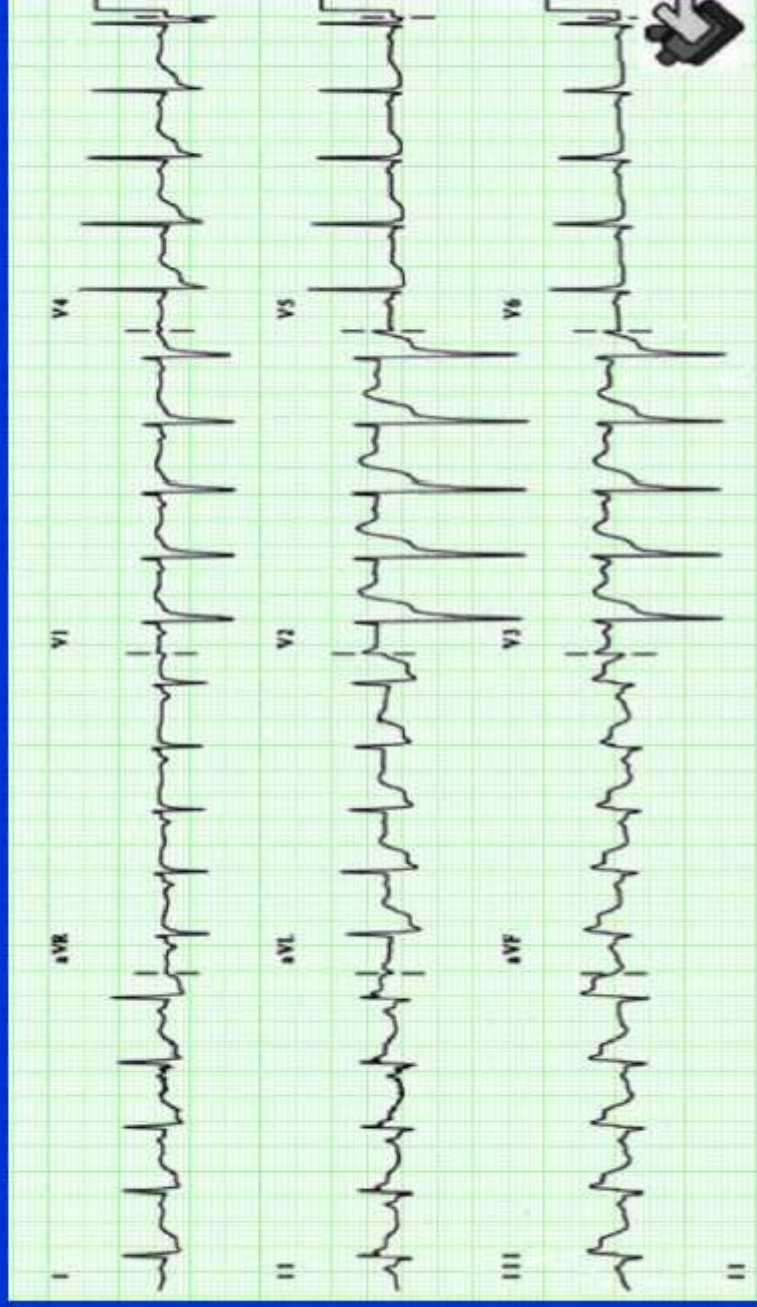
Antero-lateral myocardial infarction



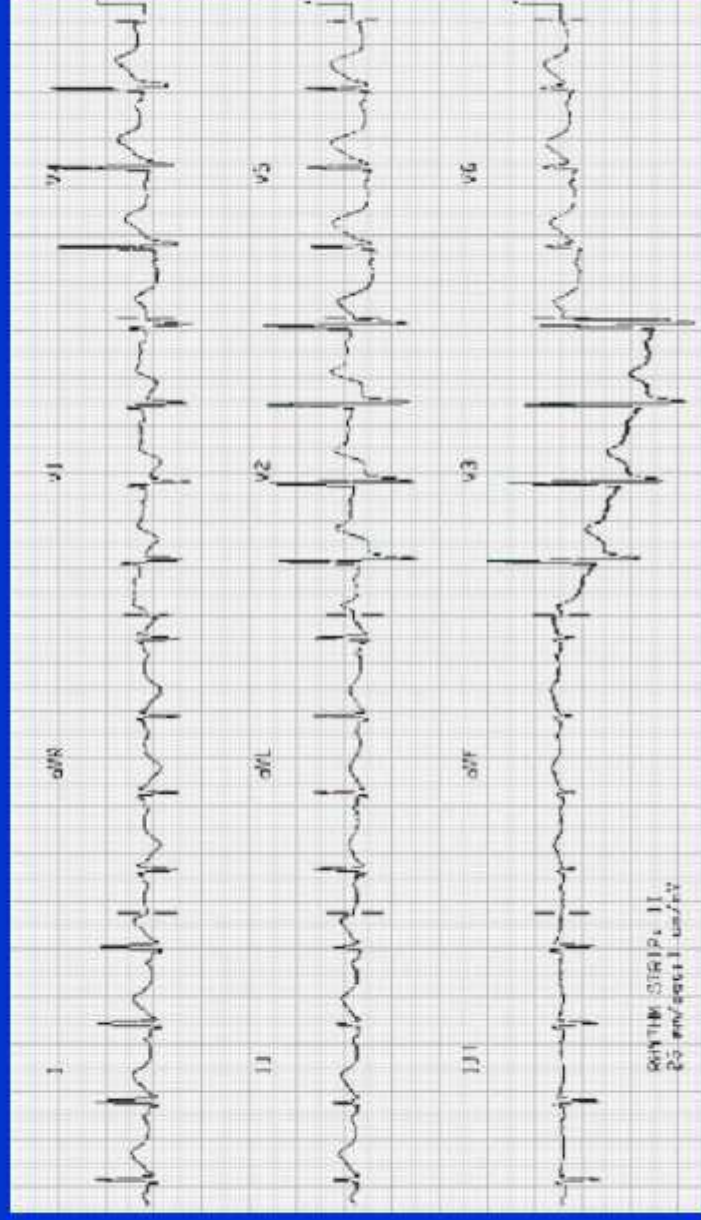
Acute Pericarditis



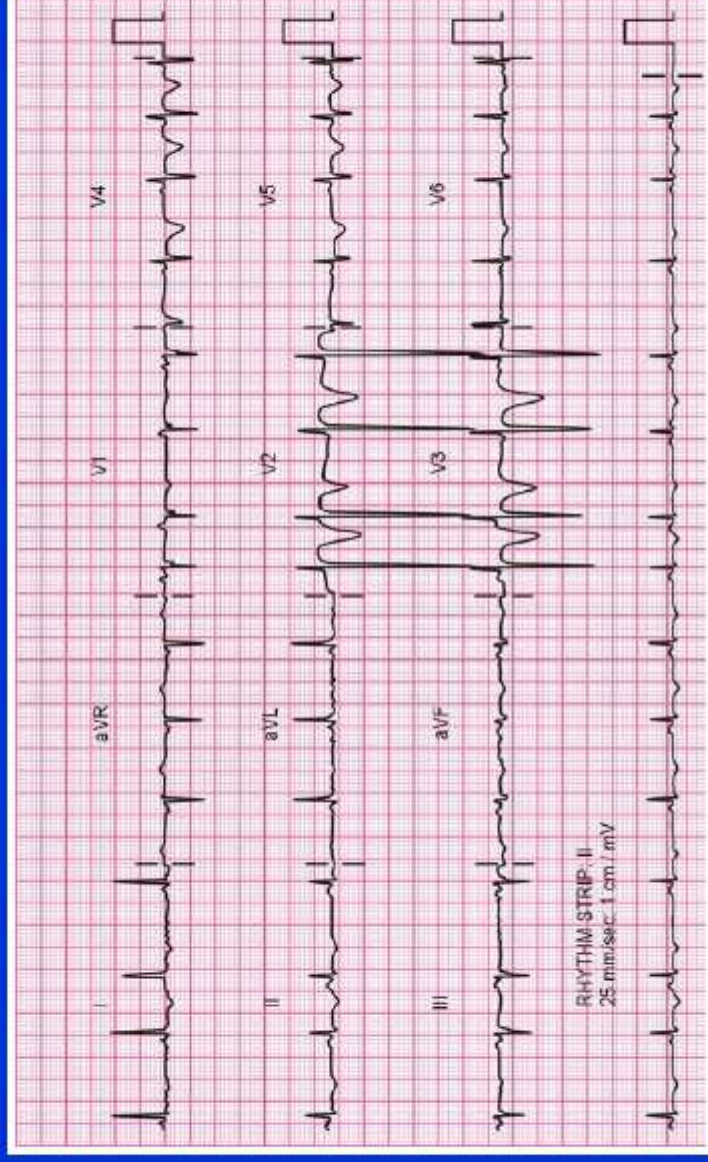
Inferior MI



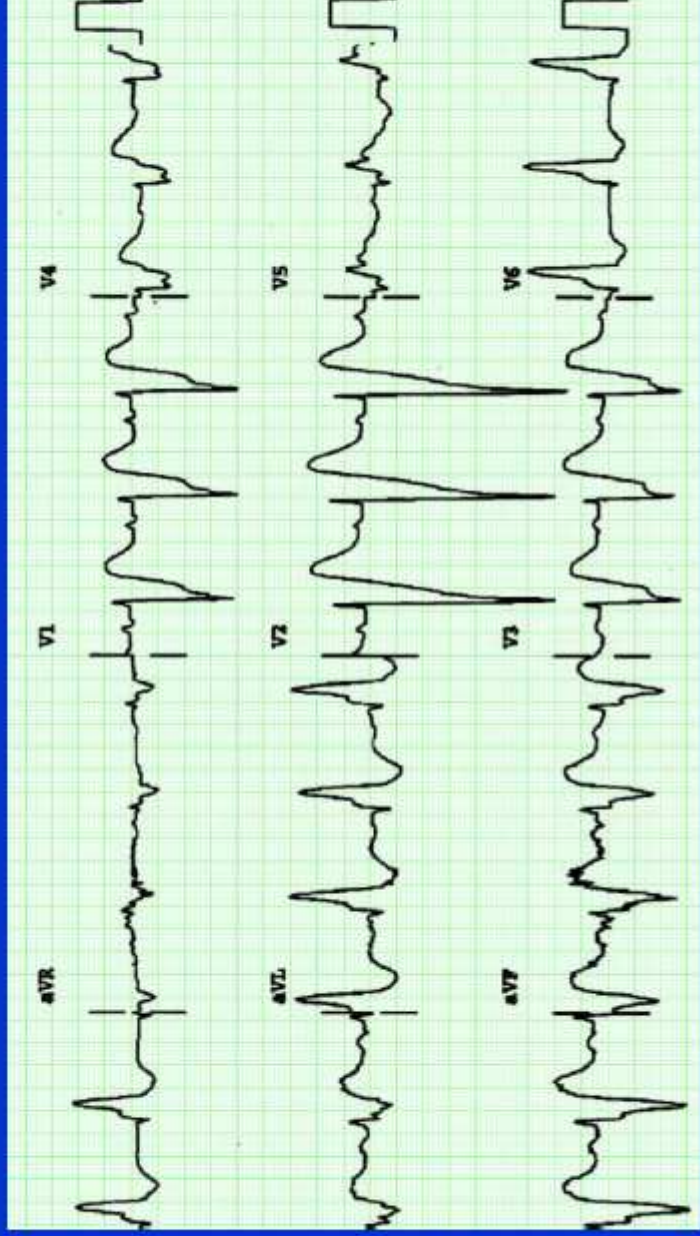
Posterior MI



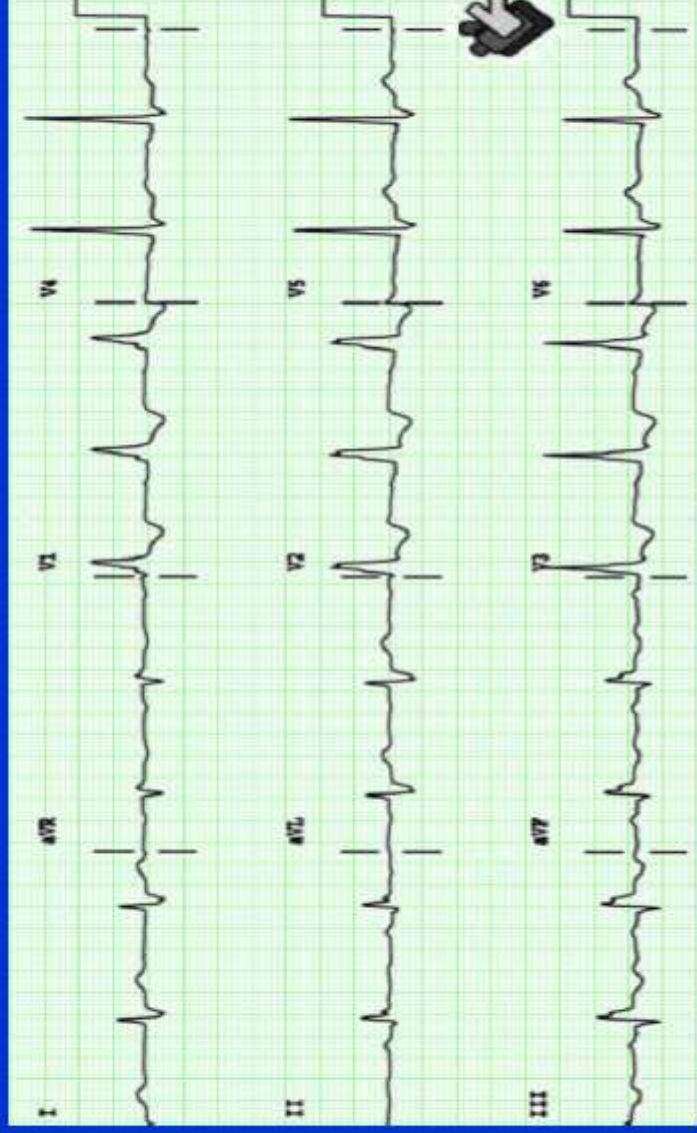
Non ST elevation MI



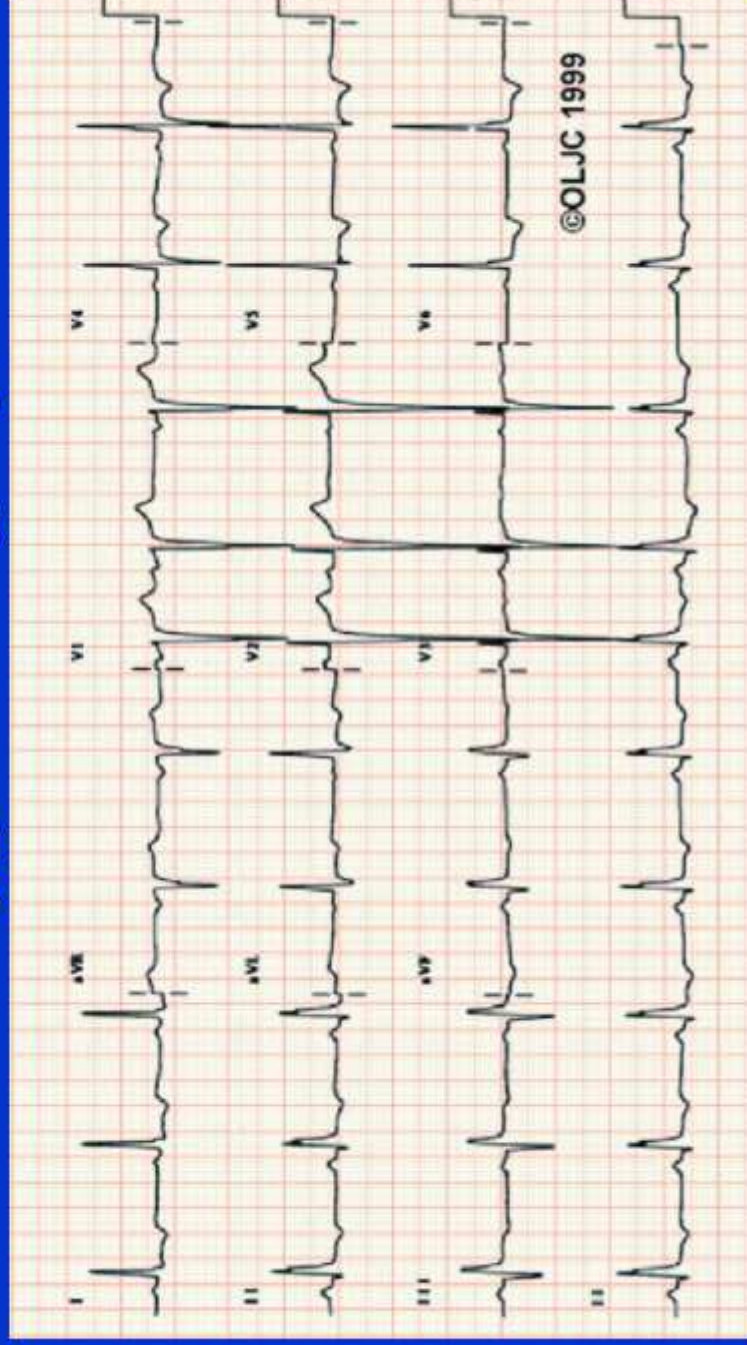
Left Bundle Branch Block



Right Bundle Branch Block



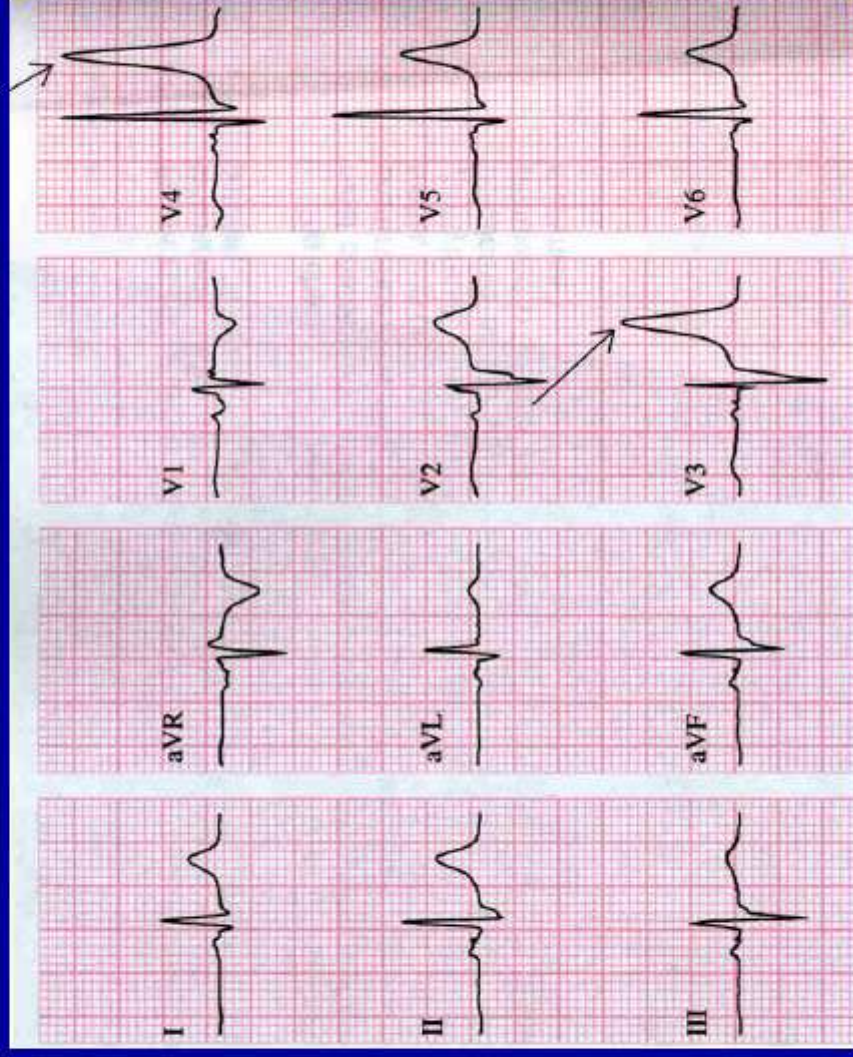
Left Ventricular Hypertrophy



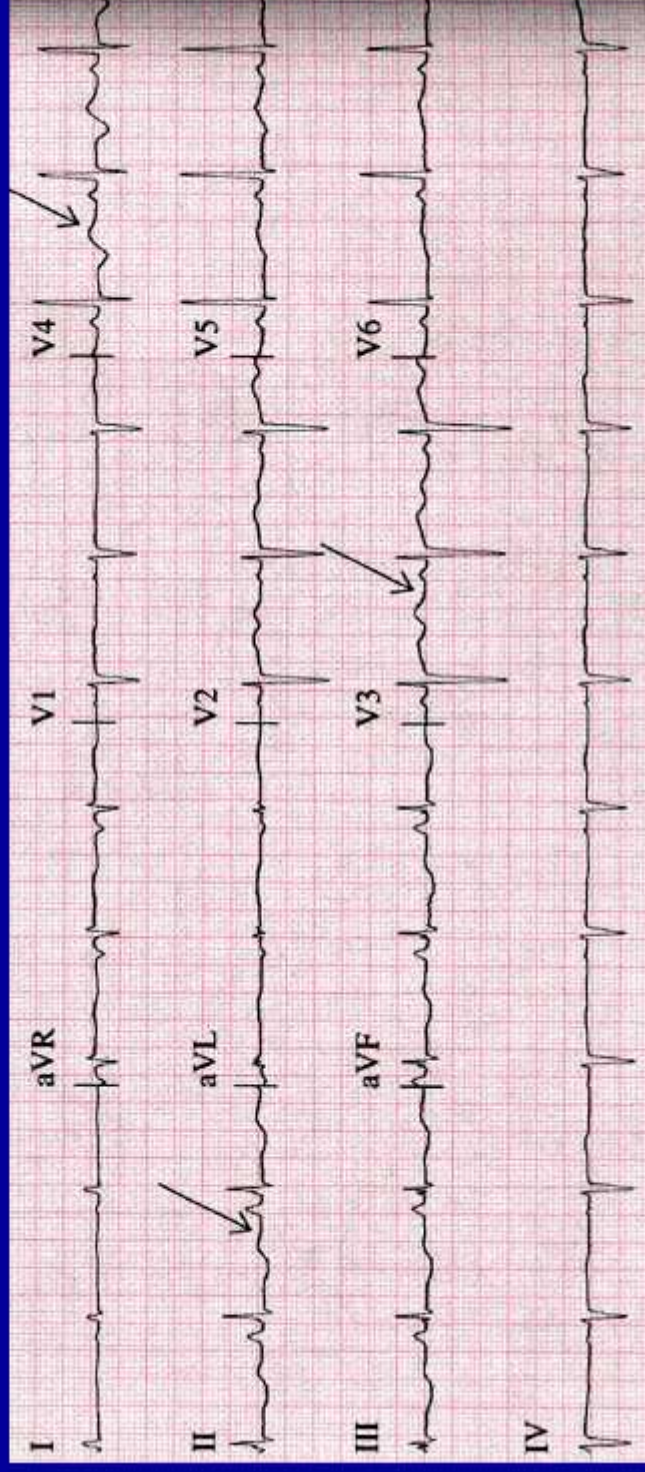
Left Ventricular Hypertrophy Voltage Criteria

- The R wave in V5 or V6 exceeds 25mm
- The S wave in V1 or V2 exceeds 25mm
- The total of the R wave in V5 or V6 plus the S wave in V1 or V2 exceeds 35mm
- NB – not for young, thin individuals
- A diagnosis of LVH can only be confirmed by Echocardiography

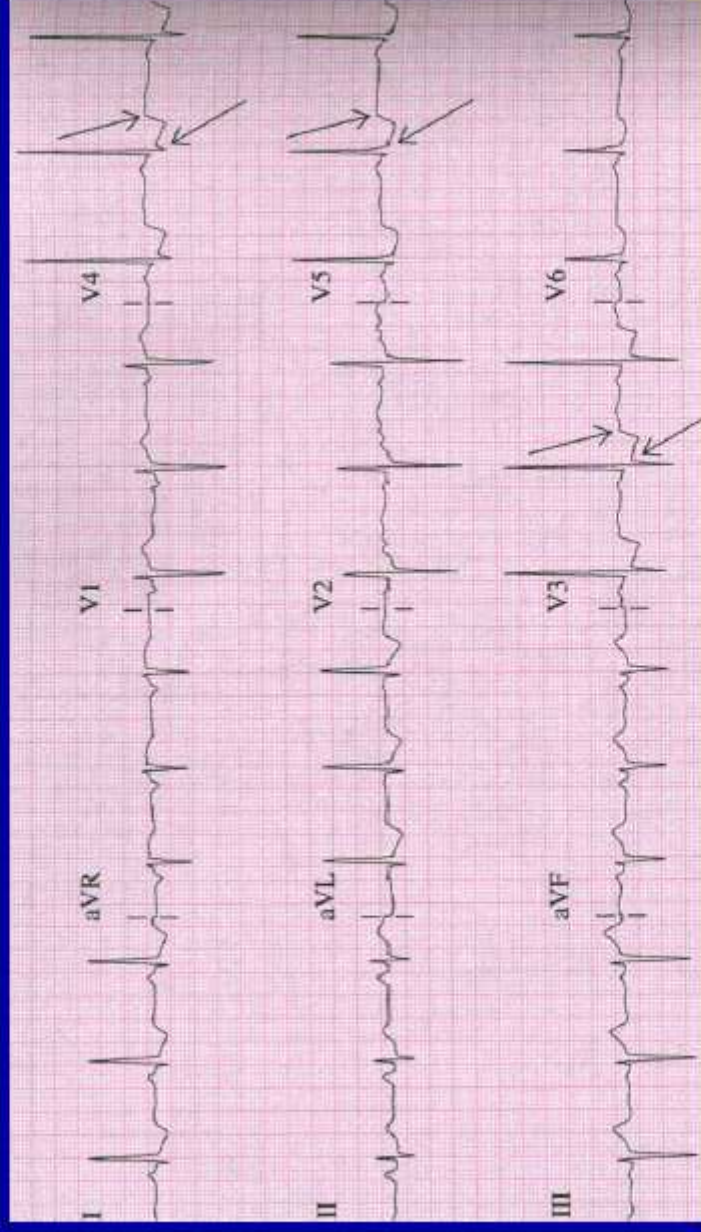
Hyperkalemia

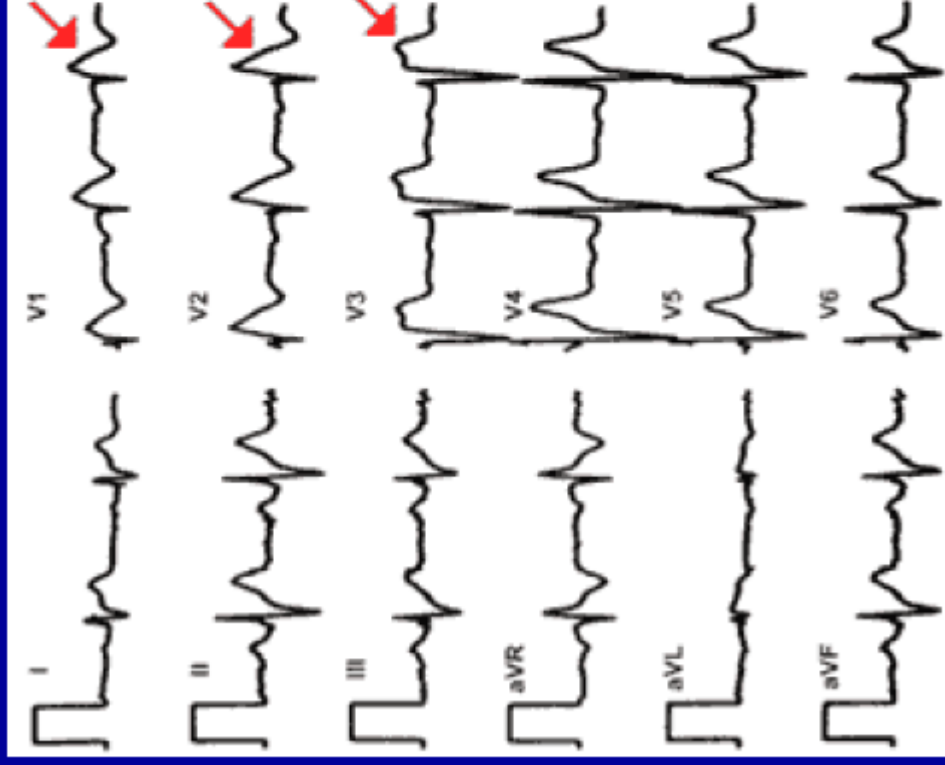


Гипокалемия



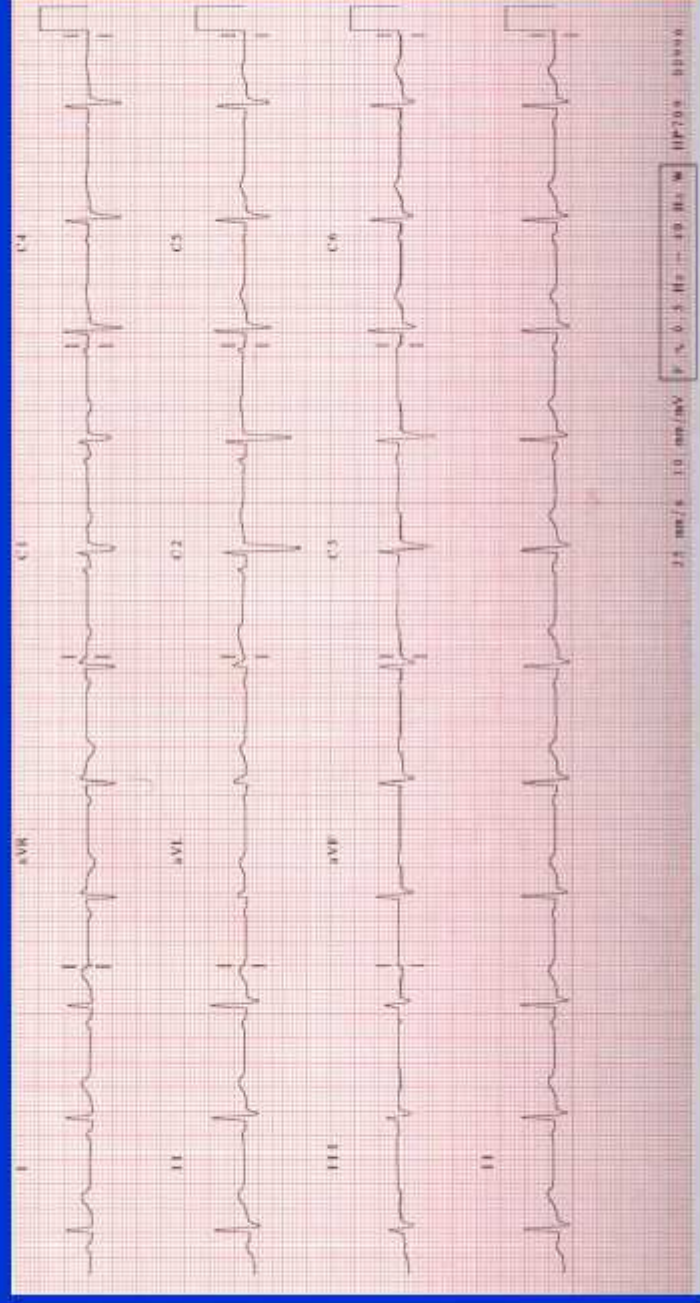
Digoxin Effect



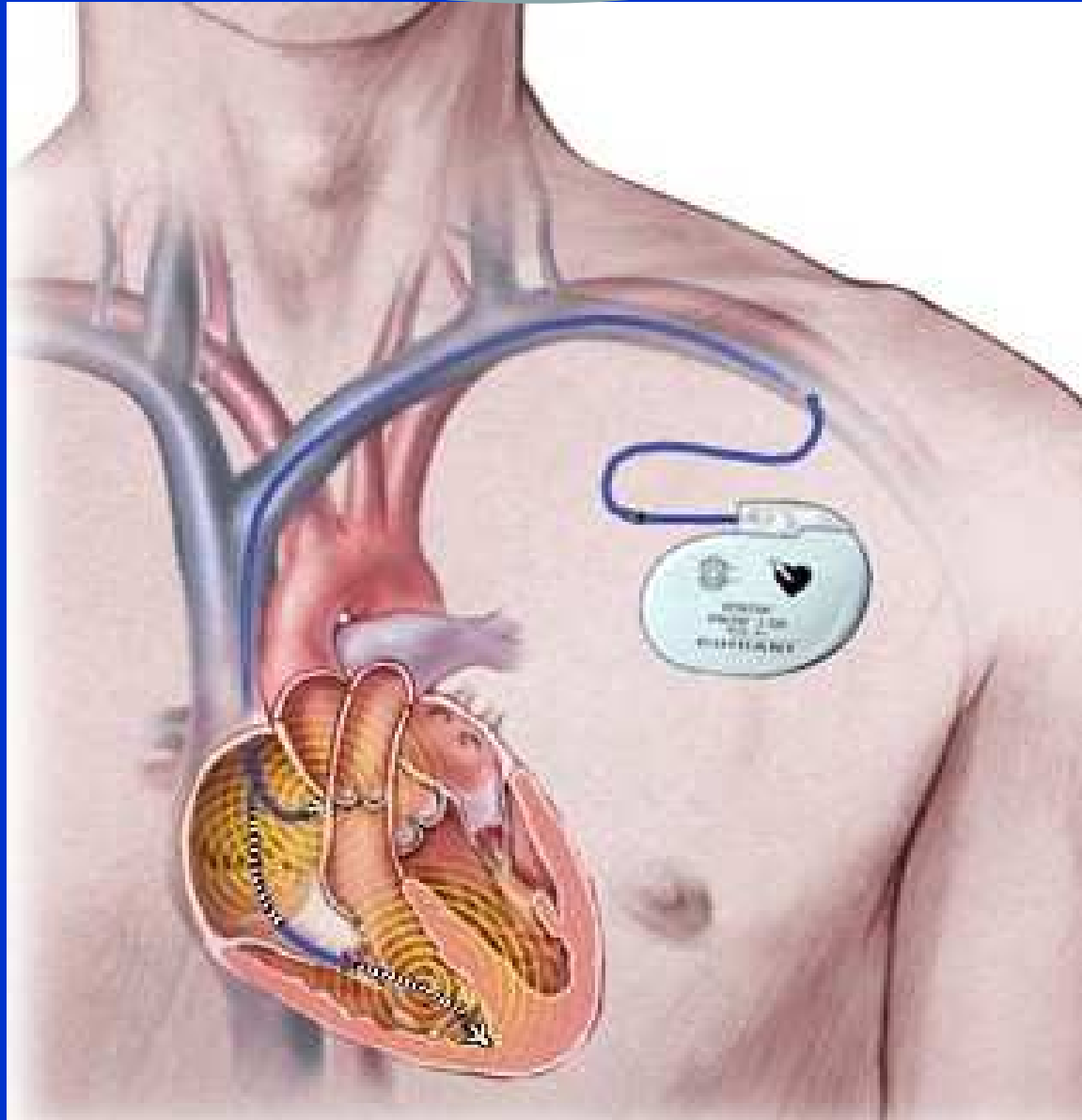


Typical ECG of Brugada syndrome:
Note the pattern resembling a right bundle branch block, the P-R prolongation and the ST elevation in leads V1-V3.

Resting ECG



Pacemaker
artificiale



Approach to Pacemaker Evaluation(1)

◆ Assess underlying

rhythm:

- 100% paced whether there is a non-paced intrinsic rhythm with a pacemaker functioning in demand mode



Approach to Pacemaker Evaluation(2)

- ◆ Determine the chamber(s) PACED
 - Determine the relationship of pacing spikes to P waves and QRS complexes



Atrial(A)
paced beats



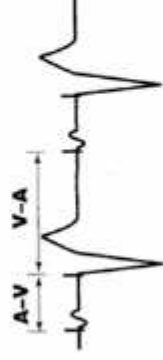
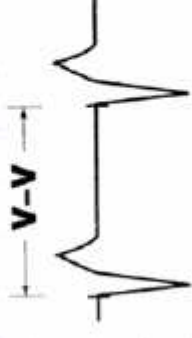
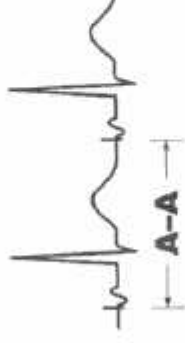
Ventricular(V)
paced beats



Atrial(A) and
Ventricular(V)
paced beats

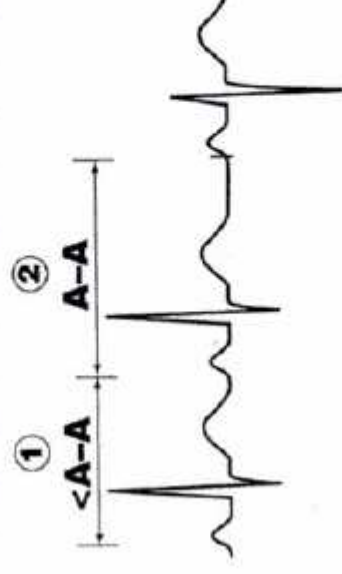
Approach to Pacemaker Evaluation(3)

- ◆ Determine timing intervals
 - From 2 consecutively paced beats
 - Atrial pacing:
 - ◆ A-A interval
 - Ventricular pacing:
 - ◆ V-V interval
 - Dual chamber pacing:
 - ◆ A-V and V-A interval



Approach to Pacemaker Evaluation(4-1)

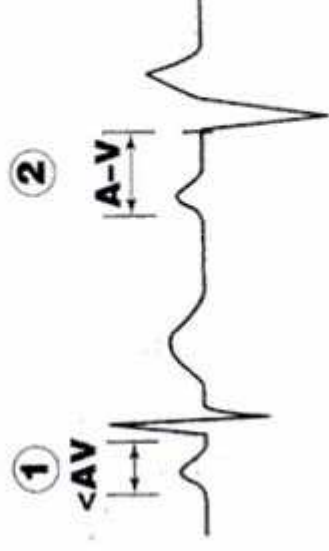
- ◆ Determine the chamber(s) **SENSED**
 - Atrial pacemaker
 - ◆ A native P wave that occurs at an interval less than A-A interval
 - ◆ An atrial-paced beat that occurs after an interval equal to the A-A interval



Approach to Pacemaker Evaluation(4-3)

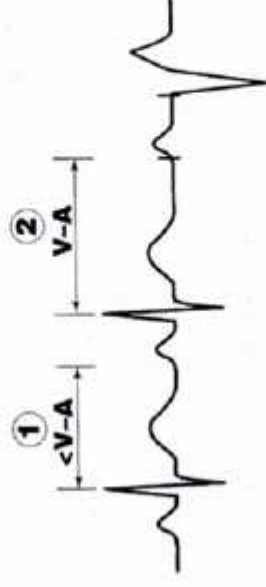
◆ Dual chamber pacemaker

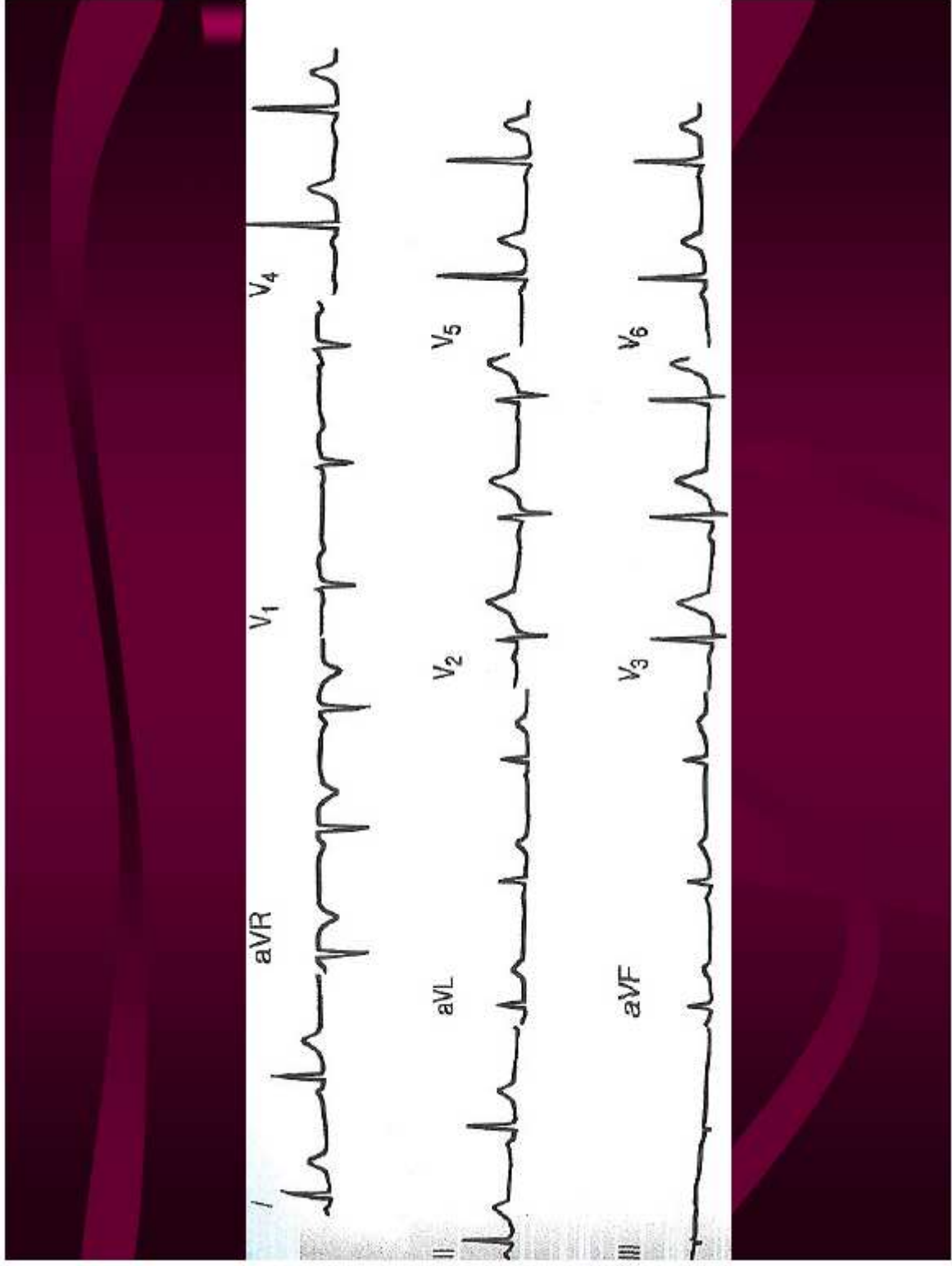
- Atrial sensing
 - ◆ A native QRS complex that occurs at an interval less than A-V interval
 - ◆ An ventricular-paced beat that occurs at an interval equal to the A-V interval



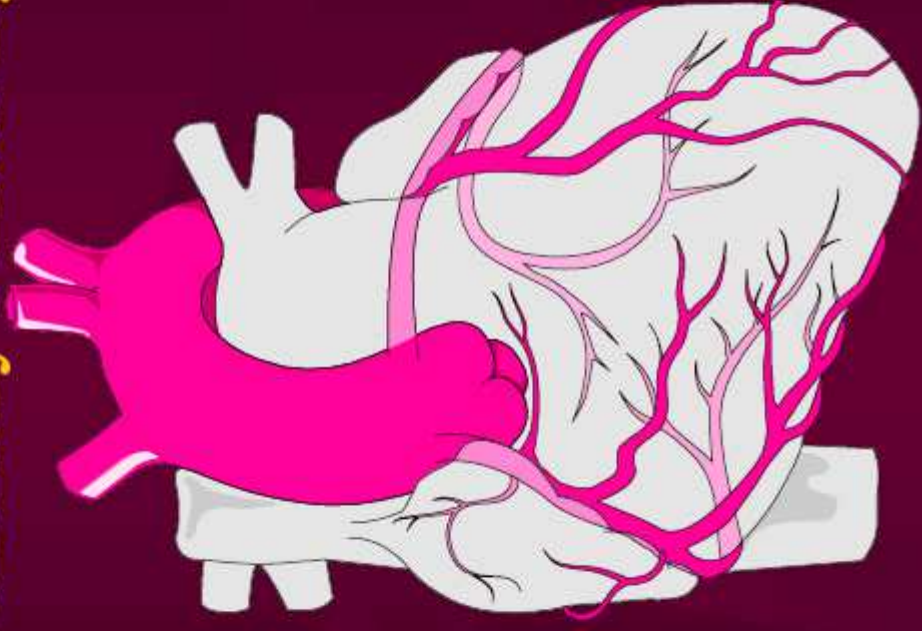
Approach to Pacemaker Evaluation(4-4)

- ◆ Dual chamber pacemaker
 - Ventricular sensing
 - ◆ A native P wave that occurs at an interval less than V-A interval
 - ◆ An atrial-paced beat that occurs at an interval equal to the V-A interval





Coronary Anatomy

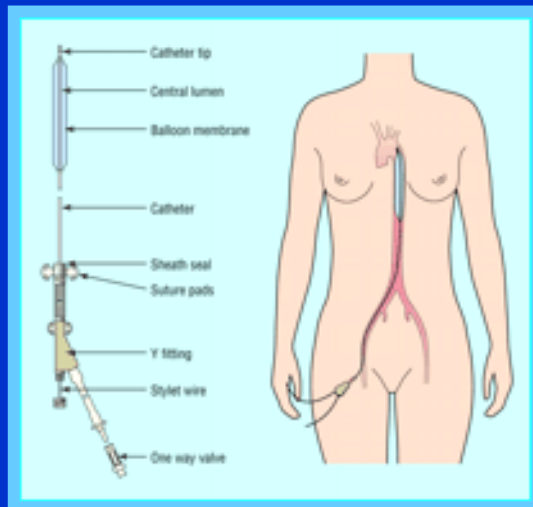


Myocardial Infarction

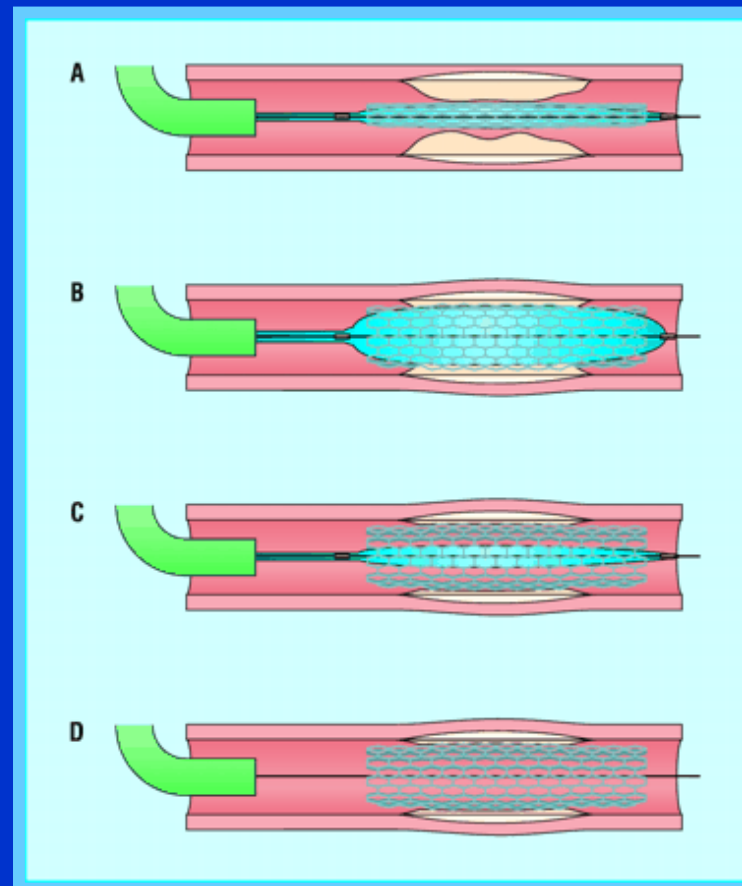
- Usually result of clot formation at site of fixed lesion



ANGIOPLASTICA CORONARICA PERCUTANEA NELL'IMA



**Puntura arteriosa
(a. femorale)**



Hallmark of Infarction

- Transmural – full thickness of myocardial wall
 - ST Elevation
 - T Wave Inversion
 - Q Wave Formation



Preadmission



Admission



1 Hour

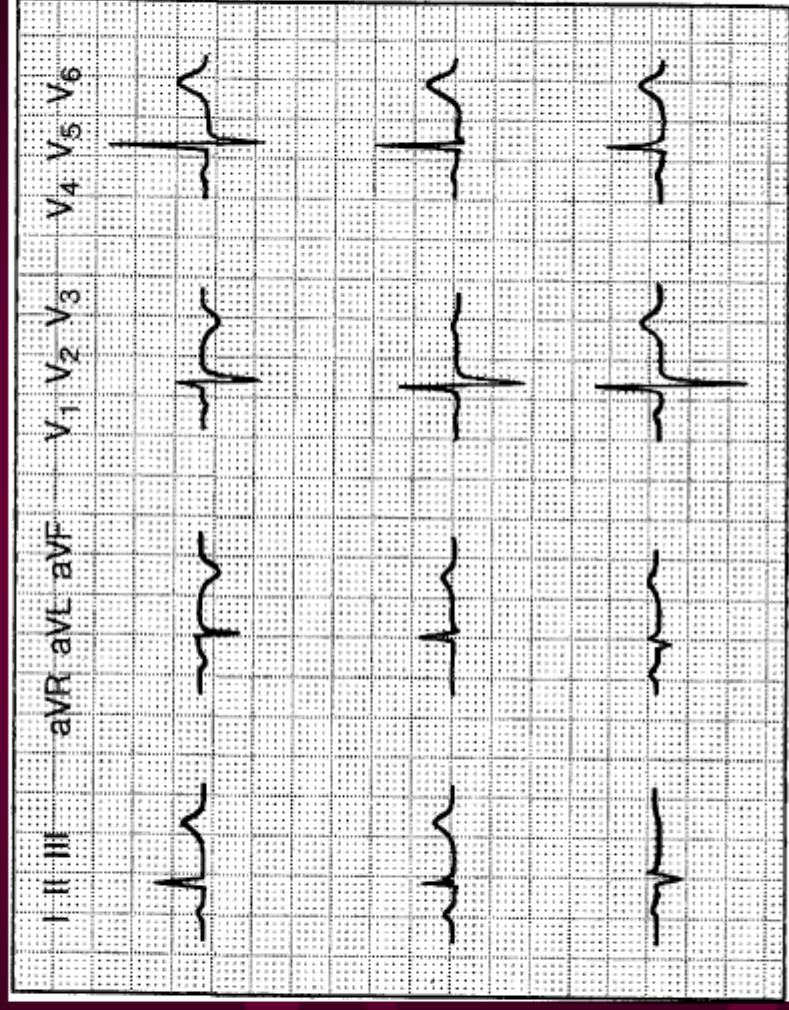


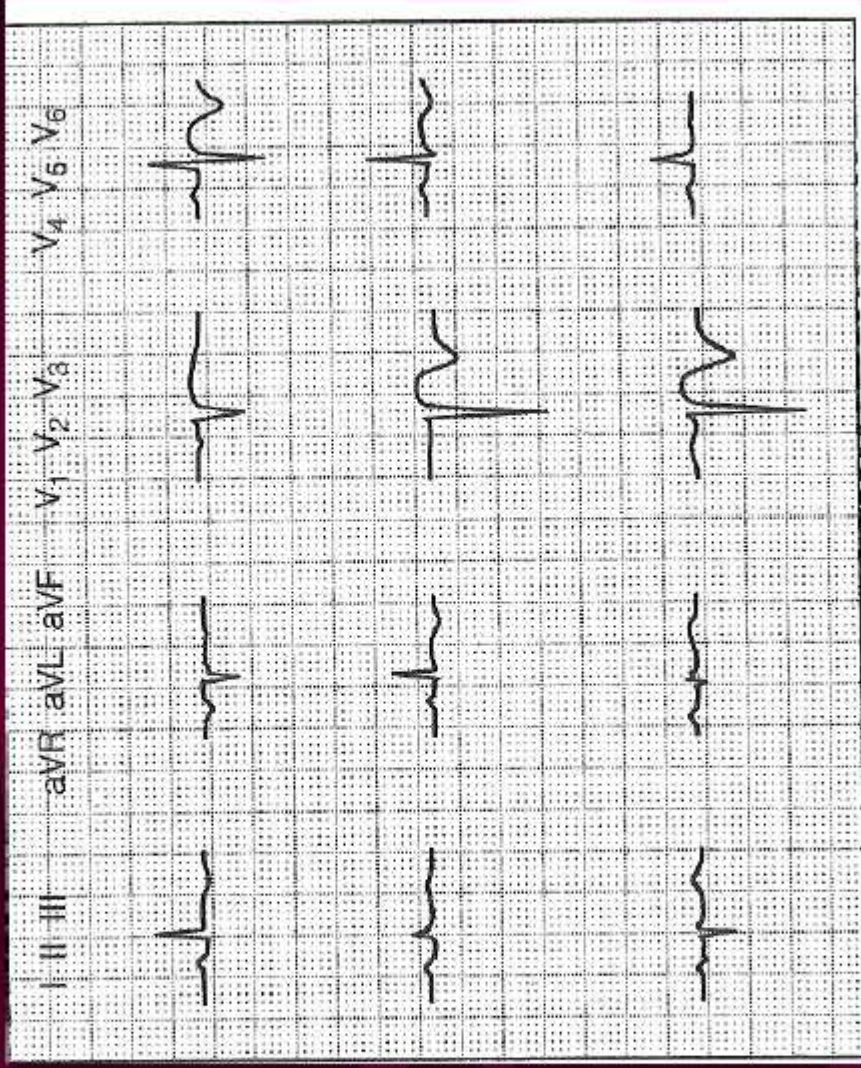
24 Hours



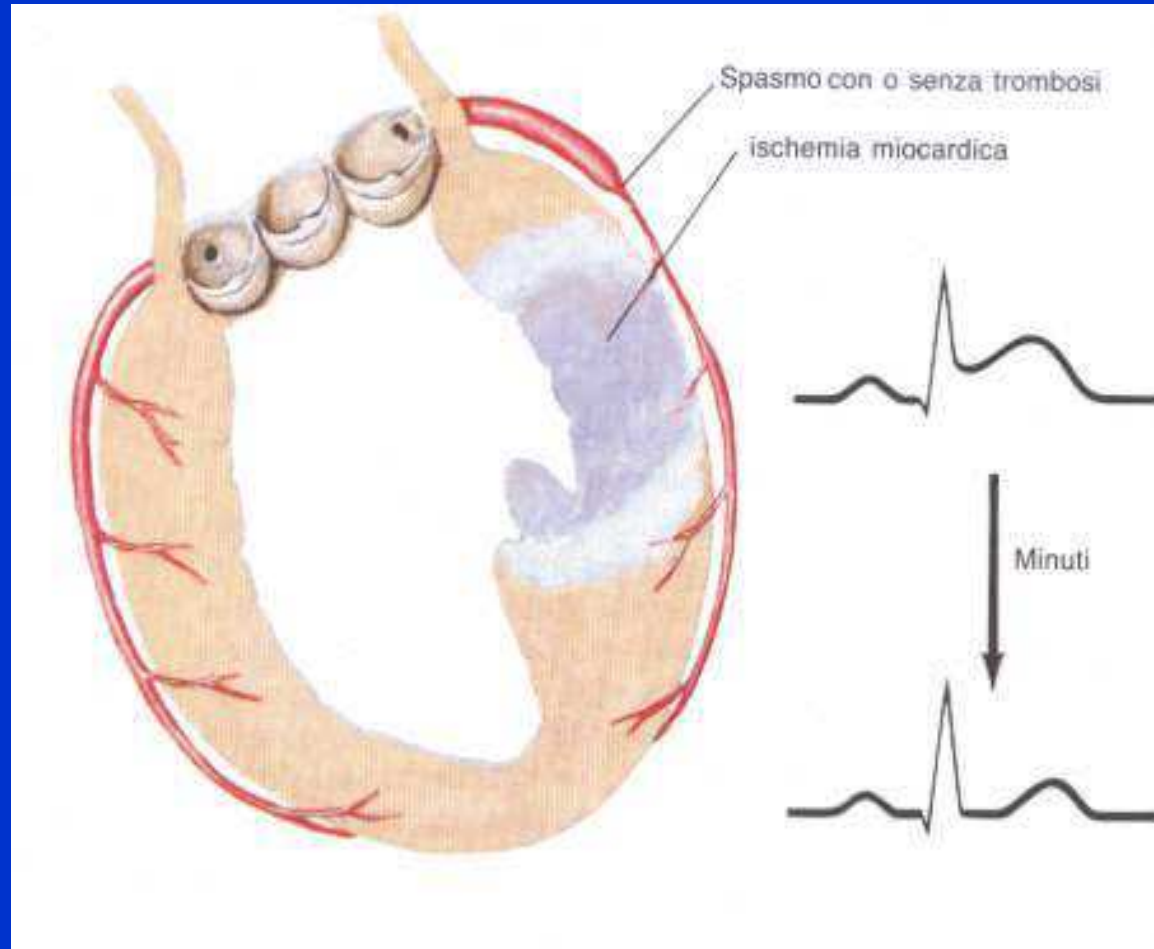
1 Year

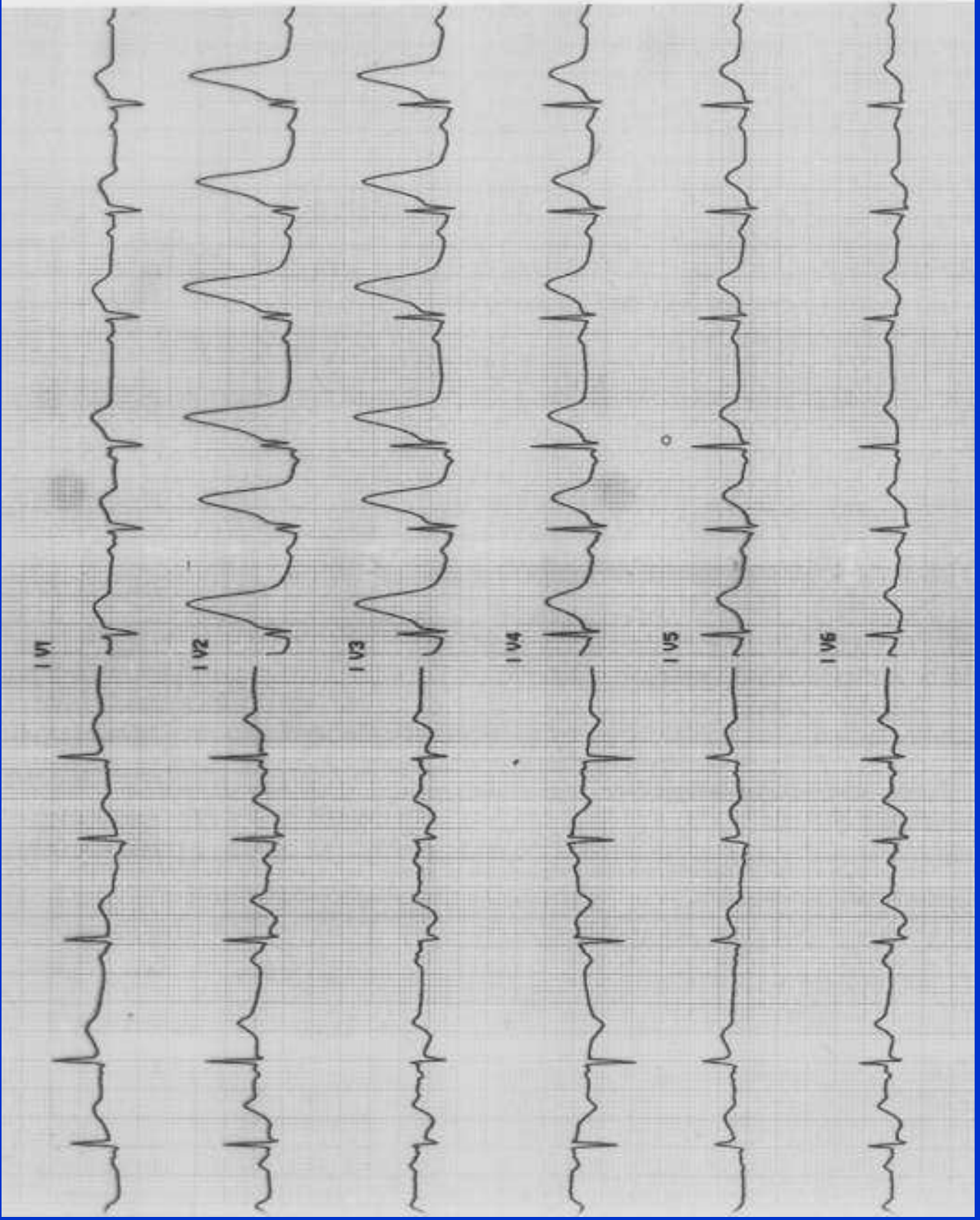
Old Inferior Wall MI

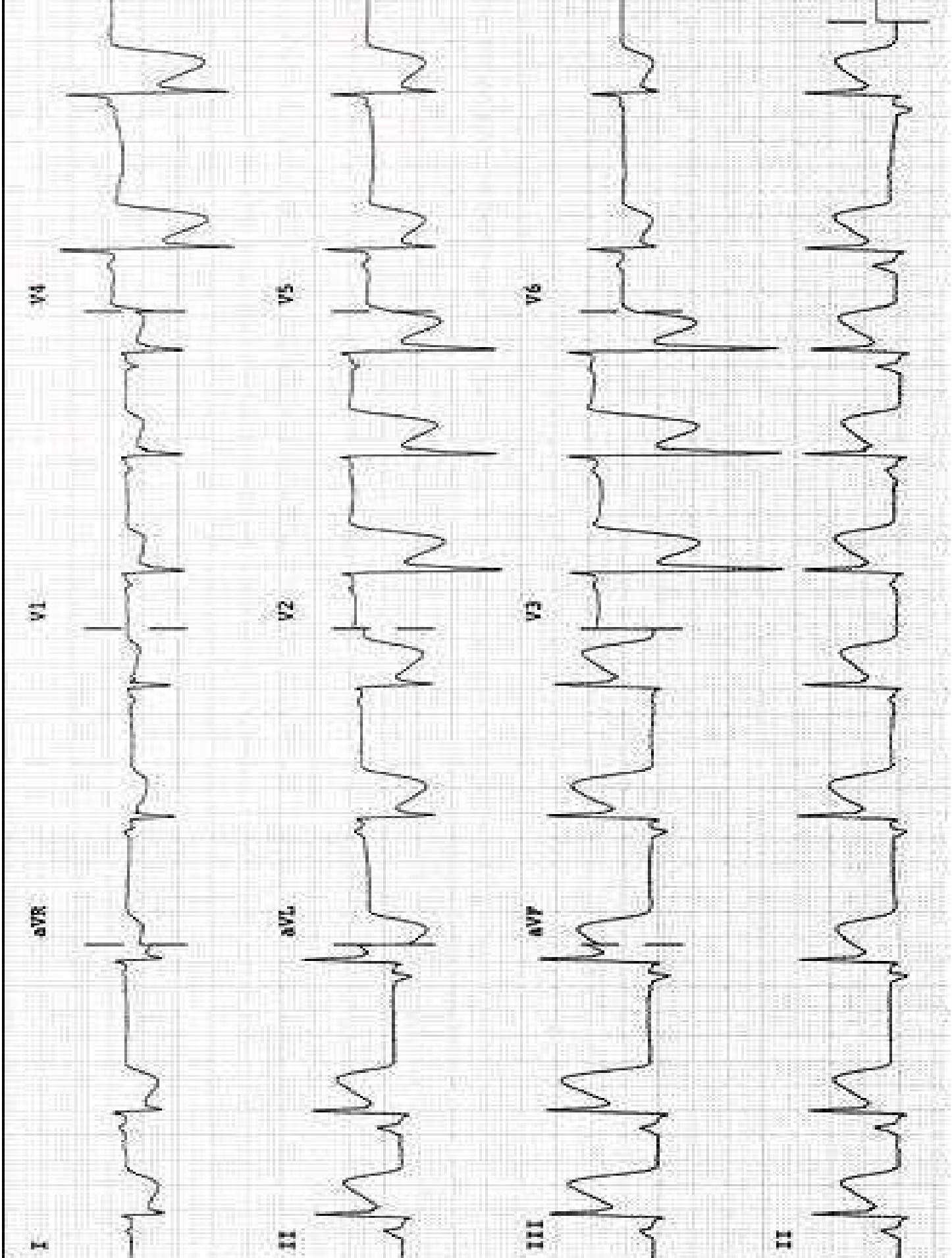




Ischemia transmurale Transitoria







Grazie per la cortese
attenzione



Sconvolti?

CORSO ECG - I.P.